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August 2026

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President's Report

Mick Riley

TRVMA Board President



Gated Does Not Mean Secure

With the recent concerns about the broken Marks Road gate and comments from residents who say they feel less safe, this is an appropriate time to discuss an important fact about our community. Trilogy is a gated community, but it is not a secure community. Those are two very different things, and understanding the distinction helps us set realistic expectations.

Our entrance gates help manage vehicle access, but they do not prevent people from entering the community. In fact, our perimeter wall does not completely surround Trilogy.

Although gates exist, three of our entrances are not staffed by gate attendants. At any of our gates, unauthorized individuals can gain entry by "tailgating" or "hitchhiking" behind a resident's vehicle before the gate closes. This is common in gated communities throughout the country and is one of the easiest ways to enter without authorization.

(continued on p. 58)

TRILOGY AT RIO VISTA

DIRECTORY

TRVMA Board of Directors

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 Vice President: Lisa Lindsey, VP@mytrv.org
 CFO: John Parrinello, CFO@mytrv.org
 Secretary: Jim Rosteck, Secretary@mytrv.org
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Village Board Presidents / District Delegates

Eagle Point Village: Michael Hummel, 570-787-3236
 Olympic Village: Joyce Steiner, 408-266-7733
 Saddle Rock Village: Patricia Hilaire, 650-224-2994
 Village One: Carl Frazier 510-508-2007
 Village Oakmont: Walt Manos, 707-374-2827
 Village Riviera: Minnie Howell, 510-866-8786

Committee Chairs

Community Advisory: Darlene Jackson, CAC@mytrv.org
 Emergency Preparedness & Safety: Audrey Berman, abobathome@yahoo.com
 Media Editorial Board: Joanne Byrne, byrne1722@gmail.com

Club & Admin. Office: 707-374-4843

Acting General Manager: Jessica.Melvin@mytrv.org
 Operations Director/Delta and Vista Clubs: Patricia.Alesi@mytrv.org
 Office and Communications Assistant: Jennifer.Rachael@mytrv.org
 Bookkeeper/Administrative Assistant: Lisa.Gonzales@mytrv.org
 Communications Director: Colin.Hannigan@mytrv.org
 HOA Manager: Valerie.Benkie@mytrv.org
 Administrative Assistant: Evon.Carpenter@mytrv.org
 Village Portfolio Manager: Angela.Falcone@mytrv.org
 Architectural and Compliance Coordinator: Kristin Zavala
kristin.zavala@mytrv.org

Vista Club & Member Services: 707-374-4200

Lifestyle Director: Shalon.Edmondson@mytrv.org
 Café Vista Manager: Cheri.Lee@mytrv.org
 Reservations & Activities Coordinator: Michele.Nadler@mytrv.org

Health & Wellness Center 707-374-4208

Fitness Manager: Sarah Rendon, 707-374-4205
 Spa Manager: Heidi Mamea, 707-374-4211
 HWC Front Desk: 707-374-4208 (spa appointments)

Amenities

Administrative Office: 707-374-4843; Fax: 707-374-4891
 Café Vista: 707-374-4202
 Member Services Desk: 707-374-4200; Fax: 707-374-2422
 Monarch Grill and Golf Club at Rio Vista: 707-374-2900
 Golf Club General Manager: Dave Bergstrom dbergstrom@playriovista.com
 HOA Accounting Services: 888-854-9444 option 1
service@hoa-accounting.com, portal.hoa-accounting.com
 Welcome Center (Front Gate): 707-374-4306
 Register guests at community.dwellingleive.com

Resident Classified and Commercial Advertising

Jennifer Rachael, 707-374-4207, advertising@mytrv.org



Trilogy Living

AUGUST 2026

EDITOR

Colin Hannigan

STAFF WRITERS

Valerie Benkie

Shalon Edmondson

Sarah Rendon

Jessica Melvin

Heidi Mamea

CONTRIBUTING WRITERS

Mick Riley

Dave Bergstrom

COMMERCIAL AND

CLASSIFIED ADVERTISING

Jennifer Rachael

COVER PHOTO

Colin Hannigan

FROM THE BOARD OF DIRECTORS

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TRILOGY LIVING IS PRINTED ON RECYCLABLE PAPER.

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Community Hours

Please check your daily emails for updates on State and County health restrictions.

**Please continue to check the Community Calendar
and on mytrv.frontsteps.com for more details on meetings and events.**

HOA Office: 707-374-4843 Monday - Friday, 8 a.m. – 4:30 p.m.

Café Vista: 707-374-4202 Monday - Friday, 9 a.m. – 2 p.m.

Delta Pool and Hot Tub: Open Daily

Dog Park: Daily 7 a.m. – Dusk

Health & Wellness Center: 707-374-4208 7 days a week 6 a.m. – 9 p.m.

Golf Course: 707-374-2900 Daily 6:30 a.m. - 8 p.m. Tee Times: 7 a.m. – 5 p.m.

Member Services Desk: 707-374-4200 7 days a week 6 a.m. – 9 p.m.

Monarch Grill: 707-374-2900 Daily 11:30 a.m. – 7:30 p.m.

Tennis/Pickleball Courts: Open Daily

Tot Lot: Daily 8 a.m. – Dusk

Vista Club, includes Library and Walking Track: 7 days a week 6 a.m. – 9 p.m.

**Please make sure that you are subscribed to receive email updates
for information on community hours, meetings and temporary club use rules.**

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General Manager's Report

Jessica Melvin

Acting General Manager

TRVMA Board of Directors Meeting

Over the past month, staff has continued to focus on infrastructure, landscape improvements, operational efficiencies and long-term planning efforts throughout the community.

Landscaping and Irrigation

Staff reviewed and adjusted all irrigation stations to improve turf health while maintaining significant water conservation efforts, and current usage remains substantially below prior year levels. Staff also implemented a community-wide weed control and Integrated Pest Management program and completed multiple irrigation repairs, including major leak repairs and ongoing improvements at Rutland Park and the Dog Park. Staff removed dead and declining plant material throughout the community, including along Summerset and Vista Lake, and planted new trees at Vista Lake. Additional landscape planning is underway to improve sight lines, reduce water consumption and address aging plant material in community medians. Tree maintenance continues, including willow trimming and the removal of hazardous or dead trees.

Operations and Administration

Management hired a new full-time maintenance technician whose additional certifications strengthen regulatory compliance and operational capabilities. Management continues to develop Standard Operating Procedures (SOPs), job descriptions and organizational improvements across departments, and staff digitized community development maps to improve record retention and operational efficiency. Management

is also reviewing telecommunications agreements and other revenue opportunities that may provide additional non-assessment income to the Association.

Projects and Facilities



Staff repaired multiple lake and fountain systems and returned them to service, including St. Andrews, Summerset, Cypress and Silver Ridge. Staff completed the Dog Park improvements, including pathway repairs, drainage improvements, irrigation corrections and replacement of damaged amenities. Community-wide accessibility and safety improvements continue,



including automatic door openers, HVAC replacements, AED maintenance, trip-hazard repairs and upgraded first aid stations. The entrance monument sign project continues to progress, and staff expects to complete installation once final fabrication and mounting details are finished. Staff completed Delta Pool fencing repairs, and other facility maintenance projects continue throughout the community. Vista Club improvements remain a priority. Staff is evaluating flooring options, minor locker room repairs are complete (including a deep cleaning and replacement of the shower heads and handles) and additional locker room repairs will begin soon. Staff is developing long-term renovation recommendations for future Board consideration, and Maintenance is also evaluating community fencing and gates for future repair and painting projects.

Thank you to our staff, volunteers, committees and residents for their continued support as we work to maintain and improve the Trilogy at Rio Vista community.

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Notes from the Administrative Office

Valerie Benkie

HOA Manager

As August arrives, we find ourselves enjoying the final stretch of summer. The longer days and warm evenings provide the perfect opportunity to enjoy outdoor concerts, local venues and more! We hope your summer was filled with joyous occasions.

New Resident Orientation:

We are approaching our last New Resident Orientation for 2026 on **October 16 at 9:30 a.m.** in the **Rio Vista Room, Delta Club**. All residents are welcome to join. Please contact the HOA Office, Delta Club to reserve your spot.

Preventative Maintenance:

As we prepare for the transition into fall, regular home maintenance helps preserve the beauty and value of our homes. Please note that ARC applications are not required for preventative maintenance items.

Recommended preventative maintenance includes checking and adjusting irrigation systems, cleaning gutters and downspouts, trimming trees, shrubs and current landscape maintenance, inspecting exterior surfaces for pressure washing needs and repainting mailboxes and stands as needed.

Trash Can reminder:

Our Compliance Coordinator would like to share a friendly reminder regarding trash, recycling, and compost containers. To help maintain the appearance of our community, please store all bins out of view within one day of your scheduled collection day. For additional information, please refer to Village CC&R Section 6.12.

New Architecture Applications:

Have you completed a recent home improvement project or are you planning one soon? Be sure to review our newly revised Architectural Application.

Assessments for the Month

Effective April 1, 2026

**TRVMA \$287.00 plus the
appropriate Village Assessment below:**

Village I	\$1.80
Village Oakmont	\$1.75
Olympic Village	\$1.20
Village Riviera	\$1.75
Saddle Rock Village	\$1.20
Eagle Point	\$1.50

***Payments due on the 1st of the month.
Late fees will apply if received after the 15th
of the month in which they were due.***

Online payments: portal.hoa-accounting.com

The updated multi-page application includes a comprehensive checklist designed to help homeowners provide all necessary project details. Copies are available in the hallway at the Delta Club.

Village Portfolio Change:

Your HOA Office, Delta Club is staffed by two Village Representatives, Angela Falcone and Valerie Benkie. Each representative manages three villages, and they have recently updated their village assignments.

Please refer to the following Village Representative assignments: Village One, Riviera and Eagle Point — Angela; Oakmont, Olympic and Saddle Rock — Valerie.

If you have not yet met your Village Representative, please stop by the HOA Office, Delta Club and introduce yourself. We look forward to assisting you.



August Meeting Schedule

TRVMA Board Meeting

Tuesday, August 25

1 to 4 p.m.

Diablo Ballroom, Vista Club

New Resident Orientation

Not Meeting this month

Eagle Point ARC

Friday, August 7 and 21

8 to 9 a.m.

River Room, Delta Club

Village One ARC

Friday, August 7 and 21

9 to 10 a.m.

River Room, Delta Club

Village Riviera ARC

Friday, August 7 and 21

10 to 11 a.m.

River Room, Delta Club

Saddle Rock ARC

Tuesday, August 11 and 25

9 to 10 a.m.

Marina Room, Delta Club

Olympic ARC

Monday, August 10 and 24

9 to 10 a.m.

River Room, Delta Club

Oakmont ARC

Monday, August 10 and 24

10 to 11 a.m.

River Room, Delta Club

Council of Village Presidents

Monday, August 10

1 to 3 p.m.

River Room, Delta Club

Emergency Preparedness and Safety

Thursday, August 6

2 to 4 p.m.

River Room, Delta Club

Media Editorial Board

Friday, August 28

11:30 a.m. to 1 p.m.

River Room, Delta Club

Village Riviera Board of Directors

Not meeting this month

Village 1 Board of Directors

Not meeting this month

Village Oakmont Board of Directors

Not meeting this month

Saddle Rock Village Board of Directors

Monday, August 31

4 to 5 p.m.

Marina Room, Delta Club

Olympic Village Board of Directors

Not meeting this month

Eagle Point Board of Directors

Not meeting this month

*Please note that meeting dates, times and locations are
subject to change. Consult MyTRV.org for the most up-to-date info.*

**ARC – Architectural Review Committee*



COMMITTEES

Community Advisory Committee

Community Advisory Committee Highlights Dog Park Improvements and Sonoma Room Refresh

At its June meeting, the Community Advisory Committee (CAC) shared several updates affecting Trilogy Rio Vista residents, from new dog park amenities to ongoing work in the Sonoma Room, Vista Club.

New CAC Member Appointed

The TRVMA Board of Directors (TRVMA Board) has appointed Gary Swieso to fill the vacant position on the CAC. He will be welcomed at the July 30 meeting.

Dog Park Upgrades Move Forward

Residents and their fur babies are already seeing improvements at the Dog Park. Recently installed walkways now provide a safer path through the area, while additional benches approved by the TRVMA Board are expected to further enhance comfort and accessibility. The CAC also noted that a requested storage shed, proposed by Dog Club members, remains part of the ongoing conversation.

The chair reminded dog owners to help keep the upgraded space welcoming for everyone by cleaning up after their pets and using the HOA-provided plastic bags thoughtfully. Concerns were raised about some residents taking multiple bags at once, as well as people without dogs removing the bags from the park.

Sonoma Room Refurbishment Continues

The Sonoma Room, Vista Club refurbishment is now underway, with input from residents helping guide the process. A focus group that met in May reported that the room's existing tables work well for the variety of games and activities held there.

Rather than replacing them, the group recommended refurbishing the tables already in use and HOA work crews have begun that effort.

The search for comfortable, practical chairs continues. Members of the Break-out Group visited a nearby aging community facility to test chair options in person, while also researching details such as castors, slides and materials. The committee acknowledged that finding the right chairs has been a challenge, but the group is working to complete the process in a timely manner.

The next Community Advisory Committee meeting is scheduled for **Thursday, August 27 at 1 p.m.** in the **Rio Vista Room, Delta Club**. Contact **Community Advisory Committee**, cac@mytrv.org.

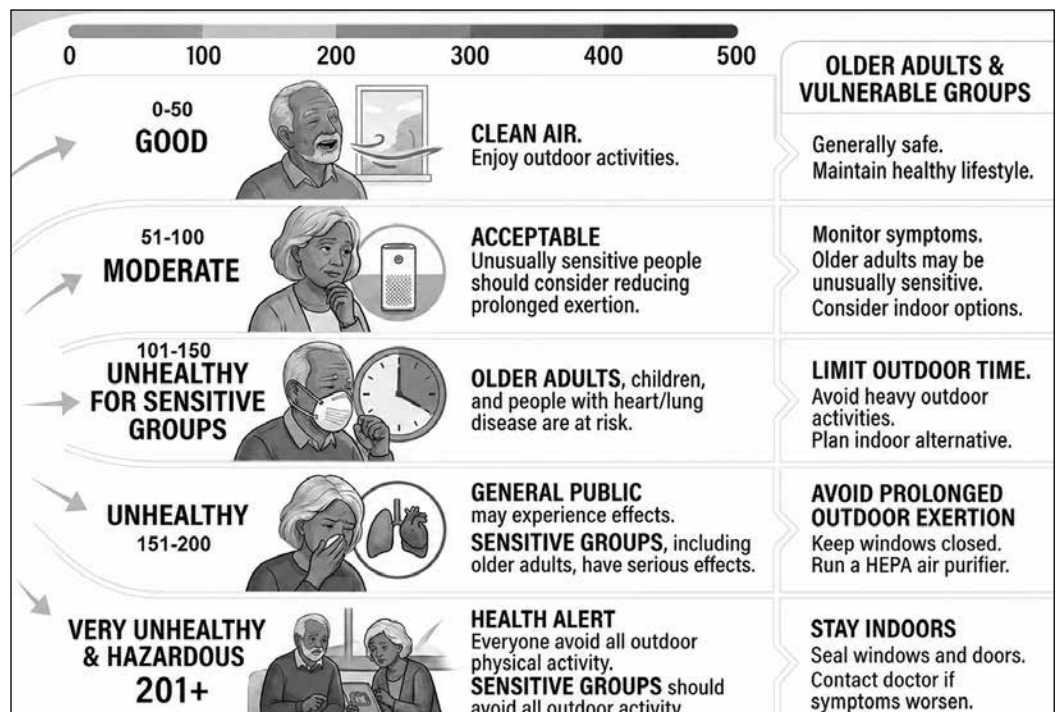
Emergency Preparedness and Safety Committee



Is the Outside Air Safe to Breathe?

Even though we are a rural community, it is not uncommon for our air quality to be impacted by wildfires in the region. Air pollution is dangerous to your lungs and

contributes to type 2 diabetes and dementia. So how do you know if the outside air is safe today?





The Air Quality Index (AQI) is the best way to know. The index ranges from 0 to 500. Check out the AQI infographic on **page 12** for the breakdown indicating whether the score is considered good, moderate, unhealthy for sensitive groups, unhealthy, very unhealthy or hazardous.

To check the AQI, use a free weather app such as **AirNow.gov**, **PurpleAir.com**, IQAir (Apple) or AQI (Google Play). You can even just search for AQI from your preferred browser. Let's all hope we have minimal days with an AQI score above 50 this summer.

