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October 2026

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President's Report

Mick Riley

TRVMA Board President

I am pleased to welcome Calvin White as Trilogy at Rio Vista's new general manager. Calvin brings extensive experience in community association management and a strong background in leading complex organizations. I look forward to working with him as he becomes familiar with our community, our organization and the priorities of the Master Board.

The Board has high expectations for our general manager, and we believe Calvin is well positioned to help move Trilogy forward. His arrival also allows the Board to focus more clearly on its role of providing leadership, setting policy, establishing priorities and providing appropriate oversight, while leaving the day-to-day operation of the Association to management.

I also want to recognize and thank Jessica Melvin for her service as acting general manager. Jessica stepped into a challenging role when the Association needed her leadership and helped maintain continuity during the transition. Her willingness to take on that responsibility is appreciated by the Board and, I believe, by our community.

I know Jessica is looking forward to returning to her role as assistant general manager, where her knowledge of Trilogy and her experience will continue to be an important asset to the Association.

Please join me in welcoming Calvin to Trilogy and in thanking Jessica for stepping up when we needed her.

As President, I am working with the Board to identify our Top Five Priorities for the coming year. I believe it is important that we focus our time and attention on the issues that are most important to the Association and its homeowners.

I would like your input.

Please send an email to president@mytrv.org and tell me what you believe the Board's Top Five Priorities should be. These should be priorities for the Board, not day-to-day management responsibilities.

Hiring a new general manager was our number one priority, and I am pleased that we have now accomplished that goal. With that important step behind us, it is time to determine what should come next.

I look forward to hearing from you.

TRILOGY AT RIO VISTA

DIRECTORY

TRVMA Board of Directors

President: Mick Riley, President@mytrv.org

Vice President: Lisa Lindsey, VP@mytrv.org

CFO: John Parrinello, CFO@mytrv.org

Secretary: Jim Rosteck, Secretary@mytrv.org

Director at Large: Dave Glass, Director@mytrv.org

Village Board Presidents / District Delegates

Eagle Point Village: Michael Hummel, 570-787-3236

Olympic Village: Joyce Steiner, 408-266-7733

Saddle Rock Village: Patricia Hilaire, 650-224-2994

Village One: Carl Frazier 510-508-2007

Village Oakmont: Walt Manos, 707-374-2827

Village Riviera: Minnie Howell, 510-866-8786

Committee Chairs

Community Advisory: Darlene Jackson, CAC@mytrv.org

Emergency Preparedness & Safety: Audrey Berman, abobathome@yahoo.com

Media Editorial Board: Joanne Byrne, byrne1722@gmail.com

Delta Club & Admin. Office: 707-374-4843

General Manager: Calvin.White@mytrv.org

Assistant General Manager: Jessica.Melvin@mytrv.org

Operations Director/Delta and Vista Clubs: Patricia.Alesi@mytrv.org

Office and Communications Assistant: Jennifer.Rachael@mytrv.org

Bookkeeper/Administrative Assistant: Lisa.Gonzales@mytrv.org

Communications Director: Colin.Hannigan@mytrv.org

HOA Manager: Valerie.Benkie@mytrv.org

Administrative Assistant: Evon.Carpenter@mytrv.org

Village Portfolio Manager: Angela.Falcone@mytrv.org

Architectural and Compliance Coordinator: kristin.zavala@mytrv.org

Vista Club & Member Services: 707-374-4200

Lifestyle Director: Shalon.Edmondson@mytrv.org

Café Vista Manager: Cheri.Lee@mytrv.org

Reservations & Activities Coordinator: Michele.Nadler@mytrv.org

Health & Wellness Center 707-374-4208

Fitness Manager: Sarah Rendon, 707-374-4205

Spa Manager: Heidi Mamea, 707-374-4211

HWC Front Desk: 707-374-4208 (spa appointments)

Amenities

Administrative Office: 707-374-4843; Fax: 707-374-4891

Café Vista: 707-374-4202

Member Services Desk: 707-374-4200; Fax: 707-374-2422

Monarch Grill and Golf Club at Rio Vista: 707-374-2900

Golf Club General Manager: Dave Bergstrom dbergstrom@playriovista.com

HOA Accounting Services: 888-854-9444 option 1

service@hoa-accounting.com, portal.hoa-accounting.com

Welcome Center (Front Gate): 707-374-4306

Register guests at community.dwellingleive.com

Resident Classified and Commercial Advertising

Jennifer Rachael, 707-374-4207, advertising@mytrv.org



Trilogy Living

OCTOBER 2026

EDITOR

Colin Hannigan

STAFF WRITERS

Valerie Benkie

Shalon Edmondson

Sarah Rendon

Calvin White

Heidi Mamea

CONTRIBUTING WRITERS

Mick Riley

Dave Bergstrom

COMMERCIAL AND

CLASSIFIED ADVERTISING

Jennifer Rachael

COVER PHOTO

Colin Hannigan

FROM THE BOARD OF DIRECTORS

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RECYCLABLE PAPER.**

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Community Hours

Please check your daily emails for updates on State and County health restrictions.

**Please continue to check the Community Calendar
at mytrv.org/calendar for more details on meetings and events.**

HOA Office: 707-374-4843 Monday - Friday, 8 a.m. – 4:30 p.m.

Café Vista: 707-374-4202 Monday - Friday, 9 a.m. – 2 p.m.

Delta Pool and Hot Tub: Open Daily

Dog Park: Daily 7 a.m. – Dusk

Health & Wellness Center: 707-374-4208 7 days a week 6 a.m. – 9 p.m.

Golf Course: 707-374-2900 Daily 6:30 a.m. - 8 p.m. Tee Times: 7 a.m. – 5 p.m.

Member Services Desk: 707-374-4200 7 days a week 6 a.m. – 9 p.m.

Monarch Grill: 707-374-2900 Daily 11:30 a.m. – 7:30 p.m.

Tennis/Pickleball Courts: Open Daily

Tot Lot: Daily 8 a.m. – Dusk

Vista Club, includes Library and Walking Track: 7 days a week 6 a.m. – 9 p.m.

**Please make sure that you are subscribed to receive email updates
for information on community hours, meetings and temporary club use rules.**

Contact Communications@mytrv.org to sign up.

MEDICARE OPEN ENROLLMENT IS HERE

October 15 – December 7

Ways to Learn More:

1. Call Me

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2. Email Me

lbakerinsurance@gmail.com

3. Text Me

951.722.9404

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General Manager's Report

Calvin White

General Manager

I'm excited to join the Trilogy at Rio Vista community as your new general manager and wanted to take this opportunity to tell you a little about myself.

I've spent more than three decades in leadership roles involving community management, hospitality, operations and resident-focused organizations. Much of my career has been spent leading large, amenity-rich communities, and I've learned that managing a community is about much more than maintaining buildings, balancing budgets or overseeing amenities. At its heart, it's about people and relationships.

For 11 years, I served as general manager of Heather Gardens, a 2,426-home active-adult community in Colorado. I oversaw an operation that included golf, dining, fitness and aquatics, facilities, community programming and major capital projects. Earlier in my career, I spent 19 years managing a resort and condominium operation in Vermont. I also served as general manager of Lake Carroll, a large recreational community in Illinois with golf, a 700-acre lake, an equestrian center, campground, trails and numerous other amenities.

Most recently, I served as a branch president for a community management company, overseeing communities and a team of professionals throughout Utah.

Those experiences have given me the opportunity to work with many different communities, boards, residents and employees. One thing I've learned is that every community has its own personality, traditions, history

and priorities. That's why I don't believe in arriving with a predetermined list of things that need to change.

My first priority at Trilogy is to listen and learn.

I want to get to know our residents and employees, understand the role of our clubs and groups, learn our traditions and hear what you believe makes Trilogy special. I'll be asking a lot of questions and I hope you'll share your experiences and perspectives with me.

I also enjoy finding ways to make organizations simpler and more effective. Throughout my career, I've focused on developing people, improving processes, strengthening communication and finding practical ways to provide better service. Over time, I look forward to working with our Board, staff and residents to build on the many things Trilogy already does well.

Outside of work, I enjoy traveling, cooking, discovering great restaurants, live music and exploring new places. I'm also a dog owner, so if you see me out and about, dogs are always an easy conversation starter.

Moving to Northern California is a new chapter for me, and I'm genuinely excited to make this area my home and become part of the Trilogy community.

Most importantly, when you see me around the community, please introduce yourself. Tell me your story. Tell me what you love about Trilogy, what you think I should know and what you hope for its future.

I'm looking forward to getting to know you and working together to make an already special community even better.

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Sleep disorders arise when ongoing difficulties interfere with the quality or duration of sleep. Consistently getting restorative sleep is essential — without it, existing medical conditions can worsen, and even one restless night can leave you mentally, emotionally, and physically drained. Although sleep disorders come in many forms, the conditions below are among the most common. Many people find they respond well to treatment with acupuncture and Oriental medicine: **Narcolepsy, Insomnia, Restless Leg Syndrome, Sleep Apnea, Night Terrors and Jet Lag Disorder.**

Acupuncture has been shown to support healthy melatonin production. Melatonin, a hormone produced in the pineal gland, helps regulate the body's natural sleep-wake cycle. Many of my patients who struggle with insomnia or anxiety report noticeable improvements in their sleep quality after beginning regular acupuncture treatments. They also frequently experience reduced stress and anxiety levels. For many individuals, acupuncture becomes a valuable and effective part of their approach to better sleep. If you're finding it difficult to get a good night's rest — whether due to worry, overthinking, physical discomfort, or outside stressors — consider scheduling a consultation and acupuncture session with **Dr. Peri at Trilogy Health and Wellness Center.**



Notes from the Administrative Office

Valerie Benkie

HOA Manager

Autumn has arrived with scarves, chilled mornings and an abundance of leaves! The HOA Office, Delta Club sends you October blessings. Your HOA department would like to extend a friendly reminder to all residents about these important topics:

Village Handbook Revisions

Most Villages have revised their handbooks for 2026. Your new handbook is available for review at **mytrv.frontsteps.com**. Navigate to your Village and look under **Documents > Internal Documents > HOA Folder > Governing Documents**. Please contact your Village Portfolio Manager for assistance.

Village End of Year Preparation

As 2026 nears its end, your Village Portfolio Manager is busy managing three villages or approximately 1,500 members. Our focus is obtaining insurance quotes, finalizing tax filings, annual meeting agendas and/or election preparation, Board member and Architecture committee calls for candidates, in addition to Village compliance patterns and overall management. Should you have any questions regarding your Village, please visit us in the **HOA Office, Delta Club**.