If you are driving through an area with significant smoke, dust or smell, press your car air recirculation button (usually showing a looping arrow inside a car silhouette) to block outside air and recycle the air already inside your cabin. Also, in summer, turn it on to cool the car faster by using inside air rather than bringing in hot outside air. Contact **Audrey Berman**, abobathome@yahoo.com.



VILLAGES

Eagle Point Village Residents' Club



The Eagle Point Village Residents' Club Summer Barbecue was held on July 18. Everyone had a

great time enjoying great food and visiting with friends and neighbors.

The Annual Pancake Breakfast will be held on **Saturday, September 19 at 9 a.m.** You will be receiving reservation forms via email in the first week of August, so be sure to check your email inbox. For your convenience, a reservation form will also be delivered to your tube approximately two weeks before the event.

Our EPVRC Bake Sale Fundraiser during Trilogy's Semi-Annual Garage Sale is scheduled for **Saturday, October 3**. It is not too early to start thinking about what treat you would like to make for this event!

We also have an EPVRC Holiday Dinner Party scheduled for **December 6**. This is a popular event so be sure to save the date for this holiday celebration!

All Eagle Point Village residents are invited to join us for our monthly meetings. Plans for 2027 are starting to take shape and we would love to hear your ideas. The election for the 2027 EPVRC Board will take place during the **December 1** monthly meeting. If you are interested in becoming an EPVRC Board Member for 2027, please come to one of our upcoming meetings. We meet on **the first Tuesday at 4:30** in the **Monterey Room, Vista Club**. There are always refreshments and time to socialize after the meeting has been adjourned. We hope to see you there! Contact **Chris Bolding**, **408-680-4387**, EPVRC@outlook.com.

Oakmont Village Residents' Club

Oakmont Village is hosting its first luau event on **Tuesday, September 22**. The menu includes roasted pig, Huli-Huli Chicken, Trade Wind Salad, Island Rice, Tropical Fruit Arrangement, Seasonal Maui Vegetables, Hawaiian Rolls, dessert and entertainment. This is a BYOD event. Dress in your best Hawaiian attire and come to hang loose at a cost of \$20 per person. Ticket sales and details to follow soon. Contact **Cynthia Perkins**, **510-918-3113**.

Olympic Village Board

As I previously stated, the villages have quite a bit going on due to changes to village policies from administration. Further, if you have not looked at the updates in the village handbook eblasted to residents, you can obtain a paper copy from the **HOA Office, Delta Club**. We need more residents to become aware of issues within the community, so I recommend everyone try to attend at least one TRVMA board meeting, a village board meeting and a Community Advisory Committee meeting. Our next village board meeting is **July 29 at 3 p.m.** in the **Marina Room, Delta Club**. Contact **Joyce Steiner**, **408-266-7733**, knickearth@yahoo.com.

Riviera Village Board

Our next Board meeting will be on **October 14 at 4:30 p.m.** in the **River Room, Delta Club**. We encourage you to attend to stay current on issues affecting our village. This is also an opportunity to voice any concerns or suggestions that you may have. We are planning a picnic in Rutland Park in September or October; more information will follow as the date gets closer. Please look for emails regarding Riviera Village updates between board meetings. Contact **Minnie Howell**, **510-866-8786**, minniehowell317@gmail.com.



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Saddle Rock Village Board

August has a way of reminding us that summer is moving quickly. The days are still warm, the evenings are perfect for gathering with friends and neighbors and our community continues to be filled with activity, laughter and opportunities to connect.

As we enjoy these final weeks of summer, the Saddle Rock Village Board encourages residents to stay involved and informed about matters affecting our village. Our next board meeting is on **Monday, August 31 at 4 p.m.** in the **Marina Room, Delta Club**. Residents are welcome to attend and learn more about current board business and upcoming activities.

Thank you to all the residents, volunteers, staff and committee members who contribute their time and talents to making our neighborhood such a wonderful place to call home.

Contact **Patricia Hilaire, 650-224-2994, digarch@aol.com**.

Saddle Rock Village Residents' Club



A new Saddle Rock Village Residents' Club (SRVRC) year is underway, aimed at enhancing community spirit and offering exciting opportunities for Saddle

Rock residents to connect, contribute and get more involved. At our last club meeting, held on June 29, members voted on our new Leadership Committee (previously called Executive Board) and approved revisions to our bylaws, which became effective on July 1. Congratulations to the new leadership team, which consists of President Linda Reynolds, Vice President Beverly Pimentel, Treasurer Jackie Sigrand and Secretary Michael Hewitt. The approved bylaws are posted on **saddlerock.frontsteps.com** for your review.

Thank you to everyone who helped make our Back-to-School Supply Drive a success. Held July 11 to 24, the drive supported local students in the Rio Vista Elementary, Middle and High Schools with the generous donations of supplies and money made by our club members. Your kindness and support are greatly appreciated. Also, keep an eye out for information about our next Pizza Factory event, to be scheduled for October.

June 30 marked the end of the fiscal year for the SRVRC. We look forward to starting the new club year together at our first meeting on **August 31 at 4:30 p.m.** in the **Rio Vista Room, Delta Club**. Please join us to welcome the new 2026 to 2027 Leadership Committee and

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enjoy a seasonally themed and expanded happy hour while chatting with friends and neighbors. This kick-off meeting will feature guest speakers from the RioVision Group, who will update us on its sponsored activities such as Hot August Bites and the RioVision Art Gallery.

Mark your calendars and plan to join us at an upcoming meeting. Feel free to bring a neighbor or two. The next SRVRC meeting is on **August 31 at 4:30 p.m.** in the **Rio Vista Room, Delta Club**, followed by another on **October 26 at 4:30 p.m.** in the **Rio Vista Room, Delta Club**. Contact **Linda Reynolds, 925-487-4575**.

Village One Residents' Club

The Village One Residents Club (VORC) plans social events for our neighbors and their guests. We charge no dues. In our monthly meetings we develop plans for our parties and other events that will appeal to our Trilogy residents at a reasonable cost.

All Village One residents are welcome to attend our meetings on the **second Wednesday** in the **Marina Room, Delta Club**. Our next meeting is **Wednesday, August 12 from 7 to 8 p.m.** Please join our group of regular participants, who would welcome your time, ideas, experience and enthusiasm. Looking forward to 2027, we are seeking ideas and will be planning a winter dinner party event, confirmed in the **Diablo Ballroom, Vista Club** on **January 9**.

Mark your calendar now for our annual Oktoberfest dinner on **Saturday, October 3** at the **Rio Vista Room and River Room, Delta Club**, and come help us plan this and future VORC events.

Save the date and join us for a free movie, free popcorn and a good time at our next Silver Screen Sunday Spectacular event on **Sunday, November 1** in the **Diablo Ballroom, Vista Club**.

All Trilogy residents and guests are welcome at all VORC events. Contact **Sylvia Holloway, divaj524@gmail.com**



Notes from Lifestyle



Shalon Edmondson
Lifestyle Director

August is here, and we're turning up the heat with music, aloha spirit and a whole lot of fun on the patio! Summer may be winding down, but the fun at Trilogy is just

getting started. Whether you're swaying under the tiki lights, grooving on the patio or celebrating the joy of community, I can't wait to share these moments with you. Let's make August unforgettable together.

Party on the Patio with Papa Joe and The New Deal

I hope you've already snagged your tickets, because we're kicking off the month with a dance filled afternoon you won't want to miss. Come out and party on the **Vista Club patio** with Papa Joe and the New Deal (PJND) on **Sunday, August 2 from 4 to 6:30 p.m.**



Tickets are still available for \$25 at **Member Services, Vista Club**. Don't miss your chance to get down and boogie with PJND — it's going to be a vibe!

It's Luau Time! The 2nd Annual Spirit of Aloha Luau

Why book a flight when paradise is coming right to Trilogy? We're bringing the Mana of Hawaii back with our



2nd Annual Spirit of Aloha Luau on **Saturday, August 29 from 5 to 8 p.m.** in the **Diablo Ballroom, Vista Club**.

Indulge in a delicious feast catered by Got Plate Lunch of Benicia, while enjoying the gentle hula sway and melodic island harmonies of Makana'oihana of Fairfield.

Voyage with us through Polynesia... taste, sound, culture and aloha all wrapped into one unforgettable evening.

Tickets are \$50 per person and available now at Member Services in the Vista Club.

Labor Day Weekend White Party with Sweet Marie and The Suspects



We're wearing white and dancing into Labor Day weekend with Sweet Marie and the Suspects on **Saturday, September 5 from 5:30 to 8 p.m.**, right on the **Vista Club patio**.

Grab your tickets now at **Member Services**, only \$25 for a night of music, movement and community magic.



A FOURTH OF JULY TO REMEMBER

CRAFT FAIRE • PARADE • CONCERT



Trilogy came together for a memorable day of Fourth of July festivities. From discovering handcrafted treasures at the Craft Faire and cheering along the parade route to gathering for an evening of live music, the celebration was filled with community spirit from beginning to end.

Thank you to everyone who participated, volunteered, performed, decorated, shopped, cheered and joined in the fun. Your enthusiasm and involvement made the day such a wonderful celebration for our entire community.



PARADE HONORS

See the parade winners on **page 54**.



Scan to watch
the video of the parade



COMEDY NIGHT

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FRIDAY
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IN THE DIABLO BALLROOM
VISTA CLUB



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SUNDAY
OCTOBER

4



IN THE
DIABLO
BALLROOM
VISTA CLUB



6 TO 8

P.M.

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== **TRVMA  LIFESTYLES** ==

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Behind the Desks at the HOA Office

WHO TO KNOW, AND HOW THEY CAN HELP

By Colin Hannigan

It is a weekday morning at the Delta Club, and a community member, coming through the HOA Office door is having a hard day. Something has gone wrong, a letter that did not make sense or a portal that will not cooperate. By the time they reach the front desk the frustration is spilling over. Evon Carpenter looks up and smiles, "I didn't break it," she likes to say, "but I can help you fix it." A few minutes later, the resident leaves feeling better than when they arrived.

That exchange is the HOA Office in a nutshell. Several of our HOA staff are your neighbors, a couple grew up right here in Rio Vista and all of them chose this community on purpose.



Valerie Benkie

Valerie leads the HOA Office as its HOA Manager, though the title tells only part of the story. On a given day she is managing three villages, overseeing the parking patrol team and keeping the office moving, what she cheerfully calls "spinning plates."

Valerie came to Rio Vista to care for her father in his final months and stayed to be near her mother. Her parents were among Trilogy's first residents in 2000, and after years of visiting, she made the community her home.

Ask Valerie what the office is really about and she does not hesitate: customer service. "We strive to listen with intention while providing guidance for realistic steps forward and action-based solutions," she says. Above all, she wants residents to know her door is open for any village question. Because her days swing between meetings and time out in the field, the best way to reach her is by email to arrange an appointment, so she can give you her full attention. "Wherever we encounter each other," she says, "I look forward to seeing you."

Reach Valerie at valerie.benkie@mytrv.org or **707-374-4895**.



Evon Carpenter

Evon is the first face you see at the HOA Office, and by her own design, a friendly one. Evon grew up in the Delta, graduated from Rio Vista High School before a career took her to the Bay Area and returned home when she retired. She later came back to work after a painful year in which she lost two

adult grandchildren, finding that being useful to her neighbors helped her heal.

That experience shapes how she greets everyone who walks in, even the ones who arrive upset. "Living and working in Trilogy has taught me to be kind, patient and understanding," she says, "because you never know what someone is going through." Behind the scenes, Evon has also been central to the painstaking work of keeping resident records accurate as the HOA's systems have changed over the years, and as they continue to change.

Reach Evon at evon.carpenter@mytrv.org or **707-374-4614**.

Angela Falcone

Angela came to Trilogy from Pacifica. She was drawn by the quiet after years living on a busy city corner. An animal lover who once volunteered at a shelter, she bought her home here and was surprised by how much she came to love community life. As Village Portfolio Manager she represents three of the six villages, Village One, Eagle Point and Riviera. Day to day she prepares board packets, agendas, minutes





and financials, and keeps each village aligned with California's HOA laws. Those signed minutes, she notes, become a lasting record residents can rely on for years.

Angela offers one gentle clarification. It is easy to assume the HOA can handle anything that happens at home, but the inside of your house, its systems and its repairs belong to the homeowner, and most disputes between neighbors are not something the office can step into. What she loves most is when the community cares for its own, like the board members who quietly help an older neighbor trim a hedge or take down holiday lights.

Reach Angela at angela.falcone@mytrv.org or **707-374-4608**.



Kristin Zavala

Kristin is the newest member of the team but no stranger to the area. She grew up in Rio Vista and never wanted to leave the small town she loves, trading a long Sacramento commute and a career in single-family property management for a job five minutes from home. She brings that

hands-on experience to architecture and compliance.

Kristin wants residents to hear one thing clearly: "I am not here to punish. I am here to educate and lead you in the right direction to avoid any issues." Her most important tip is to plan ahead. Most exterior projects need architectural approval before any work begins, whether it is a patio, fresh paint, landscaping or a new structure. When in doubt, check first. The best starting point is your own Village Handbook. The handbook is available in your village's online portal (see links at the end of this article).

Reach Kristin at kristin.zavala@mytrv.org or **707-374-4221**.

Jennifer Rachael

Jennifer moved to Rio Vista from Oregon and raised five children in the small town she chose for exactly that reason. Residents may know her best as the person who points them in the right direction. "I may not have the answer," she says, "but I know what direction you need to go." If you are not sure who can help, Jennifer is a good place to start.



She also handles common-area street parking as part of the parking patrol team she shares with Valerie and Kristin, and she is quick to reassure anyone who receives a notice that compliance is not, in her words, about beating people up. Much of what the office handles shifts with the calendar, holiday lights lingering into January, yard signs around election season, weeds in the heat of summer. Through all of it her goal is simple: that every resident's concern is heard.

Which leads to the request that helps everyone. When something needs attention, submit a work order or communication form rather than letting it pass by word of mouth. You can file one at **mytrv.frontsteps.com** under **My Reservations and Requests** or on paper at the HOA Office. A logged request gets tracked, routed and answered, and it supports every team behind the scenes, from the HOA Office to Maintenance to Lifestyles and beyond.

Reach Jennifer at jennifer.rachael@mytrv.org or **707-374-4207**.

The HOA Office is located in the Delta Club and is open **Monday through Friday, 8 a.m. to 4:30 p.m.** Reach the team at **707-374-4843** or hoaooffice@mytrv.org. Village Handbooks are available in each village's online portal: Village One at villageone.frontsteps.com, Eagle Point Village at eaglepoint.frontsteps.com, Village Riviera at riviera.frontsteps.com, Oakmont Village at oakmont.frontsteps.com, Olympic Village at olympic.frontsteps.com and Saddle Rock Village at saddlerock.frontsteps.com.





Golf Operations and Monarch Grill Report

Dave Bergstrom

Golf Club General Manager



The weather toward the end of June and mid-July has been exceptional. We did not experience any rain, but the afternoons have been extremely hot.

Most of our rounds take place in the morning, when it is much cooler.

Golf Operations rounds were down by nine from last year and 221 from budget. May hosted 1,724 rounds, compared to 1,609 in June.

Total Golf Operations revenue finished about \$4,000 above last year and \$10,000 below budget. With the weather cooperating and the course in exceptional condition, this upward trend should continue.

Through the first two weeks of July, we have had exceptional weather, which has created a welcoming environment. Golf Operations is trending above budget for rounds and revenue.

The Monarch Grill continues to provide exceptional food and service. The Monarch Grill finished with more than \$100,000 in total revenue for June, marking the fifth consecutive month it has exceeded this milestone. Food and beverage revenue is trending about 15% ahead of both budget and last year. Thank you for your support.

Golf Activity

Due to favorable weather and the diligent care of our maintenance team, the greens are performing extremely well. The greens are running very smoothly and providing consistent playing conditions for all of our guests. The membership has been extremely vocal in its praise and support of the overall condition of the golf course.

While we are in the middle of the busy season, we continue to host many smaller tournaments, with more competitions and activities scheduled for the coming months. Residents can review the 2026 Tournament Calendar in The Golf Club at Rio Vista's pro shop. It is located in the main point-of-sale area near the complimentary morning coffee station.

We had a Father's Day sale, which went well. We hosted our barbecue on the patio on June 27, which had a great turnout and great music. We continue to host smaller groups regularly, as well as a few outside groups.

The U.S. Open-themed Par 3 Scramble was held on June 20. We had a great turnout. Some guests decided to stay and spend time at the Monarch Grill after the tournament. We have Member Bounty on July 30 and Trivia Night on July 28.

Food and Beverage

The Monarch Grill continued its strong momentum in June, reaching its fifth consecutive month with more than \$100,000 in total revenue at \$110,000. We are striving to exceed that total again in July.

Guest feedback has been overwhelmingly positive. The quality of the food, as well as the service provided by the staff, has been noticed and appreciated. Guests can share their feedback through the QR codes at each table or by using a portable tablet available upon request. It is a very short survey that takes roughly one minute. Any feedback is appreciated.

Private event activity has grown significantly compared to last year, with increasing demand from both residents and outside groups. This growth reinforces the Monarch Grill's reputation as a popular gathering place for the community. Guests interested in hosting a private event or group function are encouraged to contact the facility directly at (707) 374-2900 or info@playriovista.com. The event menu is available at playriovista.com/events.

Weekly dining features continue to generate strong participation from the community. Wednesday evening fish specials remain popular with residents and guests, while Chef John's rotating off-menu dinner features, offered Thursday through Saturday evenings, continue to provide unique dining experiences. These weekly offerings are promoted through the facility's Facebook and Instagram platforms to keep residents informed.

In addition to recurring favorites such as Trivia Night and Member Bounty, seasonal and holiday-themed events continue to draw strong attendance. A full calendar of social activities, entertainment and special events is planned throughout the summer to provide more opportunities for residents to connect.



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Course Maintenance

Course Superintendent Nick Lopez continues to improve the golf course, with a focus on course presentation, conditioning and detailed enhancements throughout the property. These efforts have become noticeable to regular players and guests, enhancing the overall playing experience. With additional improvement projects planned in the coming months, the golf course is well positioned to continue raising its overall condition and presentation.

The golf course is in great shape, and Nick and his crew continue to do an excellent job. Tree work has been underway for the past couple of weeks and is wrapping up. Nick continues working on the ponds to reduce algae and get the fountains running. We are also looking into installing steps to the 17th tee box. Additional sod has been installed on the fourth fairway.

The team remains committed to maintaining these standards through proactive agronomic practices, disciplined course conditioning and attention to detail

in all aspects of maintenance. Current course conditions position the facility well as we move into the peak golf season.

Fairway Bermuda sod installation has been completed on holes two, three, four, six and seven. With favorable weather and irrigation, all sodded areas have established well. We have also identified additional areas for future improvements. Pond diffusers and bubblers are scheduled for installation on the hole 2 irrigation pump in fall 2026. Nick Lopez has purchased chemicals to help reduce algae in the pond. Nick is also draining the waterfall pond on hole 17, with completion expected by the end of June.

Member and Community Events

Several events are scheduled in the coming weeks. On August 7, we will host "Beat the Pro." Please watch for updates, as the date may change due to another event.

Events will be promoted through Facebook at **facebook.com/PlayRioVista**, as well as flyers distributed throughout the Monarch Grill and The Golf Club at Rio Vista's pro shop.



Heidi Mamea
Spa Manager



Sarah Rendon
Fitness Manager

Notes from the Health + Wellness Center



Spa Testimonials

Fitness and Strength Utilizing Fitlinxx Range of Motion

Monday, August 17

4:30 to 6 p.m.
in the Group X Room

With Ken Schmitt

**Must Register at Vista Club
Member Services**

Happy August, Trilogy! As we soak up the last days of summer, the Health and Wellness Center is here to help you recharge before the busy fall season begins. Whether you've been spending time outdoors, traveling or simply enjoying the sunshine, your body deserves a little extra attention this month. With temperatures still on the rise, remember to drink plenty of water throughout the day and give yourself permission to rest when you need it — a little self-care now will help you finish the season feeling your best, whether that's in a fitness class, the gym or the spa.

From Fitness

Thank you for making the Health and Wellness Center such a fun, positive and encouraging place to be. Every class is filled with determination, laughter and friendships that make staying active something we all look forward to.

Whether you've been joining us for years or recently attended your first class, I'm proud of the commitment you continue to make to your health and well-being. Remember, it's not about being perfect — it's about showing up and doing your best!

With August temperatures still on the rise, don't forget these healthy habits: Drink plenty of water throughout the day. Exercise during the cooler morning hours when possible. Please don't hesitate to slow down if you need a break; your health and safety always come first.

Good balance helps us walk with greater confidence and reduces the risk of falls. Improve posture and stay independent in everyday activities. Every small improvement makes a big difference! Here's your monthly challenge: Move Every Day! Challenge yourself to complete 20–30 minutes of movement each day. Consistency is the goal, not perfection. Celebrate success! Congratulations to everyone who continues to make fitness a priority. Whether you've lifted a little heavier, walked a little farther, improved your balance or simply kept showing up, every accomplishment deserves recognition. Your dedication inspires others more than you know.

Fitness Class Punch Cards

**Purchase at the
Health and Wellness
Center Front Desk**

Purple Punch Card \$60
10 classes of your choice

Red Punch Card \$120
20 classes of your choice

All Land and Aqua classes require a prepaid punch card to participate.

Payment by check or credit card only.

Make checks payable to TRVMA.
No refunds or replacements.



Coming up this month is the End-of-Summer Fitness Social. More details coming soon.

Thank you for allowing me to be part of your wellness journey. I look forward to seeing all your smiling faces in classes and in the gym. Let's continue encouraging one another, celebrating every success and making August another wonderful month of movement and friendship here in Trilogy. Stay active, stay strong and keep smiling!

With so much appreciation, your Fitness Manager, **Sarah Rendon, 707-374-4205, sarah.rendon@mytrv.org.**

From The Spa

This is the final month to enjoy our Summer Spa Specials before they end for the season. These tropical-inspired services are designed to relax, hydrate and restore, and appointments are filling quickly, so reserve your spot soon. See more details on page 26.

This month's featured treatments include customized facials, relaxation and therapeutic massage, red light therapy, body treatments and hydrodermabrasion for skin rejuvenation. Whether you want to relax or refresh your skin, we have something for everyone.

Red light therapy has become one of our most popular

offerings and a relaxing complement to any spa visit. Many guests enjoy it as part of their regular self-care routine, whether they lead an active lifestyle on the golf course or pickleball courts or simply want to unwind. Ask our team whether it might be a good addition to your next appointment.

A few simple habits go a long way toward feeling your best this month. Using a quality moisturizer, applying sunscreen daily even on overcast days and exfoliating gently once or twice a week all help keep your skin looking healthy. Regular massage supports relaxation and better sleep, and a good night's rest gives your body the time it needs to recharge.

Our Annual Spa Event is just around the corner, featuring holiday shopping specials, treatment packages, product demonstrations and giveaways. We will announce more details soon.

As we move into fall and the holiday season, appointment availability becomes more limited. Reserve your favorite massage, facial or wellness service today and finish your summer feeling refreshed and ready for the season ahead.

With warm wishes, your Spa Manager, **Heidi Mamea, 707-374-4211, heidi.mamea@mytrv.org.**

Trilogy[™] Health & Wellness Center Surveys

We value your input! Whether you've visited the Spa or the Fitness Center, your thoughts help us enhance our services and create the best experience for you.

Take a moment to share your feedback. Scan the QR codes below to access the surveys.

Fitness



Spa





— TRILOGY SPA —

ISLAND ESCAPE

Final Month

RELAX • REFRESH • ESCAPE

The final month of our Island Escape has arrived, and the Spa invites you to unwind and escape without ever leaving town.

Through August, experience tropical-inspired treatments designed to restore your body, refresh your skin, and calm your mind.

Let the scent of coconut, warm aromatic towels, and calming island music transport you to paradise.

ISLAND WAVE MASSAGE

\$65

50 MINUTES

A flowing, wave-inspired Swedish massage designed to melt away tension.

- Tropical infused massage oil
- Warm towels soaked in FHF Citrine Beach Powder Milk Bath
- Relaxing island-style music
- Flowing wave-inspired massage movements
- Deep relaxation for body and mind

This treatment is designed to feel like the movement of ocean waves, melting away tension and stress.

PINEAPPLE PARADISE FACIAL

\$70

50 MINUTES

A refreshing tropical facial designed to brighten, exfoliate, and deeply nourish the skin.

- EMINENCE Coconut Milk Cleanser
- EMINENCE Pineapple Refining Tonic
- EMINENCE Mango Exfoliating Enzyme Masque
- EMINENCE Coconut Moisturizer
- Perfect for restoring radiance, smoothing texture, and leaving skin with a healthy summer glow.

(Can be customized to your skin type if these products are not the esthetician's recommendation)

TROPICAL LEG RETREAT

\$55

40 MINUTES

Give your legs the vacation they deserve.

A luxurious cooling and exfoliating treatment that leaves skin soft, refreshed, and silky smooth.

- Gentle steam
- FHF Island Road Bubble Mask
- FHF Coconut Beach Scrub
- FHF Body Gelée Cooling Enzyme Mask
- FHF Island Elixir Organic Shea Butter Body Treatment
- Warm towels soaked in FHF Citrine Beach Powder Milk Bath

The perfect treatment for tired summer legs.

TROPICAL ADD-ONS

Enhance your island escape:



Beach Lips Refresh
(Lip Polish & Lip Balm)

\$10

Toes in the Sand Foot Scrub

\$10



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with other offers.





Anatomy in Braille

By Colin Hannigan

Shelby Robertson lives on the water. Her home is a houseboat built in 1967, “a glorified studio apartment on the water,” she says, “perfect for one person and her dog,” docked in nearby Walnut Grove. For a massage therapist who spends her days helping people slow down and reconnect with their bodies, life in the Delta seems fitting.

Shelby is the Health and Wellness Center (HWC) spa’s longest-serving massage therapist, and in more than 15 years of practice she has built a career around a simple conviction. “Massage therapy is like the grandmother of medicine,” she says. “It’s preventative. It’s thinking ahead of the problem.” She found the work at 20, after briefly considering nursing and never looked back.

A Specialty Rooted in Thailand

Shelby’s home, as she describes it, is Thai massage: a centuries-old practice that blends passive assisted stretching, rhythmic compression and energy work. She first trained under teacher Michael Sitzler years ago, then traveled to Thailand in 2024 to study again, this time under a Buddhist monk in Chiang Mai. The spa held her position so she could go, just two weeks into her time at Trilogy.

What she loves about Thai massage is how completely it adapts to the person on the table. “It is a modality that is for everybody,” she says. One client might need long, deep stretches; another needs gentle rocking, steady compression or simple range-of-motion work. When a resident once worried that their body-type might be a barrier, Shelby reassured her they would simply build the session around what her body needed. “It’s really cool how the body speaks in that type of work,” she says.

More Than One Kind of Touch

Thai massage may be her signature, but it is far from her only skill. Shelby’s original training was in neuromuscular massage: slow, focused, specific release work that hones in on a single area of tension. She is also a Level 2 Reiki practitioner and trained in hot stone therapy. Away from the table, she is a fire spinner



and a poet who writes on a 1950s typewriter, describing herself with a laugh as “an analog girl in a digital world.”

A Sound Bath for the Community

Once a month, Shelby leads the Sound Bowl Healing Journey: a session she prefers to call a sound bath. Using singing bowls tuned to different frequencies, she guides participants into deep relaxation, weaving in gentle foot and shoulder massage along the way. She says the sessions resonate especially with people seeking a sense of spiritual connection, or relief from anxiety, outside a traditional setting. “Each bowl resonates a certain frequency that our body runs through,” she says. The sound bath meets the **first Thursday at 9 a.m.** in the **Multipurpose Room, Vista Club**. The cost is \$7, and residents can sign up at the HWC front desk.

Why This Community

Shelby’s empathy for Trilogy residents comes from experience. A cancer survivor now in remission, she knows firsthand what it feels like when your body isn’t on your side — and it shapes how she cares for a community navigating its own health chapters. “Something happens as we grow older,” she says. “You may feel slightly more invisible, or that you have to advocate for yourself a lot more.” Sometimes, she notes, the body simply holds onto years of stress and needs a safe space to let go.

That, she says, is where a massage therapist becomes something more. “We’re doing a service for you, but we also become a little bit like a therapist.” Her favorite part of the job is the transformation. “I get to see people come in grumpy, aggravated with the world,” she says, “and walk out looking peaceful.”

It all comes back to a saying she keeps on her business cards, coined by sports-massage pioneer Jack Meagher: “Massage is the study of anatomy in braille.” For Shelby, healing has always meant paying that kind of close, careful attention.

Book with Shelby

The HWC is open daily from **6 a.m. to 9 p.m.** To book, stop by in person, call **707-374-4208** or visit **wellnessliving.com/login/mytrv_wellness**.



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Thank you to everyone who showed up, got moving,
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KATHY NILSSON & SHANNON GAGNEPAIN



— 2ND PLACE (TIE) —
LEK MAZZOCCO & BEVERLY HIATT



— 3RD PLACE —
MELANIE ULRICKSON



★ **102** ★
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Clubs at Trilogy

There's Something for Everyone

With over 100 Member Clubs available, there's virtually something for everyone at Trilogy at Rio Vista.

Visit mytrv.frontsteps.com and navigate to **Documents > Club Resources** to view the Trilogy Clubs brochure. You'll be able to select any club that interests you and view its description.

If you are a club leader with organizational and operational questions or you are exploring a new activity or event, contact lifestyles@mytrv.org.

If you are a club leader who needs to reserve meeting space or add your event to the calendar, send your reservation form to Facility Reservations Coordinator **Michele Nadler** at facilityreservations@mytrv.org.



31 Card

The 31 Card Club meets every **Sunday at 12 p.m.** in the **Sonoma Room, Vista Club**. It's a fun card game for Trilogy residents and their guests. The goal of this game is to try to score 31 points, or as close to it as you possibly can. Your score is based on the value of your cards in a single suit. Aces are worth 11 points, face cards are worth 10 and all others are worth their numerical value. The object is to get a high score, hold on to your chips and be the last standing. At the start, \$1 is collected from each player. The pot is given as the grand prize. We usually play four games. At the end of each game, each player provides the winner with \$1.

31 is played in rounds. At the end of each round, the player with the lowest score must give up one of their chips. Once you lose all four of your chips, you're out of

the round and must wait for the next round to begin. Interested? Join us. Questions? Contact **Evelyn Chase**, 707-372-1112.

Art Guild (TAG)



Joyce Gilstrap with her first painting, her daughter in water, and her award-winning American Eagle displayed in the 2025 Fourth of July Parade.

Trilogy Art Guild (TAG) member Joyce Gilstrap has always known she could draw, but her family didn't learn of her artistic bent until her mother discovered she had drawn over the ads in the Montgomery Ward Catalog with her own clothing designs! A member of TAG since 2014, her "serious" art career began in her 30's when her sister gave her a set of paints. She works in acrylics and her favorite subjects are nature related. Now, numerous awards later, including her prize-winning American Eagle golf cart emblem, in the 2025 July 4th celebrations, Joyce will be feted at the RioVision Art Gallery Artist of the Month Reception on **Saturday, August 15 from 3 to 5 p.m.** at **116 Main Street, Rio Vista**. Stop by to meet Joyce and view her art pieces.

You can also meet Joyce and other TAG members at upcoming presentations and happenings at the Monthly Members' Meetings held on the **first Monday**, excluding when preempted by a holiday. TAG also offers Open Paint sessions on the other Mondays of the month. All meetings are from **1 to 3 p.m.** in the **Marina Room, Delta Club**. Our next meetings are **September 14** and **October 5**. Contact **Harvey Steinhaus**, Harvey.Steinhaus@gmail.com.

Astronomy Club

August marks the time when you don't have to stay up so late to view the skies at night. Lying in the Milky Way, the constellations Scorpius, Sagittarius and Ophiuchus contain an incredible number of prime objects to view even in small scopes. Learn about these constellations at our meeting.



The main purpose of our astronomy club, also known as the Windy Skies Astronomers, is to get people acquainted with the night skies. We offer instruction on what to see in the sky, how to use and take care of scopes and even how to take images of the nighttime skies. In addition to the normal meetings on the **second Mondays**, we also hold scope clinics on use and repair of equipment. Finally, we hold star parties to see the constellations and those interesting comets when they appear.

Our next meeting is on **August 10 at 7 p.m.** in the **Monterey Room, Vista Club**. We will have scopes for viewing after the meeting, weather permitting. Contact **Mike Chibnik, chibnikm@gmail.com**.

Ballroom Dance



Left to right Debra, Connie, Debbie and Terry.

The Trilogy Ballroom Dance Club invites you to join us for a variety of dancing, from American ballroom to Latin dance. On June 11th, a guest dance instructor, Connie Pekedis, taught the basics of Waltz and Rhumba, assisted by

Debra Mipos. Included in the photo are dance members Debbie Haynie and Terry De Smet.

We meet on **Thursdays from 6:30 to 8:30 p.m.** in the **Rio Vista Room, Delta Club**. Contact **Rick Mares, rjmares@comcast.net**.