Home Maintenance

As Autumn settles in, you may begin thinking about your home preventative maintenance plan. Please remember that preventative maintenance such as gutter cleaning, power washing and mailbox/wrought iron fence painting does not require an Architectural Application.

When hiring a vendor for home maintenance, please ensure you complete your due diligence for proper insurance coverage in addition to licensing. This protects you and the vendor for any work done on your property.

Assessments for the Month

Effective April 1, 2026

**TRVMA \$287.00 plus the
appropriate Village Assessment below:**

Village I	\$1.80
Village Oakmont	\$1.75
Olympic Village	\$1.20
Village Riviera	\$1.75
Saddle Rock Village	\$1.20
Eagle Point	\$1.50

***Payments due on the 1st of the month.
Late fees will apply if received after the 15th
of the month in which they were due.***

Online payments: portal.hoa-accounting.com

Welcome Center/Dwelling Live

Please make sure your guests and vendors have your full name and address to give to the Welcome Center. Members and residents are encouraged to update all guest/vendor lists by electronic methods offered. The website is **community.dwellinglive.com**. In addition, update your emergency contacts with the HOA Office, Delta Club.

How do you handle solicitors?

Soliciting inside of Trilogy is not permitted; therefore, if you have a solicitor come to your door, please obtain any flyer/brochure you're offered and bring it to the HOA right away. In addition, please call the non-emergency police department number at 707-374-2300.



October Meeting Schedule

TRVMA Board Meeting

Tuesday, October 27

1 to 4 p.m.

Diablo Ballroom, Vista Club

New Resident Orientation

Friday, October 16

9:30 to 11 a.m.

Rio Vista Room, Delta Club,

Eagle Point ARC

Friday, October 2 and 16

8 to 9 a.m.

River Room, Delta Club

Village One ARC

Friday, October 2 and 16

9 to 10 a.m.

River Room, Delta Club

Village Riviera ARC

Friday, October 2 and 16

10 to 11 a.m.

River Room, Delta Club

Saddle Rock ARC

Tuesday, October 13 and 27

9 to 10 a.m.

Marina Room, Delta Club

Olympic ARC

Monday, October 12 and 26

9 to 10 a.m.

River Room, Delta Club

Oakmont ARC

Monday, October 12 and 26

10 to 11 a.m.

River Room, Delta Club

Village Presidents Council

Wednesday, October 14

1:30 to 3:30 p.m.

Marina Room, Delta Club

Finance Review

Wednesday, October 28

1 to 3 p.m.

Multipurpose Room, Vista Club

Emergency Preparedness and Safety

Thursday, October 1,

2 to 4 p.m.

River Room, Delta Club

Community Advisory

Thursday, October 29

1 to 3 p.m.

Rio Vista Room, Delta Club

Media Editorial Board

Friday, October 23

11:30 a.m. to 1 p.m.

River Room, Delta Club

Village Riviera Board of Directors

Wednesday, October 14

4:30 to 5:30 p.m.

River Room, Delta Club

Village 1 Board of Directors

Not meeting this month

Village Oakmont Board of Directors

Thursday, October 15

4:30 to 5:30 p.m.

River Room, Delta Club

Saddle Rock Village Board of Directors

Monday, October 26

3:30 to 4:30 p.m.

Marina Room, Delta Club

Olympic Village Board of Directors

Not meeting this month

Eagle Point Board of Directors

Not meeting this month

Date changed to

Wednesday, Nov 11

2:30 to 3:30 p.m.

River Room, Delta Club

Please note that meeting dates, times, and locations are subject to change. Consult MyTRV.org/Calendar for the most up-to-date info.

**ARC – Architectural Review Committee*



COMMITTEES

Community Advisory Committee

At its August meeting, the Community Advisory Committee (CAC) reviewed several community matters, including a request from the Bocce Ball Club, the Sonoma Room, Vista Club refresh and a storage request from the Drama Club and Council of the Arts.

Open Forum

The Trilogy Bocce Ball Club requested permission to install a plaque near the courts honoring the club's past leaders. The plaque has already been purchased. The committee will follow up and discuss the request.

Ongoing Business

The Sonoma Room Break-Out Group (BOG) continues its work to replace aging furniture. The BOG chair explained that bringing in sample chairs for residents to try out would be costly because of shipping expenses. The BOG is continuing to review samples and prices on websites while taking into consideration the feedback from the focus group's spring meeting.

A Break-Out Group has been formed to review a request from the Drama Club and Council of the Arts to place a 40-by-10-foot storage container in the storage yard. The clubs noted that rising rental costs have affected their ability to keep production prices reasonable and performances accessible for Trilogy residents.

The CAC continues to receive ideas, questions and concerns through Open Forum and by email. A protocol document is being prepared and is expected to be discussed at a future meeting. The document will help residents understand which common area matters are appropriate for CAC review and how to prepare a clear, effective presentation. Continued collaboration among Trilogy residents, committee members and the TRVMA helps keep the community vibrant, responsive and thriving.

The next CAC meeting is scheduled for **October 29 at 1 p.m.** in the **Rio Vista Room, Delta Club**. We hope to see you there. Contact **CAC, cac@mytrv.org**.

Emergency Preparedness and Safety Committee

Getting ready to cook for the holidays? Here is a reminder about why it is important that your knives are kept sharp and in good condition. Dull knives



are more dangerous than sharp ones. Why?

A dull knife requires more force than a sharp one. The University of Rochester Medical Center explains the mechanics simply: a dull blade needs more pressure to cut,

which increases the chance that the knife will slip with great force behind it, while a sharp knife bites into the surface more readily. When cutting something with smooth skin, like an apple, tomato, cucumber or chili pepper, the knife is more likely to slide rather than bite. Once it slips, it is hard to control the direction the blade moves. A sharp knife cuts effortlessly, giving you full control over whether it goes left or right.

This is not just home kitchen folklore. The federal Occupational Safety and Health Administration includes it in its safety guidance for commercial food service, advising that cutlery be kept sharpened and in good condition because dull knives tend to slip and may cause injuries.



Fatigue is the second problem. When cutting a significant amount, like a bag of carrots, you end up sawing instead of slicing and your wrist and fingers get tired. Ergonomics guidance issued jointly by the National Institute for Occupational Safety and Health and Cal/OSHA advises keeping cutting tools sharp specifically to reduce the force required. It identifies continual muscle fatigue and decreased grip strength as warning signs of overexertion. When your hand gets tired, your grip weakens and that means unpredictable blade movement.

Then there is the wound itself. A sharp knife makes a clean cut, and the smooth edges line up easily. A dull knife tears the tissue instead. Clinical guidance published through the National Library of Medicine notes that crush injuries with localized tissue damage carry an increased risk of infection and scarring, and that infection risk rises as the depth and width of a wound increase.

How do you know your knives are dull? If you have to push or saw to get through the skin of a tomato or other soft foods, or if the knife slides off the food instead of biting into it, it is dull.

How do knives get dull? Cutting on hard surfaces



wears down the edge. Utah State University Extension recommends wooden or plastic boards, which are easier on knife edges than hard surfaces like glass. The University of Rochester Medical Center adds metal stovetops, plates and tile or Formica counters to the list of surfaces that dull blades. Leaving knives loose in drawers lets blades knock against other utensils, causing micro-damage along the edge. Dishwashers are hard on knives too. Utah State University Extension advises washing by hand, noting that harsh detergents, high water pressure and knocking against other dishes can damage both the blade and the handle. Using the wrong knife for tough ingredients such as frozen foods, bones or hard-skinned vegetables also takes a toll.

So what can you do? Utah State University Extension recommends storing knives in a block, on a magnetic strip or with blade guards, using a honing rod regularly to keep the edge aligned, and sharpening periodically with a stone or a professional service. Use wooden or plastic cutting boards.

Sharpening can restore performance, but not every knife is worth maintaining forever. The Canadian Centre for Occupational Health and Safety notes that dull tools can increase the effort needed to use them, sometimes by a factor of ten and that tools in poor condition should be replaced rather than kept in service. When blade quality declines significantly, replacement is the safer choice. Contact **Audrey Berman, abobathome@yahoo.com.**

VILLAGES

Eagle Point Village Residents' Club



The Eagle Point Village (EPVRC) Residents' Club Annual Pancake Breakfast was held on September 19. Many thanks go out to all

the EPVRC members who volunteer to help make this popular event so successful. It was nice to see so many friends and neighbors coming to share a delicious meal. What a way to say farewell to summer and hello fall, y'all!

Our EPVRC Bake Sale Fundraiser is in just a few days during Trilogy's Semi-Annual Garage Sale, **October 3 from 9 a.m. to 12 p.m.** or when we sell out, at **497 Waterwood Drive and 605 Waterwood Drive.**

The EPVRC will be offering to replace the bulbs in your outdoor address light fixture in November. You will need to submit a request form for this service. The forms have been sent via email and placed in the tube underneath your mailbox.

The EPVRC holiday dinner is scheduled for **Sunday, December 6.** I am hearing that the menu will be a bit of a mystery. There may be another mystery to be solved at this event as well. Do you enjoy suspense? Be sure to reserve your spot as soon as possible. Reservation forms will be emailed the first week of this month and delivered to your tube the first week of November.

Eagle Point Village residents are invited to join us for our monthly meetings. Plans for 2027 are starting to take shape and we would love to have your input and hear your ideas. The election for the 2027 EPVRC Board will take place during the **December 1** monthly meeting. If you are interested in becoming an EPVRC Board member for 2027, please come to one of our upcoming meetings. We meet on the **first Tuesday of every month at 4:30 p.m.** in the **Monterey Room, Vista Club.** There are always refreshments and time to socialize after the meeting has concluded. We hope to see you there.

Contact **Chris Bolding, 408-680-4387, EPVRC@outlook.com.**

Olympic Village Board

The Olympic Village board has signed on with a homeowners association (HOA) lawyer so we can move forward and learn about HOA laws. We have been busy hosting hearings for a variety of violations. Please do not forget to put in an application before doing any landscaping or exterior work on your home. If any village resident has questions or concerns, please do not hesitate to contact any board member. We are here to work with you. Contact President **Joyce Steiner, 408-266-7733, knickearth@yahoo.com.**

Riviera Village Board

Our next Board meeting will be **October 14 at 4:30 p.m.** at the **River Room, Delta Club.** We encourage you to attend to stay current on issues affecting our village.