Big Band

Members of the Trilogy Big Band (formerly known as the Trilogy Jazz Band) have been on hiatus and return this month in preparation for the upcoming 2026 to 2027 season. However, we were not idle. Music was selected, new ideas were floated and enthusiasm has grown for the exciting variety of the upcoming concerts/dances. We sincerely hope that you will bring your friends and neighbors to these totally free events.

You may have noticed that our name has been slightly modified from Trilogy Jazz Band to Trilogy Big Band to accurately reflect our range of musical

choices. We recently discovered that some Trilogians were not coming to our events because they were not big jazz fans, so we wanted to set the record straight. Though we do play light jazz, we also play familiar ballads, swing, Latin, pop, rock and other musical forms in keeping with the original idea of former band director Jim Lucas. Jim kept in mind that the community enjoyed dancing to the "big band sound," regardless of style.

We also want to remind you that the band is looking for new musicians to refill the positions of some members who, for various reasons, are no longer playing with us. If you can read music and have not touched that old trombone or saxophone in the back of the closet in years, consider joining a welcoming group of committed volunteer musicians who love to play together. Our rehearsal schedule will begin again on **Wednesday, August 5 at 2:30 p.m.** in the **Diablo Ballroom, Vista Club**. Our band leader, Elaine Schaefer, would love to hear from you. Contact **Elaine Schaefer, 707-507-9233**.

Billiards Club



Tournaments are held every **Tuesday evening, starting at 5 p.m.** Please be there by **4:50 p.m.** if you plan to play. The June winners were:

June 2: 8-Ball: 1st John Faustini, 2nd Patrick Rodriguez and 3rd Dollar Bill.

June 9: 9-Ball: 1st Donald Martin, 2nd James McClaine and 3rd James Gant.

June 16: 8-Ball: 1st Jose McKanobb, 2nd Larry Meers and 3rd James Gant.

June 23: 10-Ball: 1st Paul Brallier, 2nd James Gant and 3rd John Faustini.

June 30: 8-Ball: 1st Paul Brallier, 2nd Charles Hoffman and 3rd James Gant.

On June 16 we had 21 players and on June 30 there were 20 players. This is the best turnout in over nine years and required us to play in three groups to finish on time, with the three winners playing for the "podium."

Free beginner pool lessons are offered on **Wednesdays at 10 a.m.** by Secretary Vickie Muñoz — perfect if you've never picked up a cue. Learn at your own pace in a relaxed, no-judgment setting; Vickie understands beginners firsthand. More experienced players are welcome to play a game or get some coaching. Vice



President John Faustini of the Billiards Club is on hand as a mentor. **Wednesday sessions are from 10 a.m. to 12 p.m.** and are ladies only (except the mentor), and there is no cost to participate. Contact **Vickie Muñoz, 925-330-1838, vmunoz126@pm.me**. For general Billiards Club information, contact **Jim Rosteck, jrosteck@aol.com**.

Bingo



Meet new friends and have fun. We meet on the **fourth Friday at 6 p.m.** in the **Rio Vista Room, Delta Club**. Buy-in is \$10 for a pack of 12 games (4 cards on a sheet). Every player must purchase a \$10 buy-in. Additional packs are \$5 each after buy-

in. Early bird special: \$1 per card. We use these funds for the early bird prize. The game prizes are \$50; blackouts \$250. Extra blackout cards and daubers are available for \$1. Contact **Irene Foss, 707-374-6999**.

Bocce Club

It's hard to believe it's August already. Just last month, we completed the halfway point of the 2026 Bocce Season, with 44 teams bringing their excitement and enthusiasm to each game. Also, this time of the season sees teams making a last-ditch effort in giving it their best to be included in the end-of-season playoffs. These playoffs will begin in September for both the morning and night league divisions.

An important reminder for those teams or individuals who want to participate in the upcoming Harvest League: registration is currently in progress, with the deadline of **August 14** to join as a team or unaffiliated individual. Official forms can be picked up above **event box 8, Delta Club** After completion, bring back to the same box for processing.

A continued reminder to all participants: no one is to enter the court until the paddle person has made their final call regarding the determination of points awarded per frame. The paddle person, at their discretion, may grant permission for individuals to enter the court based on certain circumstances. Lastly, at no time, due to safety, should bocce balls be kicked or thrown from one end of the court to the other. Please pick up the balls and walk them down to the respective holders.

Contact **Al Anthony, trilogyplaysbocce@gmail.com**.

Book Club



Author Christine Kuehn knew there was a split in her family and a mystery surrounding her grandparents. What she discovered shocked her. Jae Anderson leads the discussion of *A Family of Spies* at the **August 11** Book Club meeting. Join us! We meet on the **second Tuesday** in the **Multipurpose Room, Vista Club**: informal chat is from **10 to 10:30 a.m.** and book study is from **10:30 a.m. to 12 p.m.**

10:30 a.m. and book study is from **10:30 a.m. to 12 p.m.**

Shakespeare Study Group will continue reading *Henry IV, Part One*, as Prince Hal throws over court life in favor of heavy drinking and petty theft in the company of a debauched elderly knight, Sir John Falstaff. Shakespeare Group meets on the **first and third Tuesday at 11 a.m.** in the **Monterey Room, Vista Club**.

Join Classics Study Group **August 25** for a discussion of *The Hound of the Baskervilles* by Sir Arthur Conan Doyle, as Sherlock Holmes investigates the diabolical and supernatural hound. They meet on the **fourth Tuesday from 3 to 5 p.m.** in the **Monterey Room, Vista Club**.

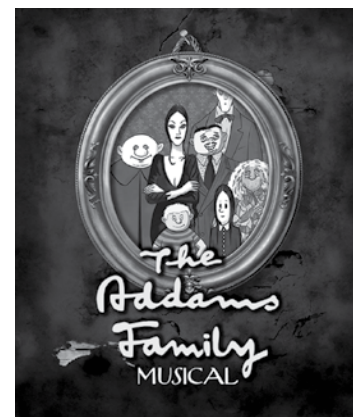
Contact **Sandy Danley, bandsan@msn.com** or **Don McGill, 910-642-4799, djmcha@yahoo.com**.

Breast Cancer Support

If you would like information or support, are thinking of giving back or can tell us of someone who may need some TLC by receiving a Bag of Caring, please contact **Sally Feldman, 510-501-0684, trilogysurvivor2016@gmail.com**. If you would like to join us, we meet on the **second Tuesday at 1:30 p.m.** in the **Monterey Room, Vista Club**. Always remember there is just so much to be grateful for.

Broadway Bound

On **Sunday, September 6 at 2 p.m.** the Trilogy Broadway Bound Group will be attending *The Addams Family* at Davis Musical Theater, **607 Pena Drive, Davis**. Dinner after will be at Jacky's Mexican Restaurant, **127 N 1st Street, Dixon**. If you purchase tickets for this show and want to join us for dinner, Contact **Linda Beckemeyer, linsfo@gmail.com**.





The Addams Family is a comical feast that embraces the wackiness in every family, features an original story and a dilemma that's every father's nightmare: Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family — a man her parents have never met. And if that wasn't upsetting enough, Wednesday confides in her father and begs him not to tell her mother. Now, Gomez Addams must do something he's never done before — keep a secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents.

Bunco



Let's get together and have some fun. Join us for Bunco and make new friends. Bunco is an easy game to play — just a roll of the dice. We sit at tables of four players, make introductions and start when the room is ready. At

the end of each round, two players from each table move to another table and then we play again.

We meet on the **second Friday at 6 p.m.** in the **Rio Vista Room, Delta Club**. Refreshments will be served during the break. We look forward to seeing you there. Contact **Anna Hoerz, 925-759-1138**.

Canasta - Couples

If you want to meet, socialize and have a fun evening with other Trilogy couples, this club is for you. We play triple play, guys against girls. Canasta is a fun card game that is easy to play and requires no experience. Beginners are always welcome. We play twice a month on the **first Tuesday at 5 p.m.** in the **Marina Room, Delta Club** and the **third Tuesday at 5 p.m.** in the **Sonoma Room, Vista Club**. Contact **Lucy or David Blalock, 559-916-4979**, blalock31@att.net.

Canasta - Shove It

Gather your friends and join us for an enjoyable evening of camaraderie and fun as we explore the exciting world of games! Whether you are an experienced player or a curious newcomer, this is the perfect opportunity to play in a relaxed, pressure-free environment with no dues required.

We invite you to learn and experience the thrill of Canasta on **the first and third Wednesdays from 6 to 9 p.m.** or join us for the engaging game of Shove It on

the second Friday, 12:30 to 3:30 p.m., and fourth Friday, 11 a.m. to 2 p.m. in the **Sonoma Room, Vista Club**.

This is more than just playing games — it is about building connections with fellow card players and creating lasting memories in a stress-free atmosphere. Experience the joy of friendship and fun with great neighbors. We look forward to seeing you there, so be sure to mark your calendars!

Contact **Sandra Bowen, 925-381-0925**.

Canasta - Triple Play

Canasta is not just a card game. It's about making friends, building relationships and having fun!

We get together twice a week. Every **Tuesday** for Triple Play and **Thursday** features Super Samba. Both are from **12 p.m. to 4 p.m.** in the **Sonoma Room, Vista Club**.

Have you been thinking about joining us? We welcome all skill levels and happily teach newcomers. Whether you are an experienced player or have never held a Canasta hand, there is a seat for you.

Contact **Diane Iacopi, 415-720-6973** or **Jan Glassco, 209-612-9858**.

Ceramics Club

Looking for a fun and relaxing way to spend your morning? Join our weekly ceramics painting class and turn ordinary pottery into beautiful, personalized works of art. Whether you're a complete beginner or an experienced painter, our welcoming classes are designed for all skill levels. We meet every **Thursday from 9:30 a.m. to 1 p.m.** in the **Marina Room, Delta Club**. Each session provides the perfect opportunity to unwind, explore your creativity and create something unique.

Ceramic painting is a chance to relax, connect with friends or enjoy a little "me time." Your finished piece will be professionally glazed and fired, creating a lasting keepsake you'll be proud to display or give as a thoughtful handmade gift.

Make Thursdays your favorite day of the week. Come create, unwind and discover the joy of ceramic painting with us! Contact **Hande Gurel, 415-936-6495**.

Cooking Club

Greetings from the Trilogy Cooking Club! We are a group of enthusiastic home cooks and chefs who share a passion for all things culinary. Our members delight in cooking, discovering new ingredients, learning innovative techniques, sampling delicious dishes and sharing our experiences related to cooking and food in the Delta area.



The club meets monthly, with each meeting centered around a unique, food-related theme. These themes vary widely, ranging from vegetables or ethnic cuisines to specialty dishes. A group of members contribute by preparing a dish based on the theme, and everyone gets a taste of their creations.

Occasionally, the club hosts demonstrations of specific cooking techniques, methods or specialty dishes. Recent demos have included baking baklava, salts and oils. Upcoming demonstrations will touch on BBQ sauces for the August meeting and a vinegar tasting in October.

Whether you are interested in mastering new cooking techniques, participating in tastings, learning from demonstrations or simply want to expand your culinary knowledge, we invite you to join us.

All club recipes can now be found on the Trilogy Cooking Club's folder on mytrv.frontsteps.com under **Documents & FAQs > Clubs > Cooking Club**. We encourage you to visit the site and explore the diverse collection of recipes from past meetings.

Our next meeting takes place on **Tuesday, August 11** and the theme will be salads. We hope you will join us.

Guests are always welcome to drop in and experience what our club has to offer. Contact **Gary Swieso**, 714-473-2729, tabsco1@gmail.com.

Council for the Arts

The theme of next year's musical revue, Music of the Night, is "World Cruise." Rehearsals begin in January. The show opens on **April 6** and closes on **April 10**.



The Council offers financial grants to organizations and clubs in Trilogy that are involved in the many aspects of the arts. The source of funds used to offer these grants is the revenue raised by Music of the Night. Updates about Music of the Night can always be found here.

The Council meets on **the second Thursday at 10 a.m.** in the **Monterey Room, Vista Club**. Contact **Roger Kohn**, 707-374-2737, clubkohn@gmail.com.

Creative Crafting

Our motto is "Something from Nothing." The Creative Crafting Club invites all to join. Our goal is to provide a safe and friendly environment for you to express yourself through art, jewelry making, knitting, quilting, sewing (no machines) and anything else you can imagine! No monthly fees, dues or donations are required. Bring your supplies and we will provide support and learn from you. We will also give you the opportunity to learn a craft from someone else. We meet every **Tuesday** from **12:30 to 3:30 p.m.** in the **Marina Room, Delta Club**. Contact **Linda Jones**, Uniquemom8@aol.com, 510-343-1496.

Cribbage

The Cribbage Club meets every **Monday** from **9:30 to 11:30 a.m.** in the **Sonoma Room, Vista Club**.

If you have ever played cribbage, you know what a fun game it is and this group of people is so helpful, friendly and fun. We can help you refresh your playing skills or even teach you how to play. You get the added bonus of homemade sweets too. Great to go with morning coffee. Please join us. Contact **Cheryl Edwards**, 925-852-5047.

Cycling Club



7.8 mi
DISTANCE

181 ft
ELEVATION GAIN

42 m 50 s
MOVING TIME



Casual Group Ride: Counterclockwise Mondays and Fridays, clockwise Wednesdays. Ride one, two or three loops, peeling off whenever fits your ride. No one is left behind, and we love to welcome new riders to this friendly peloton.

Show and Go Ride: Takes us outside the gates with rides of 20 to 30 miles over 2 to 3 hours. We have several



clubs + groups

great local routes to choose from, such as Birds Landing/ Collinsville and the Delta Loop.

3rd Thursday Ride: On the **third Thursday**, we take the ferry across for a 20+ mile loop around Ryer Island.



L to R: Michael Hewitt, Dave Blalock, Dale Miller, Leila Phillips, Lucy Blalock, Richard Hedges, Richard Balch, Steve Buck, Cecilia Naylor, and Lynn Oesterle, ready to launch into the Show & Go and Casual Group rides at 9 a.m. on Wednesday, July 1, 2026.

Schedule:

Riders meet in the **parking lot along Summerset next to the tennis and pickleball courts.**

Casual Group Ride: **Monday, Wednesday and Friday at 10 a.m.** Contact **Brenda Lundy, 707-639-7437.**

Show and Go Ride: **Monday, Wednesday and Friday at 9 a.m.** Contact **Dave Blalock, 559-916-4979.** Contact **Steve Buck, 559-917-7012.**

3rd Thursday Ride: **third Thursday, 8:30 a.m.** Contact **Brenda Lundy, 707-639-7437.**

Next club meeting: **Wednesday, August 5 from 3 to 4:30 p.m. River Room, Delta Club**

Dance Club

There are still some tickets remaining for our dances on the Vista Club patio. Don't miss out.



August



September

Come in dress theme or not. All are welcome.

August 9 The Floorshakers will perform with a Disney Night dress theme, playing funk, soul and rock and roll

featuring trumpet, trombone and saxophone.

September 13 3day Weekend will close out the season with a White Night dress theme, performing Motown, funk, rock and blues with trumpet, trombone and saxophone.

All band performances will be on **Sundays** from **5:30 p.m. to 8 p.m.**, with patio opening at **4:30 p.m.**

All dances are BYOB and include a free photo booth, a free party favor and open seating (bring your own

chairs, no tables please). Golf cart parking is available behind Vista Club.

Only Trilogy residents may purchase tickets and bring their guests. Tickets are \$27 per dance Sunday per person, all fees included. Scan the QR code to get your tickets or go to **event box 11, Delta Club** to pay by check.

Contact **Sheryl Wayne, 925-325-5359,** **trilogydanceclubriovista@gmail.com**

Delta Rainbows



The Delta Rainbows are a lively group of LGBTQ+ folks who meet on the **second Tuesdays** for a potluck at **6 p.m.** in the **Marina Room, Delta Club.** On all other Tuesdays, we meet at various local

venues for lunch and camaraderie. We also venture out for field trips from time to time. To learn more about our club, please visit our Facebook group, NextDoor.com page or contact **Jerry Washington, 510-691-9807.**

Dominoes

We play Mexican Train Dominoes on the **first and third Tuesdays at 12:30 p.m.** in the **River Room, Delta Club.** Please come and join us! Contact **Shirley Rogers, 704-374-9984, sjrogers@gmail.com.**

Drama Club



The Trilogy Drama Club will not meet at the end of July as previously planned, since most of its members are either cast members in the August play or are in production support

roles and will be busy during that week getting down to final rehearsals for the August play.

Our summer production is Donald Mullen's *The Clock Runs Out for Isabelle Tyme* or *Ask Not for Whom the Belle Strolls*. It runs for four days, **August 12 to 15** at the **Diablo Ballroom, Vista Club.**

In this delightfully punny melodrama, the heroine is tied to the bell tower and the clock is ticking ... literally. Unknown to its proprietor, clock smith Justin Tyme, the old clock shop holds a secret vault loaded with gems and jewels. But, of course, the scoundrel Fohwell Spoyler knows the truth of what's hidden on the property.

Rehearsals are now in full swing, and tickets are already being sold; the cost is only \$5, so hurry to the Delta Club with your completed registration and payment before we begin to sell out on some of the



Summer Cast of The Clock Runs Out for Isabelle Tyme, right to left, and top to bottom: Fohwell D. Spoyler, Sterling Goodlaw; Garrol Bhigmouwth; Mayor Clever Statiskwo; Justin Tyme; Isabelle (Belle) Tyme; Lokwashus Phlapjaw; Rebeline Statiskwo; and Fortuna Profisia.

nights. Be sure to include a readable email address so we can send your ticket directly to you. Fliers went out to all homes in Trilogy in the June Trilogy Living magazine. Extra fliers with the registration form can be found at the registration drop-off, **event Box 9, Delta Club**. Contact **Ken Gutman, 408-710-0741**.

Family Support

Family Support is available to assist with memorial services for Trilogy residents who have lost loved ones who lived in Trilogy. Contact **Minnie Howell, 510-866-8786, minniehowell317@gmail.com**.

Fat Quarter Quilters



Fat Quarter Quilters is a group for anyone who loves to sew. You can enjoy sewing with others and making new friends. Bring your project and sewing machine if needed. There is room for sewing, cutting and laying out your project. We have extension cords, irons, ironing boards, cutting mats and rulers. We meet every **Wednesday from 12:30 to 4 p.m.** in the **Rio Vista Room, Delta Club**. Contact **Diane Andrade, 510-517-2217, dandrade3@frontiernet.net**.

Friends of Bill W.

The Trilogy Recovery Support Group meets every **Wednesday at 1 p.m.** in the **Monterey Room, Vista Club**. Our primary purpose is to support those in recovery or interested in recovery from alcohol

abuse. Meetings follow the format of an Alcoholics Anonymous (AA) gathering. Contact **Laney Harber, 408-306-4955**.

Game Night

Game Night is happening every **Monday evening from 6 to 9 p.m.** in the **Sonoma Room, Vista Club**. This is a drop-in club, so bring your favorite game (the old-fashioned kind). Maybe you like to play Gin Rummy or maybe checkers. Usually there is a game of Triple Play Canasta and Super Samba. Rubik's Cube and Uno have become popular. There is a spot waiting for you! Contact **Susan Peyton, s.peyton1020@gmail.com**.

Golf Club: Men's Executive Nine



The Rio Vista Men's Executive Nine golf club is comprised of members who enjoy playing nine holes of golf and then socializing after the game. We welcome new members of all ability levels. We play on **Tuesdays** utilizing a shotgun start at **9:30 a.m.** The format varies each week, usually with individual non-tournament golf two Tuesdays and individual and team tournament events on the alternate Tuesdays.

Tournament Results: Winning team members for the June 6 "High Noon on the Green (Ladies 9 Hosting Men's 9)" were John Santry, Nancee Mercier, Janie Meacham and Ed Hardenbrook. Winning the June 23 "Ambrose Scramble" were Terry Reilley, Butch Klapper and Juan Quinday. Congratulations, everyone!

Upcoming Scheduled Tournaments: **August 4** Club Championship and **August 18** Super Senior Tees.



The Men's Executive Nine currently has 125 members. We invite you to come out and join us for a good time with a great group of guys. Applications for membership are available at The Golf Club at Rio Vista's pro shop. Contact **Roger Hartman, learhart15@yahoo.com**.

Golf Club: Senior Men's



August is the month for the Senior Men's Club Championship tournament at Trilogy.

We play nearly every **Wednesday** here at Trilogy, as well as a monthly away tournament at a nearby course. Weekly Tournament Results:

June 10: ABCD
Chicago: Straight

Golf team event using a team's points rather than score to determine the winner. 1st place went to Bill Langenhuizen, Dean Day, Hank Pagliaroli and Mike Mabrey. 2nd place went to Shawn Blazius, Gene Richards, Sakul Chaloeicheep and Dale Shafer. 3rd place went to Wayne Antoque, John Askin, Jeff Hensel and Doug Lindsey.

June 17: ABCD Shamble/Meeting: 1st place went to Dean Day, Mike Sadler, Ski Sinosky and Bart Oddo. 2nd place went to Gary Sayre, Gene Richards, Sakul Chaloeicheep and Dennis Reise. 3rd place went to Dana Seamans, Jim Rosteck, Larry Ross and Randy Jones.

June 24: 2 Man Best Net: 1st place went to John Askin and Jim Rosteck. 2nd place went to Terry Reilley and Dean Day. 3rd place went to Gary Sayre and Creighton Galloway.

Away Tournament at Rancho Solano: Flight 1: 1st place went to Bill Langenhuizen. 2nd place went to Dana Seamans. 3rd place went to Wayne Antoque. Flight 2: 1st place went to John Askin. 2nd place went to Gene Richards. 3rd place went to Gary Swieso. Flight 3: 1st place went to John Santa Maria. 2nd place went to Hank Pagliaroli. 3rd place went to Eric Bromell.

We welcome new members to the Rio Vista Senior Men's Golf Club. Playing private courses and enjoying fellowship are some of the benefits of membership. Contact **Mike Mabrey, 925-768-9778, mike_mabrey@comcast.net**.

Golf Club: Women's 18-Holers

You may have spotted Eileen Foster, Jennifer Tucker, Anita Fox and Kerry Zontek on TV as part of the 2,000 volunteers supporting the Women's U.S. Open. At the Riviera Country Club in SoCal, they helped spot players' shots and manage spectators. It was Anita Fox's first time volunteering, while the others had served before. Watching the pros while helping at premier courses such as Pebble Beach and Erin Hills has created many memorable experiences, and we are proud of their service.

June began with the Ace of the Month and Low Putts games. Jan Benner earned Ace honors with a net 70. Low Putts winners were Suzi Masterson, Doris Sundly and Jan Benner.

In keeping with tradition, the Sunshine Chair brought treats to celebrate the month's birthdays, and nothing says "Happy Birthday" quite like Terry Sutter's scones.



Jan Benner - RVWGC's Ace of the Month

On June 11, we played Mystery Par Hole. After play, hole 10 was drawn, and all players received a par for scoring purposes. 1st place winners were Kerry Zontek and Jan Benner.

On June 18, we held a Flag Tournament. Each player received a flag marked with the course par (72) plus her handicap. It was planted after reaching that stroke total. Jennifer Tucker went the farthest, completing all 18 holes and returning to hole 1 for additional strokes. Other winners were Bird Mercier and Doris Sundly.

On June 25, the game was Stableford, a points-based format. Top point scorers in their flights were Kerry Zontek, Anita Fox and Bessie Dunn.

Marsha Berry and KarenAnn Evans played in an NCGA Women's One Day tournament at Bing Maloney GC. They did not place, but enjoyed the outing.

RVWGC plays on **Thursday** mornings. Contact **Jackie Evans, 707-507-9398, jackie303@frontier.net**.



Golf Club: Women's 9-Holers

We are a fun group of ladies who get together every **Tuesday at 9 a.m.** at **The Golf Club at Rio Vista**. If interested in playing as a guest to learn about the club, please see contact information below.

June 2nd Week 6 of the Eclectic Tournament. Congratulations to Bird Mercer with a score of 90 and net score of 60.7, winning \$96. Anita Fox with a score of 101 and net score of 60.9, winning \$72. Angie Jones with a score of 92 and net score 61.3, winning \$48. Kathy Cole with a score of 104 and net score 62.2, winning \$24.

June 9th High Noon on the Green Tournament- Women's 9 Holers hosting RV Men's Executive 9.

Followed by a BBQ lunch, raffle and team prizes at the Monarch Grill. 1st place team winners are Ed Hardenbrook, Bird Mercer, John Santry and Jeanie Meachan.



Tournament team winners are Ed Hardenbrook, Bird Mercer, John Santry and Jeanie Meachan

June 16th Low Putts and June Net Niner

Results: Low Putts: Flight 1: 1st Place: Carlyn Sherer, 2nd Place Angie Jones, 3rd Place Kerry Zontek. Flight 2: 1st Place: Kathy Cole, 2nd Marcia Frankhouser, 3rd Place Jeanie Renner. Flight 3: 1st Place: Pat Kistler, 2nd Place Barb Allen, 3rd Place Eileen Foster

Congratulations to June Net Niner, Cindy Brown.

June 23rd Straight Golf: Results: Chip-Ins from Julie Goodin, Margaret Myles and Kerry Zontek. Pars: Angie



Congratulations to June Net Niner, Cindy Brown

Jones holes 15 and 18, Cathy Cole hole 15, Cindy Brown hole 10, Denise Sargent-Natour hole 13.

Welcome to new member Sandy Smith. Applications to join the Women's 9-Holers are in **The Golf Club at Rio Vista's pro shop**. Contact **Cathy Warr, 253-312-2565, catherinewarr59@gmail.com**.

Good Samaritans



Good Samaritans 1st Back-To-School event in 2015.

The Good Samaritans would like to give a special thank you to all volunteers and donors for the Back-To-School event. We will be distributing the backpacks and school supplies to the selected Rio Vista children on **August 1** at the **Pizza Factory**. We plan to make this a special event to prepare them for the coming school year.

The Good Samaritans is open for Summer Vacation Bible Study every **Thursday at 1:30 p.m.** in the **Marina Room, Delta Club**. Join us for some Good News!



clubs + groups

For June we were able to encourage the Men's Fellowship for Father's Day with "33 Things the Holy Spirit Does" by Marcus Yoars, published in Charisma Magazine, 2013. A few favorites: He helps us, Romans 8:26; He guides us, John 16:13; He teaches us, John 14:26; He speaks, Revelation 2:7; and He reveals, 1 Corinthians 2:10.

Scripture of the Month: Ephesians 4:3. Contact **Rose Narcisse**, 9fellowship@gmail.com.

Guitar Club



Larry Nakashima plays guitar as Ronni Itagaki sings "I Remember You" written by Victor Schertzinger and Johnny Mercer.

The next This n That Coffee House is **Thursday, September 3.**

Your neighbors appearing at our June Coffee House were Joan Savarese, Gary Soals, Patty Kohn, James Ling, Denny Rogers, Larry Nakashima, Ronni Itagaki, Bob Jacobs, Art Epperson, Tom Coolidge, Ron Van Siegman, Jim Fraelle, Len Wayne, Bill Morales, Andrew Morales, Taylor Engel and Roger Kohn.

If you have never been to the Coffee House, consider coming to this free event. We start at **4 p.m.** and usually end by **6:30 p.m.** It's an entertaining two and a half hours of music and song, a bit of poetry and sometimes comedy. Consider joining our email list. We'll send you a reminder a week before the next one and the lineup a few days before for the show. Let us know at guitarclubtrv@gmail.com.

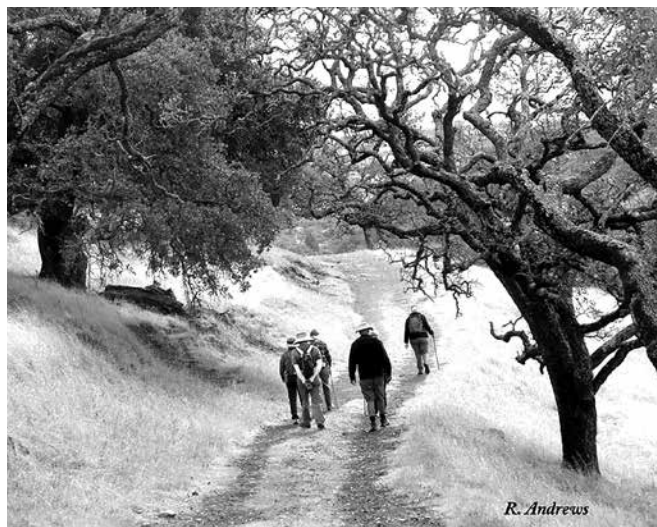
Guitar Club meets from **1:30 to 3 p.m.** in the **Multipurpose Room, Vista Club** on the **first and third Mondays**. Anyone is welcome to stop by, especially if you used to play.

The Beginners Workshop meets on the **second and fourth Mondays** from **1:30 to 3 p.m.** in the

Multipurpose Room, Vista Club. It's for anyone interested in learning to play guitar.

Contact **Roger Kohn**, **707-374-2737**, Guitarclubtrv@gmail.com. You can also contact **Bill Morales**, top4orty@gmail.com.

Hiking Club



Patwino Worrta Open Space 2026

We are a diverse group who share a love of nature and the outdoors. We enjoy the unique hiking locations available in our area. Our hikes often combine wildlife viewing and great photo opportunities with fresh air, exercise and socializing.



Unless otherwise announced, our hikes are on **Saturdays** year-round. May through October, we meet in the **Vista Club parking lot** near the waterfalls at **8:15 a.m.** to carpool or follow someone to the trailhead. We leave at **8:30 a.m.** sharp! (November through April we meet inside the Vista Club.)

A monthly member email and our website describe each event in detail. You are invited to view our website at trilogyhikingclub.weebly.com. Select a hike that matches your fitness and ability level and join us for a great outdoor experience. We welcome all new members



and look forward to meeting you. To get on the email list, contact **Carole Howe**, carolehowe@gmail.com. Hike leaders are welcome. If you have any interest in leading a hike, Contact **Ron Steiner**, ronjsteiner@gmail.com.

Our next hike is **August 15** at **Consumnes River Preserve in Galt, CA**.

International Folk Dance

June 6, we had a chance to perform a few hula dances for the Village One Residents Club Hawaiian Cruise-themed party. Our dancers, Carmen Wong, Cora Velasco, Diedre Guindon and Zeny Devera, performed the following dances: "Hele on to Kauia," "Keep Your Eyes on the Hands" and "Sophisticated Hula," along with an audience participation dance called "Tiny Bubbles." Our singers from the Ukulele Club, Bill Bailey and Claire McKean, provided the music.



Village One: Deidre, Cora, Carmen, Zeny, Jim, Bill and Claire

June 28, we performed a few dances for Mr. George and Mrs. Cora Sablan and guests at their wedding celebration here at Diablo Ballroom, Vista Club. We started with a line dance to the song "September" by Earth Wind and Fire. Leading the dance were our ladies and two gentlemen, Alejandro Quillopo and Jim Wong. We danced several verses and then dispersed to invite guests to join us for the remainder of the



Wedding Reception: Carmen and Jim with our newlyweds.

song. Next, we did a Hawaiian dance to Josh Tatofi's song, "Fakateretere." The song describes dancing freely and letting the wind carry you away, symbolizing a carefree life and love. Our costume for this dance was designed and sewn by Cora herself. Our final dance was done to a Tagalog song called "Hawak mo Ang Beat" or "You hold the Beat" by DJ Mogo. The song has gained popularity on social media in the Philippines and is used for both dance fitness and line dances.



Dance Practice: Back: Vhie Ibay, Liz Young, Cora, Pam Slater, Deidre Front: Zeny, Joyce Gomes, Susan Geonco and Carmen

Everyone is welcome to attend our weekly meetings. We meet each **Friday from 2 to 5 p.m.** in the **Multipurpose Room, Vista Club**, with line dancing starting at **3:30 p.m.** Contact **Carmen Wong, 650-438-0540** or **Pauline Rockett, 915-447-0938**.

Just Dance

Join our club every **Monday from 12 to 1 p.m.** in the **Rio Vista Room, Delta Club**. There are no steps to learn; you can dance alone or with a partner. Everyone has a great time, and you burn off some unwanted calories! Did we mention that we collect zero dues or fees? Join us! Contact **Judy Stinson, 707-374-3973**, stinson_lucky2@yahoo.com.

Just Write!

The dog days of summer are typically from early July until mid-August. The sweltering temperatures and high humidity in some areas can leave one feeling uncomfortable and lethargic. No wonder Eddie Cochran lamented in August 1958, "Sometimes I wonder what I'm a-gonna do. There ain't no cure for the summertime blues." In August 1966, Frank Sinatra had a different outlook when he crooned, "All summer long, we sang a song and then we strolled that golden sand." "Summertime Blues" was written



by Jerry N. Capehart and Eddie Cochran. "Summer Wind" was written by Heinz Meier and Johnny Mercer.

Sometimes authors, poets and lyricists have mixed emotions when they experience time off. Some can experience writer's block, while others might have greater insight into the subject or genre they've been exploring. Members of Just Write! are taking a break during this season, hoping that we'll be inspired to write the next best-selling novel, prize-winning poetry or number one musical hit. Perhaps we'll start or finish while we're in our backyards or on an ocean cruise, while visiting relatives or historic sites, in a plane, train, ship or car. Creativity can strike anywhere and we're eager to discover what each member has written as summer winds down.