Weather permitting, Riviera Village will sponsor a picnic **October 10 from 11 a.m. to 3 p.m.** in **Rutland Park.** The picnic is open to all Trilogy residents and their guests. Hot grills will be available. Come out to meet your neighbors; cook your own food on the grills and bring a dish to share. Bring your own chair and beverages. Contact **Minnie Howell, 510-866-8786, minniehowell317@gmail.com.**



Riviera Village Residents' Club

Thank you so much to all of the Trilogy gals who came to the Power of Pink ladies' luncheon on August 19, sponsored by the Riviera Residents Club! You came to enjoy, and you did! Many members of our committee have dedicated themselves to this event for over 20 years! Many of our other committee members are much



newer! We have blended talent and energy to create this unparalleled experience! We are so sorry the event sold out quickly, and there were several ladies we missed because of it. We



thank you for all the positive feedback. We asked for your favorite suggestions for next year's theme, and that's something we've never done before. Stay tuned as to the results.

Our next signature event is the extremely classy Black and White Affair! We hope you already have your calendar marked for **Saturday, December 5**, held in the **Grand Living Room, Vista Club and Diablo Ballroom, Vista Club**. You don't want to miss it! We always have singles tables so, please, don't anyone be bashful! More information will follow!

Our next regularly scheduled planning meeting is **October 15 at 4 p.m.** in the **Monterey Room, Vista Club**. We run our meetings very efficiently, and they are usually done in less than an hour. We welcome new members and look forward to seeing you then!

Contact **Chris Shaver**, cshav0526@aol.com.

Saddle Rock Village Residents' Club



Saddle Rock Residents Club:
A Great Start to the New Year!

Community Highlights: The Saddle Rock Village Residents Club began its new club year on August 31 in the Rio Vista

Room, Delta Club. Members enjoyed a presentation by Saddle Rock resident Jim Wheeler, who shared an overview of Rio Vista activities. We were also delighted to welcome several first-time attendees and celebrate the news of two grandchildren and a new great-grandson!

Giving Back: A special thank you goes to Debi Badger and everyone who supported our School Supply Drive. The drive raised an impressive \$9,806 to provide essential supplies for Rio Vista public schools.

Our Pizza Factory fundraiser continues, with the next event scheduled for **October 12**.

Club Updates: The Leadership Committee is developing a donation policy and will participate in Club Renewal activities, including discussions about club policies and room reservations for meetings and events in 2027.

The Activities Committee is planning our annual winter event and will soon be seeking volunteers. We hope many members will join us in making this another enjoyable Saddle Rock tradition.

To strengthen communication with the Saddle Rock HOA Committee, HOA members will attend upcoming Residents Club meetings to provide brief updates on their committee activities.



For about 10 years, five Trilogy couples have taken turns hosting dinners in their homes. At a recent gathering, they embraced a Bridgerton-inspired theme with period attire and a menu to match. Photo shared by Minnie Howell

Share Your Ideas: Your ideas and input are always welcome! If you have suggestions for future speakers or programs, please contact Linda Reynolds.

Save the Date: The Saddle Rock Village Residents Club meeting is **October 26 at 4:30 p.m.** in the **Rio Vista Room, Delta Club**. We look forward to seeing you there for another year of friendship, activities and community!

Village One Resident's Club

The Village One Residents Club (VORC) plans social events for our neighbors and their guests. We charge no dues. Our monthly meetings are where we develop plans for our parties and other events.

All Village One Residents are welcome to attend our meetings on the **second Wednesday** each month in the **Marina Room, Delta Club**. Our next meeting is **Wednesday, October 14 at 7 to 8 p.m.** in the **Marina Room, Delta Club**. Please join our group of regular participants, who would welcome the ideas, experience and enthusiasm of new contributors.

VORC's traditional Oktoberfest Dinner will be held on **Saturday, October 3 at 6 p.m.** in the **Rio Vista Room, Delta Club**. Arvell Howell Catering will provide another German dinner, followed by music,

games and fun! Village One residents received a Reservation Form/Flyer for the Oktoberfest Dinner in their mailbox tubes early in September. Forms have been available above eventbox 3 in the Delta Club.

VORC's next Silver Screen Sunday Spectacular free movie will be shown on **Sunday, November 1 starting at 2:30 p.m.** in the **Diablo Ballroom, Vista Club**. All Trilogy residents and guests are invited. Bring your favorite beverage - we will have free popcorn!

Mark your 2027 calendar now for our new winter Tailgate Party on **Saturday, January 9** in the **Diablo Ballroom, Vista Club**. Watch for more details about this new event and come to our monthly meetings to help us plan this and future VORC events.

All Trilogy residents are welcome at VORC events. Contact **Sylvia Holloway, divaj524@gmail.com**.





Notes from Lifestyle



Shalon Edmondson
Lifestyle Director

Fall Fun Is Here at Trilogy! October has arrived, bringing cooler weather and a lineup of events for our Trilogy community. Mark your calendar and join us for live entertainment, community favorites and plenty of fall fun!

Annual Fall Community Garage Sale

Get ready to shop, sell and discover hidden treasures at our Annual Fall Community Garage Sale on **Saturday, October 3 from 9 a.m. to 3 p.m.** This community-wide event is open to the public, so invite your friends and family to spend the day exploring Trilogy and searching for great bargains and one-of-a-kind finds!

Jared Freiburg and the Vagabonds — Live in Trilogy!



On **Sunday, October 4 at 6 to 8 p.m.** in the **Diablo Ballroom, Vista Club**, get ready to travel back to the golden age of American music as Jared Freiburg and the Vagabonds take the stage. Join us for an unforgettable night of live entertainment filled with energy, nostalgia and timeless music. Tickets are \$25 per person and are available for purchase at **Members Services, Vista Club**. Be sure to purchase your tickets early before this event sells out!



Trilogy Community Shredding Event



Safely dispose of your unwanted personal and confidential documents at the Trilogy Community Shredding Event on **Saturday, October 24 from 9 a.m. to 12 p.m.** in the **Delta Club parking lot**. Please limit your shredding materials to two or three bags or boxes per household. This will help keep

the line moving and ensure there is enough room to accommodate other residents. Kindly have your Trilogy key fob ready when you arrive. This helps us ensure that this complimentary service remains reserved for Trilogy residents. Thank you for your cooperation!

Coming in November: Comedian Cary Long Returns to Trilogy!

Get ready to laugh! Comedian Cary Long returns to Trilogy on **Friday, November 6 from 6 to 8:30 p.m.** in the **Diablo Ballroom, Vista Club**. Cary is back by popular demand and ready to bring another evening of nonstop laughter to our community. Tickets are \$25 per person and are available for purchase at **Members Services** in the Vista Club. Grab your tickets early and join us for a fun-filled night of comedy!





Annual Fall Craft and Jewelry Vendor Faire



Start your holiday shopping at the Annual Fall Craft and Jewelry Vendor Faire on **Saturday, November 14 from 10 a.m. to 3 p.m.** at the **Vista**. Browse a wonderful selection of handcrafted items, jewelry, unique gifts and seasonal creations and more from a variety of talented vendors. This annual event is open to the public, so invite your friends and family to join us for a festive day of shopping and community fun!

We look forward to seeing you at these exciting fall events. Be sure to check the weekly What's Happening, Trilogy? newsletter for additional information, reminders and upcoming activities!



FOUND A PET OR LOST ONE?



CONTACT THE PET LOST AND FOUND TEAM

Trilogy Dog Club volunteers help reunite lost pets with their owners throughout Trilogy.

You **do not** need to be a Dog Club member to request assistance.

REPORT A LOST OR FOUND PET

Call the Trilogy Front Gate



707-374-4306

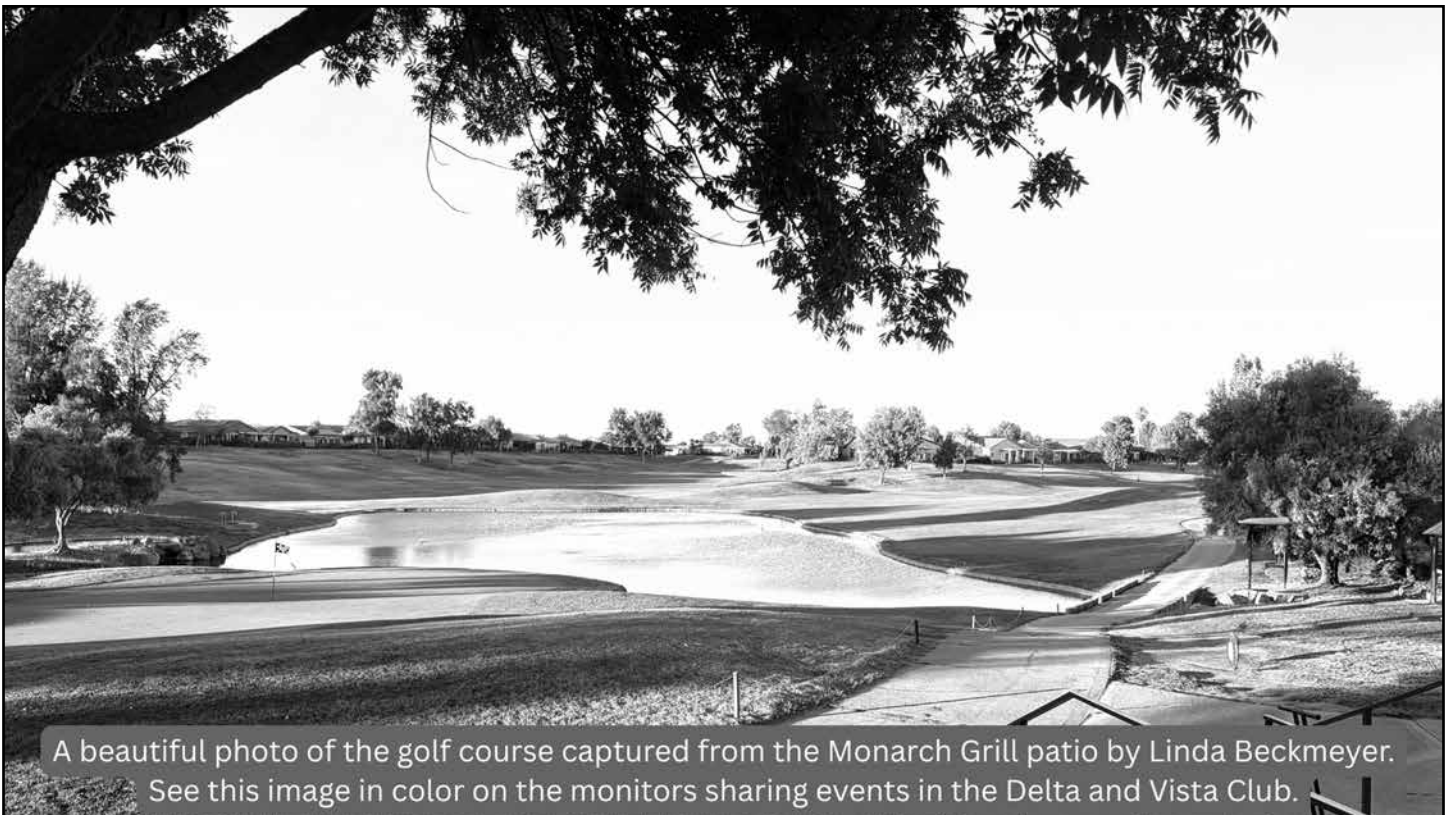
7 a.m. to twilight

Be ready to provide the pet's description, location and time seen.