We'll meet again on **Friday, September 18 at 2 p.m.** in the **Monterey Room, Vista Club** to share our experiences and listen to the tales, poems, articles, lyrics and memoirs. Contact **Judy Stinson, 707-374-3973** or **Suzi Cassone, 925-231-5213**.

Kindness Is Contagious

Kindness Is Contagious (KIC) would like to extend our thanks to Cindy Bradford, Executive Director of Rio Vista Care, for speaking at our June 26 Fourth Friday Speaker Series. Cindy Bradford shared valuable information about the many programs and services Rio Vista Care offers to support the senior citizens of Rio Vista. One of these programs, Assistance with Basic Needs, may provide eligible individuals with temporary financial assistance for rent or a month's PG&E bill.

Contact **Cindy Bradford, 707-374-5243** to learn more about available resources and eligibility requirements.

Please join Kindness Is Contagious for our next Fourth Friday Speaker Series on **Friday, August 28 at 3 p.m.** in the **Monterey Room, Vista Club**.

We are pleased to welcome Lorelyn Hechtman from the Rio Vista Food Pantry as our guest speaker. Come learn about the important work the Food Pantry is doing to serve our community and discover ways you can get involved.

The monthly Grief Support Gathering is led by Patty Harrison. We can share our journey as we continue growing through this season of grief and loss. The group meets on the **first Friday at 4 p.m.** in the **Marina Room, Delta Club**. Contact **Patty Harrison, 925-752-2280**.

KIC meetings are held the **second Friday from 3 to 4:30 p.m.** in the **Monterey Room, Vista Club**. Our next regular meeting is **August 14**. Contact **Kelly Bye, 925-250-3076** or **Claudia Serviss, 310-528-4688**.

Labyrinth Walkers



On August 8 at 9 a.m. mindfulness, known to bring peace and calm, will be our practice.

"Walking in Mindfulness," we notice our mind drift away. Our mind remembers a worry or a problem. We notice, we gently

return our mind to the here and now, to our feet kissing the labyrinth's path, to the labyrinth's surrounds. This is how we practice mindfulness. A repetition: we walk, the mind drifts away, we notice, we gently return our mind to our mindful walk. The **Labyrinth, Serenity Park** is available for solo meditative walking every day.

Every **Thursday at 9 a.m.** Tai' Chi Chih is offered by Trilogy Labyrinth Walkers at the **Multipurpose Room, Vista Club**. Per Facilitator Leila Phillips, Tai' Chi Chih is slow focused movements practiced with softness and continuity. The session is about an hour. Beginners are welcome.

These are our upcoming Saturday Walks at the Labyrinth at Serenity Park: **August 8, 9 a.m.** Walking in Mindfulness. **September 12, 9 a.m.** Honoring Spirit. **October 3, 9 a.m.** Journey Home. **November 7, 3 p.m.** A Time for Gratitude. **December 12, 3 p.m.** Precious Gifts.

We'll have the following Solstice and Equinox Walks: **September 23, 6:30 p.m.** Autumnal Equinox and **December 21, 4:30 p.m.** Winter Solstice.

Walking together since 2006, come join us. Contact **Elaine Wisz, 707-374-4310** or **Leila Phillips, 906-367-3882**.

Mah-Jongg: Hong Kong

Our June 29 Mahjong tournament was a lively, heartwarming event filled with skillful play, delicious food and genuine camaraderie, highlighted by the victories of Marcia Lodge, Marianne Melby and Craig Galloway, who each took home well-earned prizes.

1st Place: Marcia Lodge played with sharp strategy and steady confidence, rising above the competition to claim 1st place. She proudly took home a trophy and a stylish Mahjong T-shirt, celebrating her well-deserved win.

2nd Place: Marianne Melby secured her placement with thoughtful tile reading and consistent performance.



From left to right: 1st place winner - Marcia Lodge 2nd place winner - Marianne Melby 3rd place winner - Craig Galloway

Her prizes included a trophy and a cozy warm throw blanket, perfect for relaxing after a long day of Mahjong.

3rd Place: Craig Galloway fought his way into the top three with determination and smart defensive play. He earned 3rd place and received a men's Mahjong T-shirt as his prize.



1st place trophy



2nd place trophy

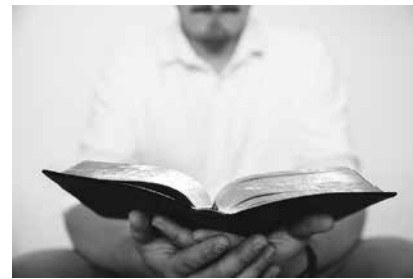
The tournament wasn't just about competition; it was a full community celebration. Tables were filled with plenty of food, refreshing drinks and the warm chatter of friends enjoying each other's company. The atmosphere stayed upbeat and welcoming all day, with players cheering one another on between rounds. June 29 will be remembered as a day of friendly rivalry, community bonding and Mahjong pride. Congratulations again to Marcia, Marianne and Craig for their outstanding achievements.

We meet every **Monday from 12:30 p.m. to 3 p.m.** in the **Sonoma Room, Vista Club**. Join us for a fun time. Contact **Dory Peri, 707-326-6628**.

Mah-Jongg: Joy Luck

We play the Chinese version of the game every **Friday from 6 to 9 p.m.** in the **Sonoma Room, Vista Club**. We are a friendly group who will teach you how to play. It's like Rummy: three of a kind or a three-tile run. If you play the matching game on your computer or phone, you're halfway there, except we play with beautiful Chinese tiles! Please join us! Contact **Sukay Ho, 707-416-1999**.

Men's Fellowship



Men's Fellowship provides participants with an opportunity to become better acquainted with the Bible and to study selected books of the Bible

in depth. Men's Fellowship has grown over the last decade from just a few men to a current roster of over 100. It is amazing how much we have grown and how enjoyable our studies have been. We would love to have any man interested in studying the Bible attend our meetings.

Men's Fellowship has expanded to include two opportunities for Bible study. In addition to meeting on **Wednesdays from 9:30 to 10:30** in the **Rio Vista Room, Delta Club**, there is also an opportunity to attend another study on **Saturday from 9 to 10 a.m.** in the **Multipurpose Room, Vista Club**. You are welcome to attend either study or both!

The Wednesday group is currently studying Romans. The Saturday group is studying Genesis. We also continue to livestream the Wednesday meeting until further notice to accommodate those who cannot attend or still wish to attend remotely. The Wednesday meeting is also recorded so those who cannot attend can view the meeting later via an email link.

Contact **Bill Whitford, 925-768-8006, billmj@astound.net** or **Mike Warr, 253-312-8371, mwarr48@gmail.com**.

We invite you to come and join us for an uplifting time with a great group of guys! 1 Corinthians 16:13-14 says "Be on your guard; stand firm in the faith; be men of courage; be strong. Do everything in love."



Model Club

Our Model Sailboat Regatta is on the **second and fourth Tuesdays at 2 p.m. at Vista Pond, Vista Club.** It's something to see!

Road racing is on Mondays at 10 a.m. in the parking lot near Summerset Courts.

Dirt track racing happens on **Wednesdays at 10 a.m. on the track off Airport Road.**

Drag racing is on **Fridays at 10 a.m. on the dead-end road near the police station.**

The Model Club meets on the **first Friday at 9 a.m. in Monterey Room, Vista Club.** Come and have some fun!

For more information about Cars and Coffee or other Model Club activities, Contact **Ted Tome, 925-691-4676, tedtome@hotmail.com.**

Motorcycle Club



Trilogy Motorcycle Club (Windy Riders) 4th of July Parade

For Trilogy's Motorcycle Club, the Windy Riders, it's all about the ride and we prefer taking the road less traveled. It's also about the camaraderie and sharing a good lunch together. Our members ride various two- and three-wheel motorcycles. Feel free to join us; there are no dues and no meetings. We ride every **Wednesday**, and sometimes on **Saturday**, weather permitting.

Our destinations include such favorites as Calistoga, Volcano, Bodega Bay, Benicia, Napa and Winters. We recently rode to Mare Island and enjoyed lunch at the Sardine Can. You saw many of our members leading the parade on Fourth of July. We have longer Saturday rides planned for trips to Mendocino, Monterey, Alice's Restaurant, three passes in one day via Highway 4, Highway 88 and other interesting rides.

Get on the members text list to get notified of scheduled upcoming rides. Contact **Greg Cruz, 916-398-0374** or **Craig Holt, 650-619-4012.**

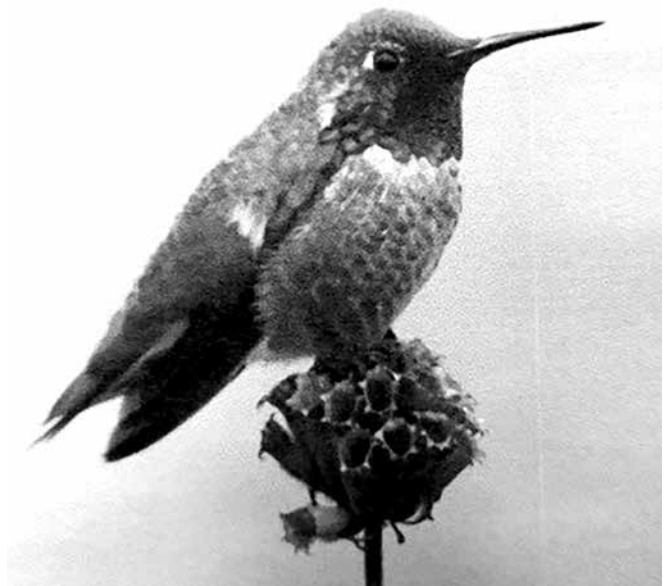
Movers and Shakers

This is a support group for those with Parkinson's, Essential Tremor, Dystonia or any other movement disorder.

We discuss topics such as medications, nutrition, exercise and the latest information a member has learned and can share. Spouses and caregivers are welcome. At the end of each meeting, we have refreshments and social time. We'd love to have you join us. We meet on the **third Wednesday at 6 p.m. in the Monterey Room, Vista Club.** Contact **Suzi Masterson, 707-845-8426.**

Nature and Birding Club

"Like airborne jewels, hummingbirds sparkle and shimmer, dazzling us with otherworldly colors all summer long," according to Cornell Lab eNews. Hummingbirds are among the most recognizable of all birds. A characteristic that sets them apart from other birds is their hovering, insect-like flight. They have the ability to remain stationary in midair almost indefinitely, as well as to fly backward, straight up, straight down and side to side.



Anna's Hummingbird. Photo by Mona Lange.

There are 18 species in North America. All feed primarily on nectar from flowers. They also take tiny insects from vegetation or capture them in flight. Anna's Hummingbird is resident here in Trilogy year-round. Males are distinctive with red crowns and throats. Two other species that are seen or pass through our area are the Allen's and Rufous Hummingbirds.



Our fall schedule includes activities for October through December. The first fall field trip will be on **Thursday, October 22 at 9 a.m.** to **Lodi Lake Park, Lodi**, a riparian area alongside the Mokelumne River. The trip is an easy-to-moderate loop of 1.5 to 2 miles round trip on level ground with some paved areas. There are benches along the way. Meet us in the **Vista Club parking lot** near the waterfall. Bring water, snacks and lunch if desired. Parking fee is \$6 per vehicle for seniors, cash only. Bathrooms are in the parking lot. The tour ends by 12 p.m.

The November field trip will be on **Tuesday, November 17 to Cosumnes River Preserve, Galt**. The December event will be on **Thursday, December 3**. It begins with a Trilogy nature walk around the Vista Club at **10 a.m.** It is followed at **11 a.m.** by our annual holiday lunch and meeting in the **Monterey Room, Vista Club**.

For field trips contact **Mona Lange, 925-753-5029, mmly@sbcglobal.net** or for general inquiries **Viola Saima-Barklow, 707-374-5047, rvnareclub23@outlook.com**.

Pickleball Club



Lynn Leary, one of the founding members of the Trilogy Pickleball Club.

The fourth Annual Lynn Leary Memorial Round Robin Pickleball Mixer will be held next month on **Saturday, September 12**. This special event honors one of our club's founding members, Lynn Leary, who

embodied the best aspects of the game through her generosity, infectious laugh and inclusive spirit.

In her honor, the club established the Lynn Leary Spirit Award last year, with Jon Webb named as the inaugural recipient. The winner of this year's award will be announced during the mixer.

This event has become a much-anticipated tradition that includes players of all levels. The club will provide lunch for all participants and their partners. We are grateful to Nancy Byl for chairing the event committee again this year and to May Wong and Dave Sperry for coordinating the round robin. We are also fortunate to have the Montezuma Fire Department volunteer to prepare the main dish; we ask that participants bring a side dish or dessert to share.

Registration is now open, to sign up contact **May Wong, maycw80@gmail.com**. General inquiries contact **Debbie Johnson, president.trvpc@gmail.com**.

Pinochle

The Pinochle Club meets every **Thursday** from **5 to 8 p.m.** in the **Sonoma Room, Vista Club**. We play double-deck pinochle, and there are no dues. Enjoy playing Pinochle? Come join us, even if you have not played for years. You do not have to bring a partner. If you would like to learn to play pinochle, call **Shirley Grijalva, 707-374-6752, grammygrijalva@gmail.com**.

Poker

The Poker Club meets every **Monday** night from **6 to 10 p.m.** in the **Marina Room, Delta Club**. We play games like Seven-Card Stud, Omaha and others. We let the cards declare the winner. There is a \$6 buy-in, allowing only nickel-and-dime bets. Dealers rotate and call the game. New players are taught each game. Everyone is welcome! Contact **Gary Soals, 408-930-0550**.

Poker Tournament

Join us for exciting tournament poker events featuring either Texas Hold'em or Omaha Hi/Lo every **Saturday at 6 p.m.** in the **Marina Room, Delta Club**. Players are requested to arrive by **5:45 p.m.** for table seating. We have three brand new tables thanks to TRVMA, and we are looking to add new players. Our event is open to everyone who knows how to play or is eager to learn. Instructions and rules will be available whether you are experienced or new to the games. There is a \$10 buy-in to participate along with a voluntary one-time \$5 or \$10 add-on or rebuy available. First-time resident players will receive a free buy-in. We are a friendly crowd, and we have a casual atmosphere for a nice evening playing poker. Contact **Chris Oliver, 925-699-0836, chrisoliver61@gmail.com**.

Pottery Club



We meet every **Wednesday from 9 a.m. to 1 p.m.** in the **Marina Room, Delta Club** to get our hands dirty and play in the mud together. We welcome visitors to come see us working



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with our clay and tools. We schedule weekly kiln firings of our greenware and glazed pieces, coordinating our kiln usage with the Ceramics Club. Our size is limited due to room and kiln space, but we have a waiting list for those who want to join us as soon as space becomes available. Dues are \$25 per year, with a one-time \$25 for supplies. Contact **JoEllen Conway**, 510-685-5064, conwayjoellen@gmail.com.

Radio Club

Trilogy Radio Club supports all FCC-licensed radio operators (HAMS) as well as anyone interested in amateur radio. Using transceivers, we can talk with family, friends and others around the world. We chat with other HAMS using voice, Morse code and a variety of digital modes. Others are simply listeners using shortwave receivers or Software Defined Radio (SDR) on their home computers or laptops. Anyone can listen for free, but you do need to be FCC licensed to transmit.

Trilogy Radio Club supports the Solano County Sheriff's Office of Emergency Services (OES) through the Auxiliary Communication Service. You may want to listen in on our **7 p.m. Monday** night meeting, or "Net" as it is called, on frequency **441.150**, or our **Thursday 7 p.m.** local Trilogy net on frequency **147.510**.

We regularly meet in person every **third Tuesday at 9 a.m.** in the **Monterey Room, Vista Club**. Occasionally, we meet for breakfast at one of the local restaurants in Rio Vista.

Members of the Trilogy Radio Club remain ready to assist anyone expressing a desire or interest in amateur radio. When the power is out, and the internet and phones are down, the radio works! If you are interested and would like further information, please stop by one of our in-person meetings or call **Mark Phillips**, 707-590-1510 or **Russ Haig**, 510-455-1059.

Religions of the World



The next meeting of the Religions of the World (ROW) will be **August 4 at 6:30 p.m.** in the **River Room, Delta Club**.

Jim Hodges, one of the club's three leaders, will present the next session of our year-long

look at "What Comes Next," as we examine the beliefs of various religions or groups relative to life in the next world, spiritual progress, heaven and hell, burial practices and other related concepts. In our August meeting we will examine the Eastern Orthodox religion as well as Christianity's Protestant perspectives. We



Our March 26 ROW meeting with Jim Hodges leading the discussion. Photo by Dave Bellamy.

began looking at the Christian perspectives earlier this year with a look at the beliefs and practices within Catholicism.

In the coming months, we will conclude the programs in this series. If you have suggestions for a new series, where we could explore common subjects through all the religions, please let us know.

Contact **Dave Bellamy**, 303-229-6942, flyinggrayeagle@gmail.com or **Mark Roseman**, markroseman@gmail.com.

Rip, Stitch and Bitch

If you enjoy knitting, crocheting, needlepointing, and similar activities, you should check out our group. We work on our individual projects, produce crafts and laugh a lot. If you are interested in joining, stop by **Monday from 12:30 to 3 p.m.** in the **Monterey Room, Vista Club**. We would love to meet with you! Contact **Donna Chambers**, 707-374-4319.

RV Roamers



Roamers enjoying an evening out together.



The Roamers enjoyed another outstanding adventure with a great turnout of 22 campers, along with four additional members who joined us for a day trip. Our camping hosts did an excellent job organizing a wonderful getaway.

The theme for the trip was an old-fashioned barbecue featuring juicy burgers with all the fixings. The campground was beautiful, with manicured green lawns and we couldn't have asked for better weather.

During the day, members enjoyed board and card games, explored the local beaches, sampled the area's restaurants and visited a variety of local attractions and businesses. Evenings were spent relaxing around the campfire, where John Santa Maria entertained us on the guitar and Taylor Engel accompanied him on the ukulele as everyone joined in singing. Those campfire gatherings were a perfect way to end each day.

We also celebrated a special milestone during the trip. Joe Helweg retired after 23 years of dedicated service with BART. Congratulations, Joe, on your well-earned retirement! We wish you many years of happiness, good health and new adventures in this exciting next chapter of your life.

Upcoming trips include Bodega Bay **August 31 to September 4**; Costanoa near Santa Cruz **September 20 to 24**; Jackson Rancheria **October 5 to 9**; annual meeting/Thanksgiving potluck **November 19 at 5 p.m.** in the **Rio Vista Room and River Room, Delta Club**. If anyone is interested in joining our camping community, we'd love to have you! Contact **Bev Combs, 925-348-0203, bjlc7@icloud.com**.

Scrabble Club



Do you love word games like Scrabble and Bananagrams? Join a community of fellow word enthusiasts for an evening full of fun, laughter and friendly competition.

Meet new friends, challenge your vocabulary and enjoy some clever wordplay.

Whether you're a seasoned pro or a novice, everyone is welcome. Scrabble is excellent for keeping your mind young, sharp and active, as it engages multiple areas of the brain at once. Word games exercise both short-term and long-term memory, and they push you to think strategically and creatively.

Come play, connect and have fun — one word at a time.

We meet every **Monday at 4 p.m.** in the **River Room, Delta Club**. Contact **Jackie Richardson, 510-435-9939** or **Yolanda Manion, 510-415-8283**.

Sew Saturdays

Sew Saturdays is an exciting club for people who like to sew. Throughout the year, we will offer classes and fun Sew Saturday events. You will need to bring your projects to work on. We will have plenty of workspace and tables set up for your projects. They can be quilts, fiber art, garments or other textile projects.

We meet every **Saturday from 11 a.m. to 4 p.m.** in the **Marina Room, Delta Club**. Come when you can and enjoy fellowship, make new friends, and have fun learning from each other. Bring your sewing machine and other supplies for your project. We will supply extension cords and power strips for your machine. We look forward to seeing you there. Contact **Kay Kelley, 909-234-6913, kaykelley221813@gmail.com**.

Square Dance



Grand Squares capture Diamond Dancer banner.

Square dancing is excellent exercise for the mind and body and also provides important social connections. The Grand Squares love opportunities to dance with other clubs and host visitors to our beautiful venue. A few of our members dance weekly with clubs in Vacaville and Jackson. Members of our club recently traveled to Galt and to San Andres to dance with their local clubs and capture their banners, which ensures reciprocal visits. Meanwhile, we enjoy our own weekly dances and practice sessions. It's all about making new friends and maintaining old friendships and, of course, dancing!

If you are a square dancer, join us! If you would like to be a square dancer, call us or stop by and check us out.



We meet every **Wednesday, 6:30 to 9 p.m.** in the **Rio Vista Room, Delta Club**, to dance to our caller's instructions. The first three meetings are free; after that we donate \$5 to \$7 per session. This money goes directly to our caller for his time and expertise. Contact **Randy and Sharon Riley, 925-787-0610, rsriley1972@gmail.com** or **Gene Mothershead, 707-378-3639, gmothers@juno.com**.

Table Tennis Club



People of all ages and abilities play table tennis because it is easy to learn, fun to practice and inexpensive to pursue. Also, it provides good physical and mental exercise, especially beneficial for seniors. What is the

appropriate age to begin learning the sport, and at what age should one stop? At a recent tournament sanctioned by the USATT Association, during a recess when one table was not being used, a contestant placed her 10-month-old infant on the table and put a paddle in its hand. She wanted her infant to "experience the playing environment and get a feel for holding the paddle." At the same event, three of our members were humbled by losing to children 7 to 10 years old!

The topic of the day in table tennis is the outstanding performance of a 14-year-old Japanese player, Harimoto Tomokazu, who defeated several top Chinese, Japanese and German players, including the world's number one champion. The legendary Australian Grand Old Lady of table tennis, Dorothy De Low, continued to compete past the age of 100. When celebrating her 103rd birthday, she declared that she was no longer ambitious, but table tennis had kept her fit so she continues playing for enjoyment. Our club has few ambitious members, but most of us play for exercise and enjoyment.

Community Ping-Pong is open to all residents and their guests. It is free, and no club membership is needed (please wear non-slip shoes — all other needed equipment is provided). It is every **Friday from 1 to 4 p.m.** except the **fourth Friday** when it's **1 to 3 p.m.** in the **Rio Vista Room, Delta Club**.

Club practice sessions are held every **Tuesday, Wednesday, Thursday and Saturday**. To learn more about the club, please visit <http://trvtt.wordpress.com> or contact **President Keith Flashberger, 925-813-0292, Vice President Kevin Chan, 925-989-1032** or **Secretary-Treasurer Barry Tagawa, 415-516-1844**.

Tennis Club



The June 13 Tennis and Eats was a big success. A dozen people played three match sets. Afterward, numerous other Tennis Club members showed up for a brunch buffet picnic at the bocce ball picnic

tables. We will likely have another similar event during July or August.

Team Tennis, previously played on Saturday mornings may be resuming. Bill Kienzle will send out an announcement about when Team Tennis will be restarting, its format and how to participate.

At the last Tennis Club meeting, there was discussion about using an online court reservation system. The Brentwood tennis players have been using a system called "Your Courts" and indicated that it works well. Club members can check out this product and any others that are available for use online and let others know what they think. Your Courts charges \$22 per month for two courts. For the time being, continue to use the chalkboard to reserve courts, up to 72 hours in advance.

Social tennis is scheduled for every **Thursday morning at 8:30 a.m.** Show up if you are interested in informal drop-in play. It's a great way to improve your skills without worrying about the score so much.

Contact **Sandy Price, sandyprice03@gmail.com** to get on the Tennis Club email list to get notified about our monthly meetings and events.

Theater Group

Trilogy Theater Group's (TTG's) fall production will be *The Cemetery Club* by Ivan Menchell, directed by TTG's Kevin Kennedy. Assistant Director Carol Foote calls it a charming comedy with a dramatic streak. Auditions, which are open to all, are on **Monday August 3 from 11 a.m. to 1 p.m.** and **Tuesday, August 4 from 6:30 p.m. to 8:30 p.m.** in the **Multipurpose Room, Vista Club**. The play will run from **October 21 to 25**.

Anne Creighton leads TTG's Play Reading Group, which reviews plays for possible production. The five-member committee reads and evaluates scripts from TTG's library and some suggested by club members. Anne looks for plays that are well-suited to a senior theater group.

Over several months, group members typically read six to 10 plays independently. They meet to read aloud and discuss them, debate the merits of the scripts and select four or five favorites to recommend to the TTG Board.



Anne loves reading plays, sharing them with others and listening to people get into the characters. "Sometimes it's surprising," she says. "We once read a comedy that had everyone laughing throughout," she says, "but when it came time to vote, nobody chose it as their favorite."



Anne Creighton leads TTG's Play Reading Group

Anne joined TTG in 2013. Her late husband, Dean, appeared in two TTG plays and was active in more than 70 productions throughout his theatrical career. Anne worked backstage on props and staging for plays in which her husband and daughter appeared.

"Part of the reason I'm involved with TTG is to honor Dean and keep his legacy alive," she says.

TTG meets on **the fourth Tuesday at 7 p.m.** in the **Marina Room, Delta Club**. Contact **Melanie Ulricksen**, melanieu@icloud.com.

TOPS

Join us every **Wednesday at 9 a.m.** in the **River Room, Delta Club** for our TOPS meeting. We weigh in from **7:30 to 8:45 a.m.** We have a warm, fun-loving community of people who will champion your desire to lose weight. Some of the people have met the goal weight their doctor set for them. The achievements of these people inspire everyone else to keep losing and become healthier. TOPS is an organization dedicated to losing weight and healthy living. Contact **Cathy Lee**, 925-443-9798, calee123@aol.com.

Travelers' Roundtable



Whether you were vacationing or staycationing for the month of July, we hope you are having a happy summer!

Travelers' Round Table took a vacation for July but will resume our regular schedule on **Tuesday, August 11**. At that meeting, members will complete voting to choose which destinations and topics they would like to explore in upcoming months. We would love to hear your ideas and suggestions.

Our discussion will focus on visiting U.S. National Parks and state parks. We'll also talk about train travel and river travel within the United States.

Of course, the meeting always ends with Hot Topics, where members bring up any questions about their upcoming trips.

We meet on the **second Tuesday from 2:30 to 4 p.m.** in the **Multipurpose Room, Vista Club**. The club is open to all residents and has no fees.

"There is nothing so American as our national parks...the fundamental idea behind the parks is that the country belongs to the people, that it is in process of making for the enrichment of the lives of all of us." – Franklin D. Roosevelt. Contact **Suzanne Perry-Paige**, **Deb Puppington** or **Mary Kay Rosteck**, trvroundtable@gmail.com.

Ukulele Club



Aloha, ukulele music is alive and well and striving to be even better. During May we competed, playing from our revised version of Book 1, and in June started playing from our newest music book.



clubs + groups

Co-leaders Claire and Bill finally came up with a new theme to identify our new books as we compile them: Hawaiian island names. The Ukulele Club invites those interested to come to either of two meeting times: **10:50 a.m.** for the beginners who are learning the ukulele, or **12 p.m.** for the intermediate players who already have the skills and chord knowledge. Come see us on **Wednesdays** in the **Diablo Ballroom, Vista Club**. We do not limit ourselves to just Hawaiian music; we enjoy songs from the 1950-60's and beyond in many genres. What are you waiting for? Dust off that uke in the closet and join the fun. Contact **Claire, 1chanteuse@frontier.com**. Contact **Bill Bailey, 925-550-5710**.

Visually Impaired People Support Group



VIP is a support group for those in Trilogy who are visually impaired, worried about becoming visually impaired or spouses, partners and caregivers of the visually impaired.

The focus of the group is to share experiences, resources and information.

A 15-page list of resources has been compiled and is available to anyone. Send a request to **christine3075@gmail.com**. There are two main support organizations recommended for the visually impaired:

The first is the Society for the Blind in Sacramento offers support groups, a low vision clinic, home evaluation, a retail store, senior impact programs and more. Visit **societyfortheblind.org** for more information.

The second is Hadley, which offers a wealth of information and resources for those with low vision. Visit **hadley.edu** or call **800-323-4238**.

Meetings are held quarterly on the **fourth Thursday at 2 p.m.** in the **Monterey Room, Vista Club**. Check the HOA calendar for any changes. Our remaining meeting date for this year is **October 22**. Contact **Pearlena Erata, 510-552-9085, christine3075@gmail.com**.

Walk and Talk

We walk, we talk, but what else do we do? One could argue that listening may be the crucial element that makes it work. We listen to people's stories. We think of things to say that fit the conversation we're hearing.

Walk and Talk is an activity where people listen to what others say as they decide what they want to say. Whether relating ups and downs, sharing something funny or sad or delivering crucial news or mundane

trivia, we actively respond to our mates' comments, stories and opinions. The easiest part of the experience is walking; it seems like just five or ten minutes!

Walk and Talk meets every **Monday, Wednesday and Friday at 9 a.m.** in the **Grand Living Room, Vista Club**. Our walkers enjoy a variety of walking times and durations. Some look for speed; others walk at a leisurely pace. Some stay inside and use the walkway above the pool; others go outside. Some enjoy extended conversations at Café Vista following the meeting. All are welcome, and there are no fees. Contact **Doug Matacio, 707-507-9065, dmatacio@burmanu.ca**.

We Care 4 You

We are a club for caregivers and the ones they care for.

Are you caring for a spouse, parent or friend — or navigating life with health or mobility challenges yourself? You're not alone.

We Care for You is a welcoming, inclusive club where caregivers and care recipients come together for connection, conversation, shared activities and encouragement. This is not a therapy group — it's a community of neighbors who understand the realities of caregiving and believe life is meant to be lived together.

We meet on the **first Friday from 1 to 3 p.m.** in the **Monterey Room, Vista Club**.

Contact **Sean and Kimberly Fields, fieldssk5new@gmail.com**.

Whist Club



Whist Club Scholarship Winners

The Whist Club, Working Hard in Service Together (WHIST), works in service together toward utilizing our collective talents, skills and expertise to create enjoyable and educational activities to enhance our



retirement experience. Our purpose is to support our Rio Vista Community, grant scholarships to Rio Vista High School graduates and develop and implement programs that reflect our African American culture and life experiences. Our goal is to share these experiences and programs with our families, Trilogy residents and the surrounding communities.

TWC celebrated Juneteenth on June 20, with African dancers, music, poetry, a raffle and Chef Arvel's traditional Juneteenth spread. We are thankful to all who chose to join us. Your ongoing support allows us to continue to perform our mission of supporting the Rio Vista community. With your continued support, we were able to issue seven scholarships to Rio Vista High School graduates.

TWC's Operating Committee meets on **the first and third Mondays at 6 p.m.** in the **Monterey Room, Vista Club.**

TWC's socials are held on **the first and third Fridays** at the **Delta Club.** Come share games, food and music.

New members are welcome to join and share their valuable, fresh ideas or to just have fun!

Contact **Janice Wilson, 510-759-9069** or **Andrea Canaan, 415-515-5943.**

Wine Lovers Club

Greetings from the Grape! Remember, if you buy wine at a grocery store, it's not wine; it's groceries!

The Wine Lovers Club promotes the appreciation of all things wine. Our club's benefits include meeting local area winemakers and winery owners, tasting their creations, enjoying light bites and engaging in camaraderie with fellow wine enthusiasts.

The club is planning numerous events for coming months. On July 19, we hosted Country Roads Wines from Clarksburg, another family-owned and -operated winery. Winery owner Andy took the group through his background and style of winemaking. On August 20 we hit the road to Lodi/Acampo to visit Fields



Family Wines, a big hit several years ago when we hosted them here in Rio Vista. Great wines along with stories about the winery, and maybe we will be treated to Michaels' fun chewing wine demonstration.

If you are not already a member, join soon to enjoy all we have to offer. Contact **Jory Hite, trvwc@yahoo.com.**

Wine tidbits! In the U.S., the 75-85-95 rule refers to federal guidelines that govern the minimum percentage of grapes required to make specific claims on a wine label: 75% for variety. At least 75% of the wine must be made from the grape named on the label. 85% for Region/AVA: grapes must be grown in the AVA. 95% for Vintage: 95% of the grapes must be from the harvest year printed on the bottle! That's all for now, Wine Folk!

Women's Fellowship



We are on summer vacation. The Bible study will resume on **Thursday, September 3.** We look forward to a brand-new study. We hope to see you then.

We have Revival Praise and Worship on the **last Sunday.** They will also be on summer break for the months of July and August. We will be back on **Sunday, September 27.**

For morning class **Patty Bromell, 925-212-0478** or revivals contact **Dee Thompson, 925-303-7356.**

YOYO Aqua

You're On Your Own (YOYO) — but never alone! The club meets at **Delta Pool** every **Friday, Saturday and Sunday at 10 a.m.** Bring pool noodles and water dumbbells, both optional. Join us for fun in the water with music, movement and laughter! Go at your own pace and find what works best for you. Exercise, socialize and groove with a warm and welcoming group. Contact **Cathy Takaki, 916-505-5153.**





A PARADE OF WINNERS

Celebrating the creativity and community spirit of this year's Fourth of July Parade

CLUB WINNERS



DANCE CLUB



DOG CLUB



DRAMA CLUB

Creativity, enthusiasm and community spirit were on full display throughout this year's Fourth of July Parade. Congratulations to the clubs and individuals whose entries stood out along the route.