QUESTIONS

petlostandfoundteam@gmail.com



A beautiful photo of the golf course captured from the Monarch Grill patio by Linda Beckmeyer. See this image in color on the monitors sharing events in the Delta and Vista Club.

A black and white photograph of a document titled "EMERGENCY PLAN" in large, bold, diagonal letters. The document is on a wooden desk next to a keyboard and a paperclip. A circular seal for the "Trilogy at Rio Vista" Emergency Preparedness and Safety Committee is visible on the right side of the document.

EMERGENCY PLAN

Trilogy Rio Vista

Emergency Preparedness & Safety Faire

Promoting community safety for all residents

Refreshments will be served.

Hear from Rio Vista Police & Fire at 12 p.m. Limited Seating.

**Planned vendors and topics:
PG&E, county emergency services,
emergency transport, home
generators, HVAC maintenance,
battery backups and more.**

Contact Audrey Berman,
abobathome@yahoo.com.

**Save the date:
Tuesday, October 6
11 a.m. to 2 p.m.
Diablo Ballroom,
Vista Club**

A Different Version of Safety

SEE SAFETY DIFFERENTLY AT THE FAIRE ON OCTOBER 6

By Colin Hannigan

The idea started with paper towels. Back when the restrooms in the clubhouses still had them, plenty of residents did what people do everywhere: wash their hands, pull a towel and use it to open the door on the way out. The Emergency Preparedness and Safety Committee (EPSC) saw a simple hygiene problem and proposed a simple fix, a foot-operated opener at the base of the door. The clubhouses later swapped those towels for hand dryers, taking away that workaround too.

Then Donna Dietrich spoke up. Donna used a wheelchair, and she came to committee meetings often. She explained what it took to get through a restroom door: pull the handle, back the chair or walker out of the way and try to get through before it swung shut. A foot pedal would not help her at all. The committee dropped the foot pedal and began looking at hands-free, automatic openers instead.

"Those capabilities are there for people coming in and out of buildings, but not getting in and out of the bathroom," said Board Vice President Lisa Lindsey, the EPSC Board liaison. "So that's how it came to be that it made sense to have those types of door openers."

The committee rewrote its recommendation. The hands-free openers on restroom doors across the community are the result, along with grab bars in the stalls and showers. Donna has since passed away, but her voice left a mark on the community that residents pass through every day.

How the work gets done

That is how the EPSC works. Nine residents, appointed by the TRVMA Board of Directors, meet the **first Thursday** to identify safety concerns, research them and bring recommendations to the TRVMA Board, which decides what moves forward.

"Where did it come from? Why do you think it's good that we do it? And then what's the best solution?" said Lindsey, describing what she looks for when a

recommendation arrives. "Our committees do all the legwork before it gets to the Board."

This committee has unusual depth for legwork. "I'm one of the few people that haven't had a major background in safety," said Vice Chair Ron Steiner, an electronic engineer who designed computers before retiring to Trilogy. Chair Audrey Berman came from nursing. The rest of the roster includes former firefighters, people who worked in utility safety departments and medical professionals.

"It's just got a really well-rounded group of people whose professional backgrounds were important to safety," said Lindsey. "These are people who think things through. Sometimes the conversations are spirited, but they're spirited in a way to protect the community."

Approval is the halfway point. Once the Board says yes, much of the work lands with Maintenance Manager Albert Van Noy and his crew. Code requires grab bars only in accessible stalls and showers. The EPSC asked for every stall and every shower in the community, and TRVMA agreed.

"When they wanted to go full out, every stall, every restroom, every shower, that's beyond and above code," said Van Noy. "We walked every single restroom and looked at what it was going to take, because it's not that straightforward. Some of it's in sheetrock, some of it's in tile, some of it's in the partitions between the stalls. We had to look at every single location."

The committee's range is partly inherited. It formed from three earlier groups, Steiner said: a safety committee, an emergency preparedness committee and a committee focused on the privacy gates, which put cameras at the entrances after drivers repeatedly damaged the gates and drove off unidentified.



Recently installed grab bar at Delta Pool shower.



Slowing down Summerset

The newest project began the way the door openers did, with residents at a meeting.

"Over the last two to three years, there have been people coming to the meetings, and they've all had stories to tell," said Lindsey. "Some of them live on Summerset, where the speeding was happening right in front of their home. It was difficult for them to get in and out of their driveways, [and] take their dogs across the street."

In July, Mike Black of the Maintenance crew, Steiner and a contractor's technician mounted two radar speed signs on lampposts along Summerset Drive. Each sign shows an approaching driver their speed: green through 25 miles per hour, red from 25 to 30 and flashing red above that. The signs can be moved, and the committee expects to rotate them to new stretches of road over time.

"A lot of times people don't realize they're going as fast as they're going," said Lindsey. "You're never going to stop everybody from speeding. But if you can get a good percentage of people to slow down, that is doing what it's supposed to do."

The signs can also record traffic data. The committee has not yet decided how best to use that capability, and expects to share more with the community as it takes shape.

Between projects, the committee keeps a working relationship with Rio Vista Police and Fire. Officers came to a March meeting to talk through speeding and vehicle safety, and the Rio Vista Fire Department Chief visited in February. New department leadership tends to make the trip out to meet the community. Committee members also hold the intersections along



Speed monitor installed on Summerset Drive.

Summerset during the Fourth of July parade and cruise the Walktober routes in golf carts with water, snacks and a ride back for anyone who needs one.

What you can do this week

Steiner's advice for residents is less about disasters than about the most common emergency here, a power outage. Asked what mistake he sees most often, he answered in four words: "Not having anything prepared."

His favorite fix costs nothing. "Take a small bowl and fill it with water and put it in your freezer," he said. "Once it's frozen, take a coin and put it on top." If the power goes out while you are away, the ice melts and the coin sinks and when the power returns the bowl refreezes with the coin at the bottom. "You'll know that you probably should throw out everything that's in the freezer." Outages here have occasionally stretched to several days.

He also recommends learning where your gas shutoff is, and knowing that turning it back on is a job for PG&E, since pilot lights in stoves, water heaters and fireplaces make a do-it-yourself restart risky. He also urges every household to register for Alert Solano, the county's emergency notification system, and to learn its evacuation zone. Trilogy is divided among several zones. A map is available online, and the QR code with this article will take you there.

One more resource is on its way. At the ESPC's suggestion, TRVMA has produced large-print magnets listing the

numbers residents most need in a hurry: emergency services, poison control, PG&E, United Way, the city's water and sanitation lines and the Trilogy at Rio Vista amenity buildings. Watch What's Happening for distribution details.



Solano County Evacuation Zones Map



The Safety Faire

All of it comes together at the Emergency Preparedness and Safety Faire on **Tuesday, October 6 from 11 a.m. to 2 p.m.** in the **Diablo Ballroom, Vista Club.**

The faire returned last year after a hiatus, at a scale the committee had never attempted, and the ballroom filled past its chairs. Berman keeps a rough count. The committee put 100 copies of the Trilogy Emergency Preparedness Guide on the table, and nine were left over. "So that tells me we had about 100 people, probably more," she said.

The vendor list runs wider than the word safety usually suggests. PG&E's public safety specialist will be there, along with Solano County emergency services,

things work for some people, some things don't work for others."

At the committee's own table you will find a sample go bag and free copies of the Emergency Preparedness Guide, the same one every new resident receives from the HOA Office and many longtime residents can no longer find. The committee will serve refreshments this year, an addition that came straight from last year's evaluation forms, which will be back as well.

Lindsey plans to be there, and she hopes the conversation runs both ways. "There's a lot of helpful information to keep us safe, to reassure us that we do live in a safe community," she said. "But it's important for the



The community exploring vendors at the 2025 Safety Faire.

medical emergency transport, home generator and solar companies, battery backup systems, furnace maintenance, pest control and plumbers. So will the food bank, Meals on Wheels, the Solano Transportation Authority, Choice in Aging and North Bay Urgent Care.

"Some of this may not sound very safety related, but it's kind of linked," said Berman. The plumbers are there because pipes burst and people do not know where the water shutoff is. The food bank is there because a stocked pantry is its own kind of preparation. "It's just a different version of safety."

Steiner suggests that residents who rely on powered medical equipment, such as CPAP machines or oxygen concentrators, ask PG&E's representative about the utility's backup power programs for medical needs. "Each person's situation is unique," he said. "Some

committee to also get feedback. We're hoping that not only do people attend and get educated, but they also feel free to share any concerns they might have for the community."

That, after all, is how the door openers happened, just like the speed signs, a resident said something at a meeting, and the community improved for it.

The ESPC's work does not pause between events. Its members have written a safety article for this magazine every month since 2022, and in this issue on **page 12**, explains why a dull kitchen knife is more dangerous than a sharp one. Meetings are open, generally the **first Thursday**, with the schedule listed in Trilogy Living each month. You can find it in this issue on **page 11**.

"We allow for a lot of input from the community," said Steiner. "We want more."



Golf Operations and Monarch Grill Report

Dave Bergstrom

Golf Club General Manager



The weather toward the end of August and mid-September was exceptional. We were consistently in the high 90s and low 100s for most of August. The majority of our members and guests

went out in the mornings when it was cooler, with some light foot traffic in the afternoons.

Golf Operations rounds were up 9% compared with last year and 21% compared with budget. We hosted 1,754 rounds in August compared with 1,753 in July, essentially flat from the previous month.

Total Golf Operations revenue finished 12% above budget and 13% above the prior year. With the weather cooperating and the exceptional course conditions, this upward trend should continue.

Through the first two weeks in September, we had exceptional weather, which created a welcoming environment. Golf Operations is trending above budgeted rounds and revenue.

The Monarch Grill continues to provide an exceptional product and service. The Monarch Grill finished above \$100,000 in total revenue for the month, which is the sixth month in a row the Monarch Grill has exceeded this number. Food and beverage revenue is trending about 11% ahead of budget and 36% above the prior year. Thank you for your support.