AND THE INDIVIDUAL WINNERS ARE...



JEFF CARANZA



JOSEPH JOYCE

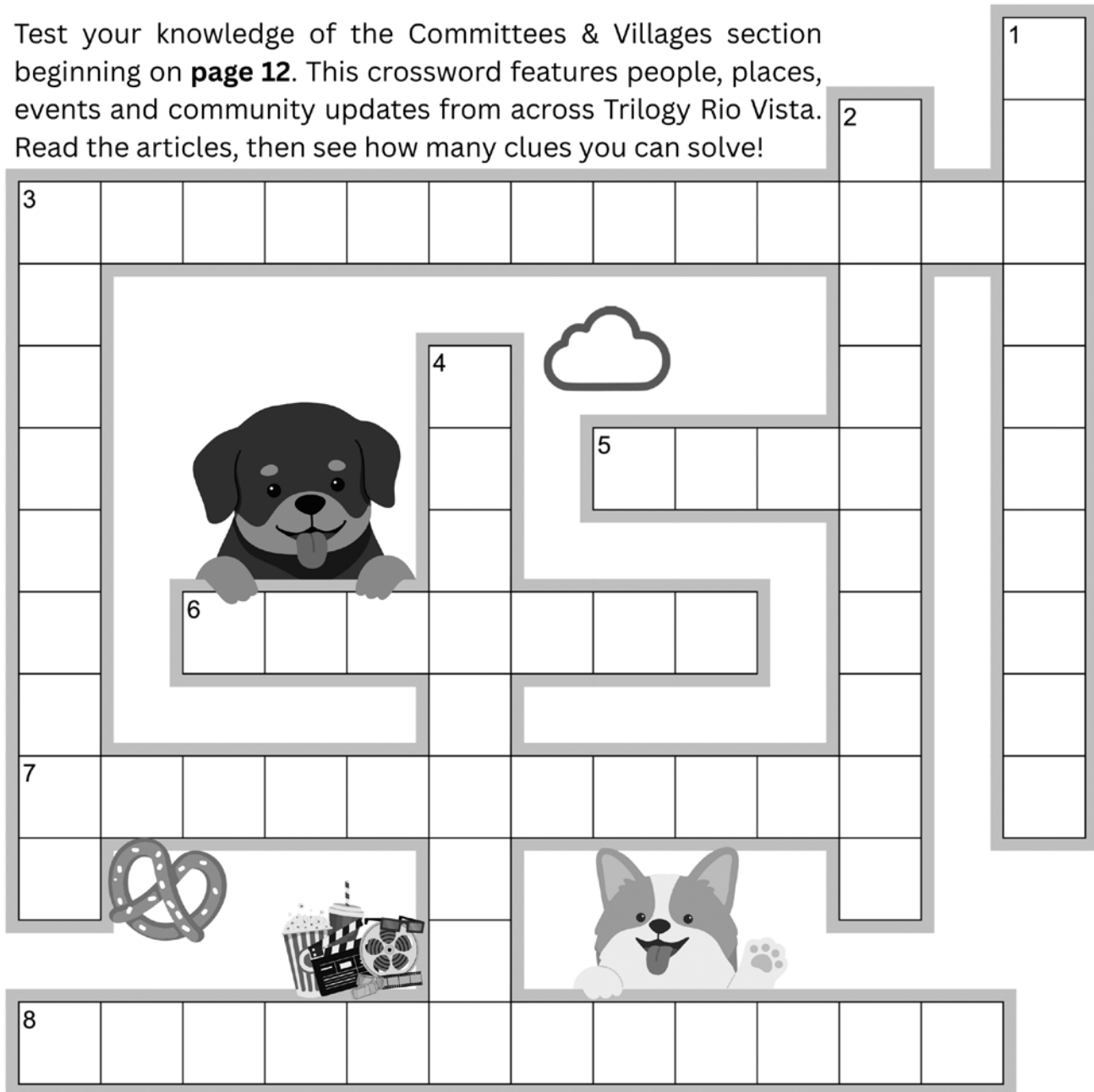


DIANA VASQUEZ

Congratulations to all of our winners and thank you to everyone who decorated, participated, cheered and helped make the parade such a memorable part of the celebration.

Villages + Committees Crossword Challenge

Test your knowledge of the Committees & Villages section beginning on **page 12**. This crossword features people, places, events and community updates from across Trilogy Rio Vista. Read the articles, then see how many clues you can solve!



ACROSS 3. Your car's setting that blocks smoky outside air by recycling the air already inside the cabin. **5.** Oakmont Village's first Hawaiian-themed event, featuring roasted pig, Huli-Huli Chicken, island fare and entertainment. Lifestyles is having one too this month! **6.** Recently upgraded with new walkways, with additional benches approved to improve comfort and accessibility. **7.** Village One Residents Club's annual dinner event scheduled for early October. **8.** A free movie-and-popcorn event welcoming Trilogy residents and their guests. **DOWN 1.** This Vista Club space is being refurbished, potentially with the existing tables be restored rather than replaced. **2.** The best way to know whether the outside air is safe to breathe, measured on a scale from 0 to 500. **3.** Guest speakers will discuss activities including Hot August Bites and the RioVision Art Gallery. **4.** One of the free resources suggested for checking the Air Quality Index before heading outdoors.



Trilogy at Rio Vista HOME-BASED BUSINESS DIRECTORY

Trilogy home-based businesses are required to have a City of Rio Vista Business License.

ANP Business Consulting

50 years' tax preparation experience. Can E-File your taxes. IRS approved & recognized in multiple states. Call Tony @ 925-451-5825

Discover the World by Land & Sea with Best 4 U Travel!

Love river or ocean cruising? Dream of immersive escorted tours anywhere on the globe? Let experienced travel advisor Jan Day craft your perfect getaway! Personalized service, expert planning and unforgettable experiences. Contact Jan at jan@best4utrade.com. Call 1-925-518-5558 BEST 4 U TRAVEL, LCC – Your journey starts here!

Home Health Care

We offer caregiving services in our facility, Golden Star Home or on a one-to-one basis. Call us for a free assessment. Naomi 707-374-4087 or 707-631-0010

Michael Hodell Taxes

Tax preparation by a Registered Tax Preparer with over 30 years' experience. Call Michael @ 951-326-0487

SERVICES

Freddy the Handyman

Drains cleared, faucets replaced, light fixture switches replaced. Replace cabinet doors and drawers. Hinges repaired. Attic ventilation. Call Freddy @ 707-374-0100 or 805-748-9463. Lives in Trilogy.

Golf Carts Wanted

Running or not. Cash paid, some limited service. Also, I will answer any questions. Call Dennis @ 707-378-3423

Handyman

Faucet, disposal replacement, toilet repairs, door lock replacement, smoke detector service, cabinet door repairs, light fixtures, fans, install switches, and wall plugs replaced. Fast and affordable. Rick, Trilogy Resident 707-330-8742

SERVICES

Hairdresser

Hairdresser with over 25 years' experience will cut, perm and color your hair. Call Kathy @ 925-708-6121

iPhone Help

Ready to feel confident with your iPhone? Let's make your phone work for you, not against you. Troubleshooting for common and uncommon iPhone issues or dealing with 3rd party services. Call Dory @ 707-326-6628

Love Cruising? Crave Adventure?

Best 4U Travel nails epic river & ocean cruises PLUS escorted tours worldwide! Your next adventure is just one call away. 1-925-518-5558 jan@best4utrade.com Don't wait. Book your escape NOW!

SERVICES

Mailboxes Painted, Repaired & Replaced

Call Trilogy Resident Scott Rice 707-507-9391

Mobile Golf Cart Repair

We come to you. Providing complete service – guaranteed work. We also buy carts. Contact Ken @ 925-787-7876 or James @ 707-378-3026

Mobile Notary

Need a notary? I am available for all your notarial needs! Insured, efficient, timely & professional. Responds within 1 hour. Discounts available. Call Venia 510-913-0183

Notary To Go

Only \$15 per notarization. In the comfort of your home. Discounts



SERVICES

for multiple documents. Since 1984. Call Warren @ 707-374-3477

Painting

Interior and Exterior by Ron Phillips Painting. California State License #422737. Bonded and Insured. Call Ron for free estimates 707-374-5954

Plumbing, Sewer & Drain Cleaning, Hot Water Heaters

Toilets, garbage disposals, faucets, water leaks, drains unclogged. 46 years' experience, local resident, licensed, insured, call Michael Charles, Rio Vista Plumbing & Drain: 707-375-5424 24/7

Rain Gutter Cleaning

Pressure washing driveways, patios, patio covers, walkways, whole house. Will also clean rain gutters. Call Scott Rice at 707-507-9391

SERVICES

Tax Preparation

With over 50 years' experience, can E-File your taxes; Individual, Trust, LLC, C corporation, S Corporation, Non-Profit. IRS approved & recognized in multiple states. Call Tony @ 925-451-5825

Tax Preparation

Need to file your taxes? I'll prepare and E-File your individual taxes for you. With over 30 years' experience, they will be done correctly. Itemizations, Interest stocks and bonds, self-employment and rentals to name a few. Contact Michael @ 951-326-0487



"A best friend is someone who knows the song in your heart and sings it back to you when you forget the lyrics."

— Nidhyati Rathore

"REST IS NOT IDLENESS, AND TO LIE SOMETIMES ON THE GRASS UNDER TREES ON A SUMMER'S DAY, LISTENING TO THE MURMUR OF THE WATER, OR WATCHING THE CLOUDS FLOAT ACROSS THE SKY, IS BY NO MEANS A WASTE OF TIME."

— John Lubbock

Want to Run a Classified Ad?

Forms are due on the fifth of the month prior to publication. Cost is \$10 for 25 words.

Additional words are \$0.25 per word. Checks only.

To place a Trilogy-Based Business Ad, the cost is \$15 per ad.

All advertisers must be current Trilogy Residents or current Trilogy homeowners.

Forms are available in the new resident portal at mytrv.frontsteps.com.

PDFs of the forms are also available in the portal at Documents > Forms.

Email PDF submissions or questions to Christine.Harrison@mytrv.org.



(continued from p. 3)

We also have two businesses inside our gates that are open to the public: The Golf Club at Rio Vista and Monarch Grill. Anyone wishing to visit either business simply tells the gate attendant their destination to be admitted. As a result, many nonresidents legally and illegally enter our community every day.

It is equally important to understand that Trilogy does not employ a security force. Our gate attendants perform access control and customer service functions, but they are not security officers or law enforcement personnel. They are not trained or equipped to investigate crimes, detain suspects or respond to emergencies.

If you witness suspicious activity, believe a crime is taking place or have an emergency, your first action

should be to call 911 or the Rio Vista Police Department. Do not assume someone else has already reported it. Prompt reporting gives law enforcement the best opportunity to respond while an incident is occurring.

We should also recognize that functioning gates have never guaranteed security. The reality is that Trilogy has always depended on multiple layers of protection, including alert residents, locked homes and vehicles, good lighting, neighbors watching out for one another and prompt reporting of suspicious activity.

The gates are an important amenity and provide a measure of access control, but they should never create a false sense of security. Our greatest protection has always been an informed, vigilant community.

ADVERTISING INFORMATION

DEADLINE: All Contracts, final ads and checks are due by the first day of the month prior to the month of publication. For example: September 2026 contracts, ads and checks are due by August 1, 2026. All late submissions will run in the October 2026 issue of *Trilogy Living*.

BUSINESS LICENSE: All businesses that operate within the City of Rio Vista are required to obtain a business license. The classification of businesses and a schedule of business license fees are available at the link below. If you have questions about business licenses, please contact Rio Vista City Hall at: (707) 374-6447. <https://www.riovistacity.com/new-business-information/>

REGULAR SIZES AND RATES:

• 1/8 page ad	3 1/2" wide X 2" tall	\$110/month
Scan your horizontal business card at 300 dpi, and email it as a pdf, jpg or tiff file to Tania Fardella at indigodesign@att.net .		
• 1/4 page ad	3.6" wide X 4.5" tall (300 dpi)	\$170/month
• 1/2 page ad	7.5" wide X 4.5" tall (300 dpi)	\$265/month
• Full page ad	7.5" wide X 9.25" tall (300 dpi)	\$415/month

PREMIUM SIZES AND RATES (COLOR ONLY): EXCEPTION: Premium ads will not be assigned if received after the 22nd of month prior to publication. Placement is on a first-received basis.

• 1/2 page ad	Inside Back Cover (300 dpi)	\$340/month
• Inside Front Cover	7.5" wide X 10" tall (300 dpi)	\$525/month
• Inside Back Cover	7.5" wide X 10" tall (300 dpi)	\$525/month
• Outside Back Cover	7.5" wide X 10" tall (300 dpi)	\$600/month

DISCOUNTS:

- 5% off pre-paid ads for 3 months or more. Maximum 3 months for color ads.
- 5% off for businesses owned by residents of Trilogy at Rio Vista

To place an ad, contact Jennifer Rachael: 707-374-4207, advertising@mytrv.org. If you need ad design, contact Tania Fardella at tania@indigodesignstudio.net or 925-324-9988. Additional fees will apply for design, scanning, and edits.

(Trilogy Living advertising rules and terms revised February 2020)



THE TRILOGY BIG BAND

formerly known as the Trilogy Jazz Band, **is looking for musicians.** If you can play trumpet, trombone, saxophone, piano or any other instrument, we would love to talk with you. If it has been a while since you played, that's okay; our band leader Elaine Schaefer is waiting to hear from you. Please note: The ability to read music is a requirement. Elaine can be reached at 707-507-9233.



Thank You,
TRILOGY!
YOU MADE OUR
Fourth of July
CELEBRATION
UNFORGETTABLE!

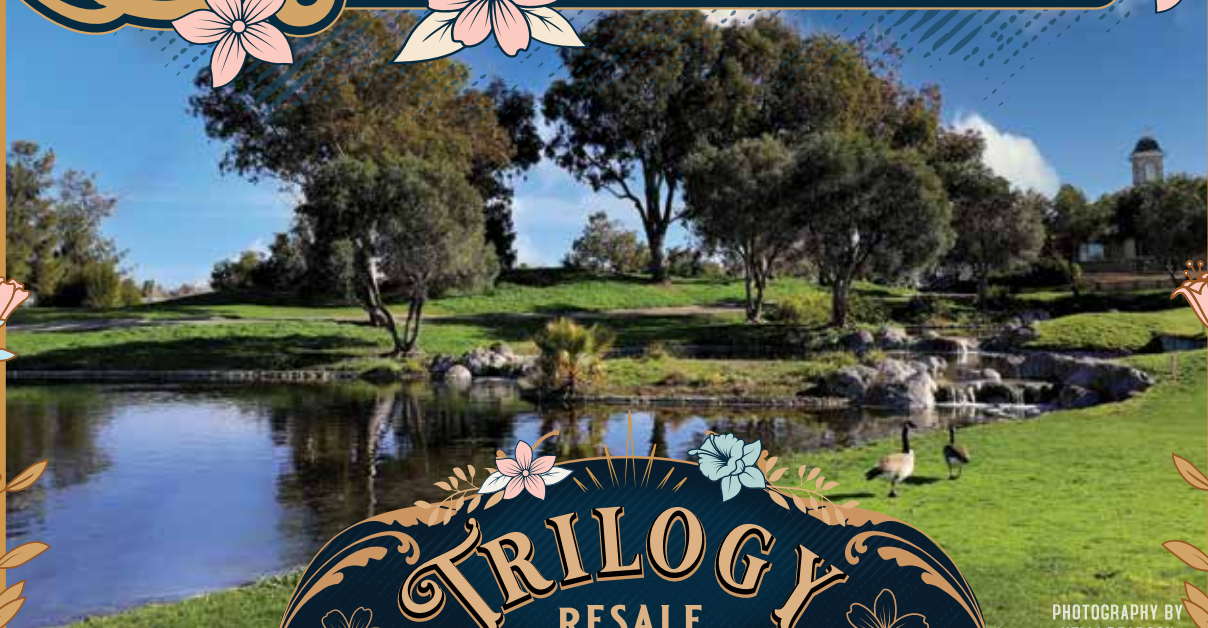
★ ★ ★
COMMUNITY • SPIRIT • TOGETHER



EXPERIENCE

RESORT LIVING

RIO VISTA



PHOTOGRAPHY BY
KELLI PEARSON

TRILOGY
RESALE
SPECIALIST



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2022



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