Golf Activity

Due to favorable weather and diligent care from our maintenance team, the greens are performing extremely well. The greens run very smoothly and provide consistent playing conditions for all of our guests. The membership has been extremely vocal with its praise and support of the overall condition of the golf course.

While we are coming to the end of the busy season, we continue to host many smaller tournaments, with more competitions and activities scheduled for the coming months. Residents can review the 2026 Tournament Calendar in The Golf Club at Rio Vista's pro shop. The calendar is located in the main point of sale area above the complimentary coffee station.

In August, we hosted many smaller groups and tournaments, including the NCGA Ladies tournament

on August 17 with roughly 70 players in attendance. The ladies had a great day and we received nothing but excellent feedback on our course conditions.

We also launched a large social media campaign to "Rediscover Rio Vista." We promoted the campaign on social media to everyone within a 60-mile radius of Rio Vista. Judging by the numbers in August, we are definitely getting some traction with this campaign.

Food and Beverage

The Monarch Grill continued its strong momentum in August, reaching its seventh consecutive month above \$100,000 in total revenue with \$118,000. We are striving to exceed \$100,000 in total revenue again in September. We rolled out our new quarterly menu on September 1. Please come check it out. Chef John did a great job on the new menu.

Guest feedback has been overwhelmingly positive. Guests have noticed the quality of the food and service from the staff. Guests can share their feedback through the QR codes at each table or a portable tablet available upon request. The short survey takes roughly one minute. Any feedback is appreciated.

Private event activity has also experienced significant growth compared with the prior year, with increasing demand from both community residents and external groups. This continued growth further reinforces the Monarch Grill's reputation as a preferred social and gathering destination for the community. Guests interested in hosting private events, celebrations or group functions can contact the facility directly at **707-374-2900** or **info@playriovista.com**. You can also view our event menu at **playriovista.com/events**.

Weekly dining features continue to generate strong participation and positive engagement from the community. Wednesday evening fish specials remain highly popular among residents and guests, while Chef John's rotating "off-menu" dinner features, offered Thursday through Saturday evenings, continue to provide unique and well-received dining experiences. These featured offerings are updated weekly and promoted regularly through the facility's Facebook and Instagram platforms to keep residents informed and engaged.

In addition to recurring favorites such as Trivia Night and Member Bounty events, seasonal and holiday-themed gatherings continue to experience exceptional attendance levels. Looking ahead, a full calendar of social activities, entertainment offerings and special events is planned to further enhance resident engagement and provide additional opportunities for community connection.

(continued on p. 58)



GOLF CART PROS

Mobile
Golf Cart Repair **\$125**



Refurbished 2021 EZGO RXV ELITE LITHIUM Battery Starting at \$6,899

- **NEW** Painted Body, Customer to Choose Color
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Monarch Grill

October 3

Monarch Grill opens at
11:00 a.m. to serve
Garage Sale guests!

Reservations are
recommended!



October 24

Annual Halloween Party!
The Grinders will perform
that evening.

Costume contest with prizes!

No cover!

More info to come in October!

Open normal hours
on Halloween, October 31.



Weekly Specials

Watch your Friday morning
email blast for upcoming new
specials from Chef John!

Follow us on Facebook for weekly
Fish Wednesday specials and
Thursday through Saturday
dinner specials!



Find Us on
Facebook!



PlayRioVista.com

1000 Summerset Dr, Rio Vista, CA 94571



Heidi Mamea
Spa Manager



Sarah Rendon
Fitness Manager

Notes from the Health + Wellness Center



Spa Testimonials

Fitness and Strength Utilizing Fitlinxx Range of Motion

Monday, October 19

4:30 to 6 p.m.
in the Group X Room

With Ken Schmitt

**Must Register at Vista Club
Member Services**

Fall Into Fitness! October is here, and it's the perfect time to get moving, stay connected and enjoy everything our active community has to offer! As the weather cools and the leaves begin to change, let's take advantage of the beautiful fall season and make movement part of our everyday routine. Whether you enjoy walking, strength training, Pilates, yoga, dancing or simply stretching and moving with friends, every bit of movement counts! Our goal isn't perfection — it's consistency. Find activities you enjoy, invite a friend and keep your body moving throughout the day.

From Fitness

WALKtober

On **Saturday, October 17** get ready to lace up your walking shoes! Join your neighbors and friends for our WALKtober Event as we celebrate movement, friendship and the beautiful fall season. Walking is one of the simplest ways to stay active, and it can be enjoyed at your own pace. You don't have to be the fastest walker or walk the farthest — just show up and take those steps!

A message from your Fitness Manager

I am so grateful to be part of such an active and vibrant community. Every day, I see residents challenging themselves, supporting one another, trying new activities and making fitness a part of their lifestyle. Thank you for making our Fitness Department such a fun and welcoming place to be! Let's make this October a month filled with movement, laughter, friendship and plenty of steps. Keep moving, stay strong and live well. Contact Fitness Manager **Sarah Rendon**, sarah.rendon@mytrv.org.

Fitness Class Punch Cards

**Purchase at the
Health and Wellness
Center Front Desk**

Purple Punch Card \$60
10 classes of your choice

Red Punch Card \$120
20 classes of your choice

All Land and Aqua classes require a prepaid punch card to participate.

Payment by check or credit card only.

Make checks payable to TRVMA.
No refunds or replacements.



From The Spa

October at the Spa: A season to restore, renew and recharge. There's something special about the arrival of fall. The cooler mornings, golden evenings and slower pace invite us to turn our attention inward and make a little more room for ourselves.

October is the perfect time to refresh your wellness routine and give your skin and body the extra care they need as the seasons change. Whether you're unwinding with a relaxing massage, restoring your fall glow with nourishing skincare, experiencing Red Light Therapy or simply enjoying a quiet cup of tea, we invite you to slow down, breathe deeply and embrace a little well-deserved self-care this season.

Fall Skincare

Cooler weather calls for extra hydration. Add a nourishing serum and moisturizer, exfoliate gently and continue wearing SPF daily. Don't forget your lips, neck and hands!

Spa Tip: Hydrated skin is happy skin — consistency makes all the difference.

Massage Wellness

Regular massage can help ease everyday muscle tension, encourage relaxation and keep your body feeling its best.

Stay hydrated, stretch gently between appointments and always communicate your pressure preference with your therapist.

Fall Tip: Make massage part of your wellness routine — not just an occasional treat.

Red Light Therapy

Relax under the warm glow of Red Light Therapy. This non-invasive treatment can support healthy-looking skin, collagen production and muscle recovery while providing a relaxing addition to your wellness routine.

Wellness Tip: Consistency is key. Ask our team how Red Light Therapy can complement your self-care routine.

Fall Spa Specials

Available through October and November

Magnificent Dreams Massage

Melt away stress with warm herbal farm presses and a soothing magnesium-rich body cream to help relax tired muscles while leaving skin deeply hydrated and refreshed.

Sweet Slumber Cocoon

Wrap yourself in comfort with a warm cocoon wrap featuring honey lavender-soaked towels, gentle honey lavender sea salt exfoliation and light effleurage-style massage with FHF nourishing magnesium body butter.

Pumpkin and Fig Facial

Celebrate the season with a rejuvenating pumpkin and fig facial that gently exfoliates, brightens and hydrates, leaving your complexion glowing for fall.

This October, give yourself permission to slow down and recharge. Sometimes the smallest moments of self-care can make the biggest difference. Contact us at **707-374-4208** or book online at mytrv.org/spa.

Trilogy Health & Wellness Center Surveys

We value your input! Whether you've visited the Spa or the Fitness Center, your thoughts help us enhance our services and create the best experience for you.

Take a moment to share your feedback. Scan the QR codes below to access the surveys.

Fitness



Spa





Hello Trilogy!

Our 18th annual Walktober event is almost here!

Saturday, October 17 at 8 a.m.



Join your Trilogy friends and neighbors and walk your way to better health, physically and mentally!



Register to walk or run starting **September 15** at the **Health and Wellness Center** or **Members Services, Vista Club**.



Free T-shirt to participants who register to walk before **October 9**.



Raffle tickets will be given to walkers who complete the Walktober event.

This event is designed for Trilogy residents only.



Please contact Trilogy Fitness Manager Sarah Rendon at 707-374-4205 or sarah.rendon@mytrv.org with any questions or concerns.



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Pure, botanical
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**CRUELTY-FREE
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Ethical beauty
you can feel good
about.



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Professional-grade
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transformation.



**PERFECT FOR
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Thoughtful gifts
for every season
and every reason.

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DESERVES
THE BEST.
WE'RE HERE
TO HELP YOU
LOVE IT.



Marks Road Park Project Update

By Jim Rosteck



An addendum was issued to all bidders on July 31, responding to the questions submitted during the bidding period. Three bids were received by the August 7 deadline. The Construction Manager, the HOA

technical advisor and the HOA's attorney have reviewed the bids.

The Construction Manager is checking the bidders' references and has requested clarifications from one bidder. After the requested information is received, the Construction Manager will provide the HOA with a bid comparison and recommendation for contract award.

The attorney reviewed the draft AIA contract form prepared by the Construction Manager and provided additional provisions. The attorney will assemble the final document for the Board's review and approval.

The Board has retained a financial advisor who is engaging a registered broker to solicit loan proposals from several lending institutions. The financial advisor will review the proposals and provide a recommendation to the Board. The Board will then consider the construction contract award and project financing. A town hall meeting will be held before the Board takes formal action.



Thanksgiving at Monarch Grill

—  —
Thursday, November 26

Monarch Grill will be open on Thanksgiving, Thursday, November 26, with a special buffet!

— **3 seatings!** —

More information to come in late October!



Holiday Events

Book your special holiday events with the Monarch Grill!

Dates are limited so book now!

MChurka@playriovista.com for more information!

PlayRioVista.com

1000 SUMMERSET DR, RIO VISTA, CA 94571

NOW HEAR THIS!

Do you have trouble hearing TV?
Do you have trouble hearing at church or
public venues? If so, then we should talk!

Deano Kinsey, formerly of Costco Vacaville, has started a mobile hearing services company

**Hearing Aid
Sales and Support**

**Assistive Listening Systems for
Home and Public Places**

With 20 years of experience as a Hearing Aid Specialist, including 14 years serving patients at Costco in Vacaville, I have built a reputation for providing quality, caring, and personalized hearing services. Many of my former patients are residents of Trilogy, and I am excited to now offer convenient mobile, on-site hearing services for residents of retirement communities. I look forward to reconnecting with familiar faces and helping you continue to hear life at its best!



Deano Kinsey
Hearing Aid Specialist

650.318.1883

info@aurastreamhearingsolutions.com

aurastreamhearingsolutions.com



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- Leave your yard fresh & clean

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707-447-2494



Infinity
Dental Care
The Foundation for Smiles

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Clubs at Trilogy

There's Something for Everyone

With over 100 Member Clubs available, there's virtually something for everyone at Trilogy at Rio Vista.

Visit mytrv.org/clubs to see a list of all clubs in Trilogy at Rio Vista. Login to access club pages with their description, meeting and contact information.

If you are a club leader with organizational and operational questions or you are exploring a new activity or event, contact lifestyles@mytrv.org.

If you are a club leader who needs to reserve meeting space or add your event to the calendar, send your reservation form to Facility Reservations Coordinator **Michele Nadler** at facilityreservations@mytrv.org.



31 Card

The 31 Card Club meets every **Sunday at 12 p.m.** in the **Sonoma Room, Vista Club**. It's a fun card game for Trilogy residents and their guests. The goal of this game is to try to score 31 points, or as close to it as you possibly can. Your score is based on the value of your cards in a single suit. Aces are worth 11 points, face cards are worth 10 and all others are worth their numerical value. The objective is to get a high score, hold on to your chips and be the last standing. At the start, \$1 is collected from each player. The pot is given as the grand prize. We usually play four games. At the end of each game, each player provides the winner with \$1.

31 is played in rounds. At the end of each round, the player with the lowest score must give up one of their chips. Once you lose all four of your chips, you're out of

the round and must wait for the next round to begin. Interested? Join us. Questions? Contact **Beverly Donovan**, 630-433-8973.

Art Guild (TAG)



Trilogy Art Guild (TAG) members can attest to the saying "parting is such sweet sorrow," as one of our most treasured members, Dorie Solomon, is moving away; and while

we all wish her well, we wish she wasn't going! Dorie is an amazing artist who has been wowing the world with her striking and captivating images since she began painting seriously in her 20s.



**TAG ARTIST EXTRODINAIRE, DORIE SOLOMON, IS MOVING AWAY;
BUT SHE WILL ALWAYS BE IN OUR HEARTS!**

Black and White photos do not do justice to the amazing art that TAG member, Dorie Solomon creates. But the numerous colored Ribbons she's garnered attest to her talent!

Mostly self-taught, Dorie credits French Impressionism as her major influence. Before moving to Rio Vista and joining TAG in 2016, Dorie's works were renowned worldwide and have won numerous awards. If you've ever attended any of the TAG Annual Juried Art shows, you have probably known Dorie's pieces. Hers are the ones with the ribbons on them! Sometimes, multiple ribbons, as in the 2025 show when her oil painting, *Harvest Time*, won first place, Best in Show and People's Choice. Do you know how good you must be to have folks stop dead in their tracks to admire pumpkins?

Why don't you come join us at our next TAG monthly members meeting on **October 5** and meet other amazingly talented artists like Dorie.

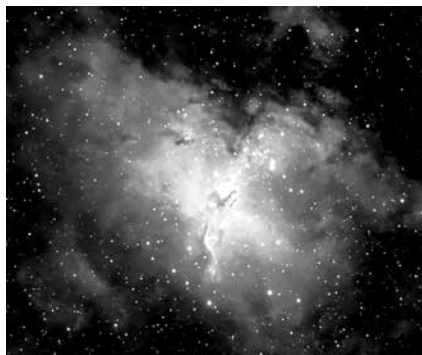
Monthly members meetings are held on the **first Monday** (excepting when pre-empted by a holiday). TAG also has Open Paint sessions on Mondays (except the first Monday). All meetings are from **1 to 3 p.m.** in the **Marina Room, Delta Club**. Upcoming member meetings are **October 5** and **November 2**. Contact **Harvey Steinhaus**, Harvey.Steinhaus@gmail.com.



Astronomy Club

October is the month when early evening observing is possible, as it gets dark just before 7 p.m.

At this time, Saturn has risen and is well placed for observation. If you haven't had a chance to view the Ring Nebula M57,

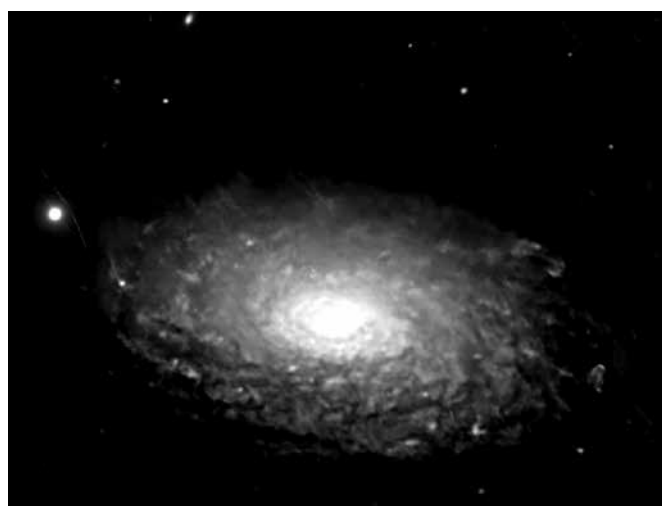


M16, known as the Eagle Nebula contains the pillars of creation.



During the short time the clouds parted a smart telescope took an image of the lunar eclipse.

now is the time, as the constellation Lyra is still high in the sky to the west. Also take time to view M27, which, like M57, is a planetary nebula. Planetary nebulae are remnants of old stars that have run out of fuel and have collapsed



M63 is a beautiful spiral galaxy.

The Trilogy Astronomy Club, also known as the Windy Skies Observers, meets on **October 12 at 7 p.m.** in the **Monterey Room, Vista Club.** Contact **Mike Chibnik, chibnikm@gmail.com.**

Ballroom Dance

As we dance to "String of Pearls," at every level the dance remains a kinetic form of body language and is structured according to rhythm and melody.



James, Mary Jane, Alejandro and Joyce.

We meet on **Thursdays from 6:30 to 8:30 p.m.** in the **Rio Vista Room, Delta Club.** Contact **Rick Mares, rjmares@comcast.net**

Billiards Club

Tournaments are held every Tuesday evening, starting at **5 p.m.** Please be there by 4:50 if you plan to play. The August winners were:

August 4, 8-Ball: 1st Kevin Doyen, 2nd Nathan Griffin and 3rd Dollar Bill.

August 11, 9-Ball: 1st Dollar Bill, 2nd Donald Martin and 3rd Jack Clark.

August 17, 8-Ball: 1st Jose McKanobb, 2nd John Faustini and 3rd Chuck Hoffman.

August 25, 10-Ball: 1st Tom Conklin, 2nd Donald Martin and 3rd James Gant.

If you're a woman who has never picked up a cue stick before, you can get a free introduction to playing pool on **Wednesdays at 10 a.m.** from Club Secretary Vickie Muñoz. You can learn at your own pace because one of our club members taught her the rules and basics of shooting pool when she first moved to Trilogy. That gives her the ability to help beginners with empathy and patience. The ladies group has an excellent mentor, Club Vice President, John Faustini, who is willing to answer any questions, offer intermediate training or show you drills to improve your game. By the way, there is no cost to women who want to learn to play pool or who might enjoy shooting pool with other ladies on Wednesday mornings. Do not hesitate to come check it out. Contact **Vickie Muñoz, 925-330-1838, vmunoz126@pm.me** or **Jim Rosteck, jrosteck@aol.com.**



Bingo

Meet new friends and have fun. We meet on the **fourth Friday at 6 p.m.** in the **Rio Vista Room, Delta Club**. Buy-in is \$10 for a pack of 12 games (4 cards on a sheet). Every player must purchase a \$10 buy-in. Additional packs are \$5 each after buy-in. Early bird special: \$1 per card. We use these funds for the early bird prize. The game prizes are \$50; blackouts \$250. Extra blackout cards and daubers are available for \$1. Contact **Irene Foss, 707-374-6999**.

Bocce Club



Court Hogs

Just as fast as the 2026 Spring and Summer Bocce Season began, in the blink of an eye, it came to a successful close. Forty four teams in total participated in the league that was comprised of an evening division and two morning divisions, one for Tuesday and Thursday and the other for Wednesday and Friday.

Coming in 1st place for the evening league



On-A-Roll

were the Paisanos. 1st place for the Tuesday and Thursday league was On-A-Roll. 1st place for the Wednesday and Friday league was the Court Hogs. Congratulations to



Paisanos

the teams finishing in first place. This was a testament to your talent and teamwork. See the winning team pictures. Well done!

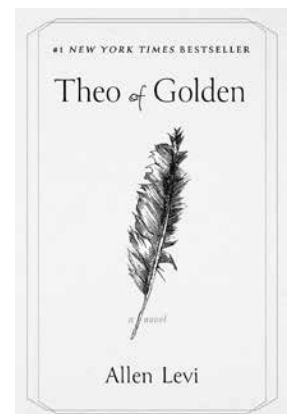
We, your Trilogy Bocce Board, hope you enjoyed attending and participating in your weekly matches as much as we enjoyed putting it together. Much gratitude for your years of continued support. To our players, captains and fans, thank you for making this season an unforgettable one.

Up next on our 2026 journey will be completing the Harvest League season. This is a morning league only, with divisions being played on **Tuesdays, Wednesdays or Thursdays**. The season started in September and will run until the **first week of December**.

To another year of rolling, laughing and friendly competition, cheers! Contact **Al Anthony, trilogyplaysbocce@gmail.com**

Book Club

Have you read *Theo of Golden* by Allan Levi? This month the Trilogy Book Club selection is this engaging novel. First published in 2023, this quickly piqued the interest of thousands of readers, necessitating several printings of the book. Come join us even if you have not read the book. We always learn something new from the lively discussion about the current month's selection. We meet at **10:30 a.m. Tuesday, October 13** in the **Multipurpose Room, Vista Club**. Many of us participate in Book Chat, which begins at **10 a.m.**





clubs + groups

The Shakespeare Study Group brings Shakespeare alive! We will begin discussing *Henry IV, Part Two* starting in October, following King Henry's illness, Prince Hal's journey from vagabond to kingship and the hilarious antics of Sir John Falstaff. Join us as we share our "acting skills" by reading aloud Shakespeare's plays. We meet on **Tuesdays, October 6 at 11 a.m.** in the **Monterey Room, Vista Club**.

The Classics Study Group helps prove that reading the "Classics" does not have to be intimidating or tedious. Well, maybe a little intimidating. Through lively discussion, group members help guide each other to deeper understanding and enjoyment of great novels. In October, we will continue discussion of Jane Austen's *Persuasion*. Does Anne Elliot find true love, or is she persuaded not to follow her heart? Is Captain Wentworth worthy of Anne? Austen is an example of great writing that is still easy to read. And there is no final exam! We meet on **Tuesday, October 27 at 3 p.m.** in the **Multipurpose Room, Vista Club**. Contact **Don McGill, 910-612-4799, djmcha@yahoo.com**.

Breast Cancer Support

If you would like information or support, are thinking of giving back or can tell us of someone who may need some TLC by receiving a Bag of Caring, please contact **Sally Feldman, 510-501-0684, trilogysurvivor2016@gmail.com**. If you would like to join us, we meet on the **second Tuesday at 1:30 p.m.** in the **Monterey Room, Vista Club**. Always remember there is just so much to be grateful for.

Broadway Bound



On **Sunday, November 22 at 2 p.m.** the Trilogy Broadway Bound Group will be attending *Mean Girls* at **Davis Musical Theater, 607 Pena Drive, Davis**. Dinner after will be at **Jacky's Mexican Restaurant, 127 N 1st Street, Dixon**.

If you purchase tickets for this show and want to join us for dinner, contact **Linda Beckemeyer, linsfo@gmail.com**, so she can reserve your place at the restaurant.

Mean Girls is a rock musical of a book by Tina Fey, lyrics by Nell Benjamin and music by Jeff Richmond. It is

based on the 2004 film by Mark Waters, which was also written by Fey and was in turn inspired by Rosalind Wiseman's 2002 book *Queen Bees and Wannabes*. Cady Heron may have grown up on an African savanna, but nothing prepared her for the wild and vicious ways of her strange new home: suburban Illinois. How will this naïve newbie rise to the top of the popularity pecking order? By taking on The Plastics, a trio of lionized frenemies led by the charming but ruthless Regina George. But when Cady and her friends devise a "Revenge Party" to end Regina's reign, she learns the hard way that you can't cross a queen bee without getting stung.

Bunco



Let's get together and have some fun. Join us for Bunco and make new friends. Bunco is an easy game to play — just a roll of the dice. We sit at tables of four players, make introductions and start when the room is ready. At the end of each round,

two players from each table move to another table and then we play again.

We meet on the **second Friday at 6 p.m.** in the **Rio Vista Room, Delta Club**. Refreshments will be served during the break. We look forward to seeing you there. Contact **Anna Hoerz, 925-759-1138**.

Canasta - Couples

If you want to meet, socialize and have a fun evening with other Trilogy couples, this club is for you. We play triple play, guys against girls. Canasta is a fun card game that is easy to play and requires no experience. Beginners are always welcome. We play twice a month on the **first Tuesday at 5 p.m.** in the **Marina Room, Delta Club** and the **third Tuesday at 5 p.m.** in the **Sonoma Room, Vista Club**. Contact **Lucy or David Blalock, 559-916-4979, blalock31@att.net**.

Canasta - Shove It

Gather your friends and join us for an enjoyable evening of camaraderie and fun as we explore the exciting world of games! Whether you are an experienced player or a curious newcomer, this is the perfect opportunity to play in a relaxed, pressure-free environment with no dues required.

We invite you to learn and experience the thrill of Canasta on **the first and third Wednesdays from 6 to 9 p.m.** or join us for the engaging game of Shove It on **the second and fourth Fridays from 1 to 4 p.m.** Both



events will take place in the **Sonoma Room, Vista Club**.

This is more than just playing games — it is about building connections with fellow card players and creating lasting memories in a stress-free atmosphere. Experience the joy of friendship and fun with great neighbors. We look forward to seeing you there, so be sure to mark your calendars. Contact **Sandra Bowen, 925-381-0925**.

Canasta - Triple Play

Canasta is not just a card game. It's about making friends, building relationships and having fun!

On **Tuesday** we play Triple Play and **Thursday** features Super Samba. Both are from **12 p.m. to 4 p.m.** in the **Sonoma Room, Vista Club**.

Have you been thinking about joining us? We welcome all skill levels and happily teach newcomers. Whether you are an experienced player or never held a Canasta hand, there is a seat for you.

Contact **Diane Iacopi, 415-720-6973** or **Jan Glassco, 209-612-9858**.

Ceramics Club

It's Autumn! With the holidays and year-end approaching, come to Ceramics to paint a holiday masterpiece, something for your personal enjoyment, a decoration or a gift. Whether you're a seasoned painter or picking up a brush for the first time, we'll support you every step of the way. Stop by and check us out; we will offer one piece for you to paint.

If you like Ceramics and want to join, it is \$15 per year for the use of the paints, the kiln and a relaxed and supportive environment where you can unwind, socialize and unleash your inner artist. We meet every **Thursday from 9:30 a.m. to 1 p.m.** in the **Marina Room, Delta Club**. Stop by on Thursday and check us out. Feel free to reach out with any questions. Contact **Hande Gurel, 415-936-6495**.

Collectors Club

Welcome to the Trilogy Collectors Club. We continue to experience growing interest in our club. Come find out why! The next Trilogy Collectors Club meeting is on **Friday, October 9 at 10 a.m.** in the **Sonoma Room, Vista Club**. Bring your cherished collectible for show-and-tell and maybe an opinion of value. We look forward to hearing the back story about your collectible. There is no fee to join our club or attend our informative and entertaining gathering. We always finish our meeting with a free door prize raffle. See you soon and tell a friend! Contact **Henry Giovannetti, henrygiovannetti@sbcglobal.net**.

Council for the Arts

The theme of next year's musical revue, Music of the Night, is "World Cruise." If you are interested in being a part of this annual musical revue, we are holding auditions on **October 15 at 6 to 8 p.m.** in the **Monterey Room, Vista Club**. Look for the poster in the Vista Club or contact **Delia, 925-726-5996** for more information.

The Council offers financial grants to organizations and clubs in Trilogy that are involved in the many aspects of the arts. The source of funds used to offer these grants is the revenue raised by Music of the Night. Updates about Music of the Night can always be found here.

The Council meets on the **second Thursday at 10 a.m.** in the **Monterey Room, Vista Club**. Contact **Roger Kohn, 707-374-2737, clubkohn@gmail.com**.

Cooking Club

Greetings from the Trilogy Cooking Club! We are a group of enthusiastic home cooks and chefs who share a passion for all things culinary. Our members delight in cooking, discovering new ingredients, learning innovative techniques, sampling delicious dishes and sharing our experiences related to cooking and food in the Delta area.

The club meets monthly, with each meeting centered around a unique, food-related theme. These themes vary widely, ranging from vegetables or ethnic cuisines to specialty dishes. Each month, a group of members contributes by preparing a dish based on the theme, and everyone gets a taste of their creations.

Occasionally, the club hosts demonstrations of specific cooking techniques, methods or specialty dishes. Recent demos have included baking baklava, salts and oils. In September we had demonstrations on BBQ sauces and in October we will have vinegar tasting.

Whether you are interested in mastering new cooking techniques, participating in tastings, learning from demonstrations or simply want to expand your culinary knowledge, we invite you to join us.

All club recipes can now be found on the Trilogy Cooking Club's homepage on the **mytrv.org/cooking-club**. We encourage you to visit the site and explore the diverse collection of recipes from past meetings.

Our next meeting takes place on **Tuesday, October 13 at 12:30 p.m.** in the **River Room, Delta Club**. We hope you will join us.

Guests are always welcome to drop in and experience what our club has to offer. Contact **Gary Swieso, 714-473-2729, tabsco1@gmail.com**.



Covenant Women of God

Have you ever wondered why the tenth month of our calendar year is named October, as the prefix, "Octo" means "eight or having eight"? The name was carried over and continued from the Roman calendar where it was given to the eighth month. Well, don't fret, the Covenant Women of God (CWOOG) is restoring literal legitimacy to the month of October with our High Tea and Fashion Show on **Saturday, October 17 at 11:30 a.m. to 3:30 p.m.** in the **Rio Vista Room and River Room, Delta Club**. Attendees will have "eight-citing" experiences: Spirit-filled word, song, fashion, comedy, food, games, fellowship and fun! Seating is limited, so pick up your registration form today at poster display in the **Grand Living Room, Vista Club** or from the **Delta Club** mailbox area.

If you have not already attended CWOOG's Thursday evening Bible Study, do yourself a favor and attend, either in person or by Zoom. **Thursdays from 6 to 7:30 p.m.** in the **Multipurpose Room, Vista Club** we study what Scripture teaches about the abundant life, including God's presence, God's spirit, God's voice, God's activity, God's grace, God's power, God's fruit and God's gifts. Contact **Rita Hearn, 209-423-4042**, **Deborah Branch, 707-718-0595** or **Sandra Owens, 707-378-9426**.

Creative Crafting

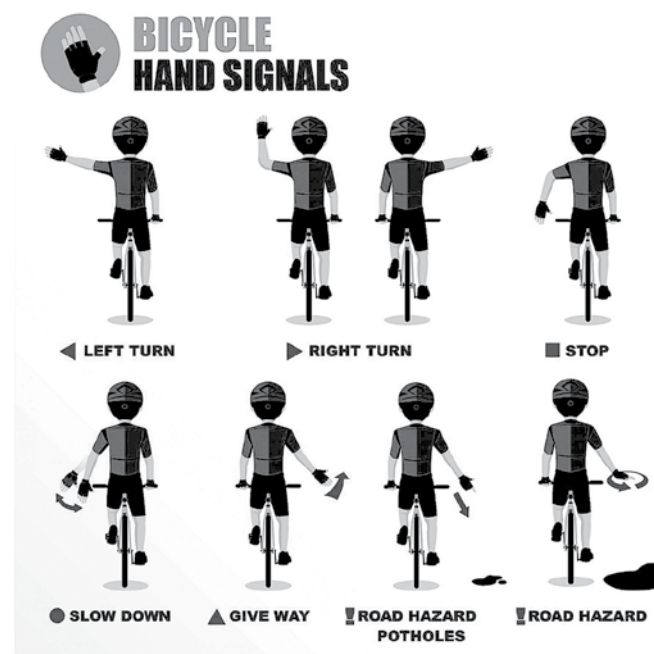
Our motto is Something from Nothing. The Creative Crafting Club invites all to join. Our goal is to provide a safe and friendly environment for you to express yourself through art, jewelry making, knitting, quilting, sewing (no machines) and anything else you can imagine! No monthly fees, dues or donations are required. Bring your supplies and we will provide support and learn from you. We will also give you the opportunity to learn a craft from someone else. We meet every **Tuesday from 12:30 to 3:30 p.m.** in the **Marina Room, Delta Club**. Contact **Linda Jones, Uniquemom8@aol.com, 510-343-1496**.

Cribbage

The Cribbage Club meets every **Monday from 9:30 to 11:30 a.m.** in the **Sonoma Room, Vista Club**. Cribbage was popular among prospectors in the American West. A small mining town named Nelson in Montana still has a sign claiming to be the Cribbage Capitol of the World. It is also a traditional game for American submariners.

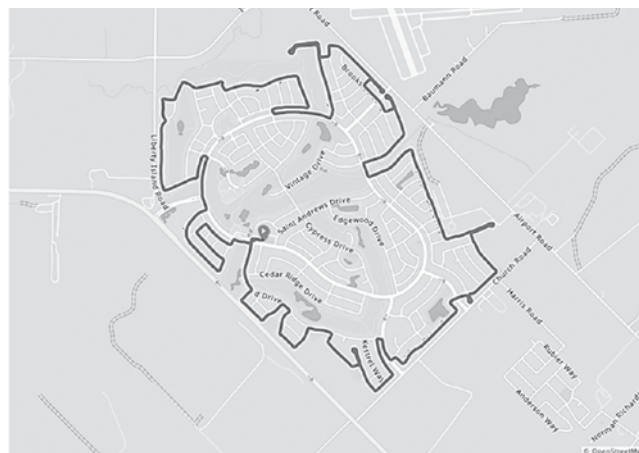
Please join us and see for yourself what makes this such an enjoyable card game. Contact **Cheryl Edwards, 925-852-5047**.

Cycling Club



Riders gather in the parking lot along Summerset, next to the tennis and pickleball courts.

Casual Group Ride: **Monday, Wednesday and Friday at 9 a.m.** Counterclockwise Mondays and Fridays, clockwise Wednesdays, one, two or three loops, peeling off whenever fits you. No one is left behind, and we welcome new riders to this friendly peloton. Contact **Brenda Lundy, 707-639-7437**.



7.8 mi
DISTANCE

181 ft
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42 m 50 s
MOVING TIME

Show and Go Ride: **Monday, Wednesday and Friday at 9 a.m.** Venture outside the gates for 20–30 miles over 2–3 hours with local routes such as Birds Landing/ Collinsville and the Delta Loop. Always welcoming new riders! Contact **Dave Blalock, 559-916-4979**; Contact **Steve Buck, 559-917-7012**.



3rd Thursday Ride - **third Thursday at 8:30 a.m.** Ferry across for a 20-mile loop around Ryer Island. Contact **Brenda Lundy, 707-639-7437**.

Dance Club

What a great turnout we had for our third Annual Trilogy Music Festival. Thanks to all the volunteers and performers for making it a fabulous day! Our Dancing Under the Stars Summer Series was a huge success. We thank you all for attending and dancing with us. See you next year. Contact **Sheryl Wayne, 925-325-5359, trilogydanceclubriovista@gmail.com**.

Delta Breeze Chorus

If you, like so many others, are looking for ways to reduce anxiety and stress in your life, you might be surprised to learn that group singing could be the solution. Recent scientific studies have found that singing in a group can lift your spirits, improve memory and help improve posture, breathing and heart rate. Mature adults who sang in a chorus for at least 90 minutes a week were found to be happier, healthier and more fulfilled.

Our Delta Breeze Chorus, led by Gary Soals, is certainly an example of the benefits of group singing. The rehearsals, held on **Tuesdays at 6:30 p.m.** in the **Diablo Ballroom, Vista Club**, are a great example of the joy of singing. There are plenty of smiles and laughter shared among members, and just as much musical integrity. All in all, a livelier, more committed group of singers would be hard to find.

The chorus will be participating in the upcoming Popfest program on **October 29 at 4 p.m.** in the **Diablo Ballroom, Vista Club**. Other Trilogy music groups will be participating as well, so come out and witness the talent we harbor right here in our community.

The Delta Breeze Chorus is particularly looking for tenors to join their ranks as the fall music season gears up and preparation for the approaching holidays begin. If your voice falls within the tenor range and you have a desire to join with other singers, why not come to one of our rehearsals and speak with Director Gary Soals personally? He will be happy to answer your questions. Other vocal ranges are equally welcome. Contact **Carol Harris, crlharris6@gmail.com**.

Delta Rainbows



The Delta Rainbows are a lively group of LGBTQ+ folks who meet on the **second Tuesdays** for a potluck at **6 p.m.** in the **Marina Room, Delta Club**. On all other Tuesdays, we meet at various local

venues for lunch and camaraderie. We also venture out for field trips from time to time. To learn more about our club, please visit our Facebook group, NextDoor.com page or contact **Jerry Washington, 510-691-9807**.

Dog Club

The Dog Club is excited to welcome October. Stop by our bake sale at **312 Fairbanks Drive**, during the Trilogy garage sale. This is our largest fundraiser of the year and supports our donations to the Rio Vista Food Pantry and various animal rescues. Additionally, we are collecting gently used and not-so-nice bedding and bath towels and pet food to distribute via the Pantry and animal rescues. Anything is greatly appreciated.



Gaby Costa

The annual Dog Club Halloween parade will be on **Tuesday, October 27 at 12:30 p.m.** at the **Delta Club parking lot by the Golf Cart building**, followed by the parade and pizza. Assemble at **12:30 p.m.** in the upper



parking lot to check in, parade around the Tennis, Delta Courts, along Summerset and finish on the Delta Club patio for pictures, prizes and pizza. Join us for the parade with your pup in costume and try to win the top prizes, but every participant will be a winner. If you need a costume, the club has several that have been donated.

Our dog of the month is Gaby Costa, a seven-year-old Australian Shepherd, owned by Bruce Costa. Gaby loves to take walks, do tricks for rewards and stick like glue to her dad.

Non-club members are encouraged to register their pets with the Club to assist in locating wandering dogs. Please remember to call the Front Gate, **707-374-4306**. Check your chip and collar tag information. Contact the Dog Club with your pet's information so we can add your pets to our registry. Contact **Patty Harrington, maxcurie@hotmail.com**

Dominoes

We play Mexican Train Dominoes on the **first and third Tuesdays at 12:30 p.m.** in the **River Room, Delta Club**. Please come and join us! Contact **Alison Holeman, 415-699-0105**.

Drama Club



Members of the Drama Club are still receiving positive comments and thank-you notes in follow-up to our August play, Donald Mullen's "The Clock Runs out for Isabelle Tyme, or Ask Not

for Whom the Belle Strolls." Thanks for all those comments, such as "Your best play ever!" from so many who attended.

Our October monthly club meeting will be held on **October 27 at 5:30 p.m.** in the **Marina Room, Delta Club**. Contact **Club President Ken Gutman, 408-710-0741**.



End of the play bows from the entire cast of "The Clock Runs Out for Isabelle Tyme". Photo by Chris Rasmussen.

Family Support

Family Support is available to assist with memorial services for Trilogy residents who have lost loved ones who lived in Trilogy. Contact **Minnie Howell, 510-866-8786, minniehowell317@gmail.com**.

Fat Quarter Quilters



Fat Quarter Quilters is a group for anyone who loves to sew. Come and enjoy sewing with others. Bring your project and sewing machine if needed. There is room for sewing, cutting and laying out your project. We have extension cords, ironing boards, irons, cutting mats and rulers. We meet every **Wednesday from 12:30 to 4 p.m.** in the **Rio Vista Room, Delta Club**. Contact **Diane Andrade, 510-517-2217, dandrade3@frontiernet.net**.

Friends of Bill W.

The Trilogy Recovery Support Group meets every **Wednesday at 1 p.m.** in the **Monterey Room, Vista Club**. Our primary purpose is to support those in recovery or interested in recovery from alcohol abuse. Meetings follow the format of an Alcoholics Anonymous (AA) gathering. Contact **Laney Harber, 408-306-4955**.

Garden Club

Bat expert Rachael Long will be the guest speaker at the Trilogy Garden Club meeting on **Thursday, October 8 at 1 p.m.** in the **Diablo Ballroom, Vista Club**. Few of nature's animals are as misunderstood as bats. Here's an opportunity to set the record straight and learn how important bats are for sustaining a healthy world.



In this presentation we'll learn about the fascinating lives of bats, including the types of bats that live in our area, how they echolocate to

catch insect prey and their migratory behavior. We'll also dispel many common myths about bats.

Protecting bats and their habitats is crucial to maintaining ecological balance. As such, we'll learn how to put up bat houses to provide habitat for bats. Likewise, we'll learn how and when to evict unwanted bats. Finally, we'll conclude with a discussion about rabies, which will be



brief, as bats can carry rabies, as do other wild animals, but it is completely preventable in people.

Rachael Long is a University of California Cooperative Extension Emeritus Farm Advisor in the Sacramento Valley. She is a graduate of University of California, Berkeley with a BS in Biology and an MSc from University of California, Davis in Entomology. Her interest in bats stemmed from work on biological pest control practices to help reduce insecticide use on farms. She lives in Zamora where her family farms almonds, wheat and processing tomatoes and is an author of several children's books.

Please join us for an unforgettable presentation on the secret lives of bats.

Our next meeting is **November 12, at Diablo Ballroom, 1 p.m.** and features the presentation, Making Your Own Soil and Soil Amendments by Master Gardener Bernadette Peters. Contact **Marsha Willard, rimawil68@gmail.com.**

Genealogy Club

Trilogy Genealogy Club, where history is shaken, never stirred. We are a covert collection of armchair detectives, curious agents and family-history operatives determined to crack the cases of their ancestors. Our briefings are twice a month, each being very different operations.

First Thursdays from 2:30 to 4:30 p.m. in the **Monterey Room, Vista Club**, the operation is a rapid-fire case review. Agents report in. Mysteries are revealed. Brick walls come under interrogation. We brainstorm, exchange intelligence, offer research tips and celebrate those satisfying moments when an elusive ancestor finally gives up the goods.

Third Thursdays 2 to 4 p.m. in the **Learning Center, Vista Club**, the operation is intelligence training. Sharpen your sleuthing skills with the latest genealogy techniques apps, AI tools and research strategies designed to take your investigation to the next level.

All are welcome! Membership is free. Whether you're a seasoned genealogical operative or simply curious about the characters lurking in your family tree, there's a place for you on the team! No experience required. No secret handshakes. Just bring your curiosity! Contact **Sheila Vingo and Karen Davis, TRVgenclub@gmail.com.**

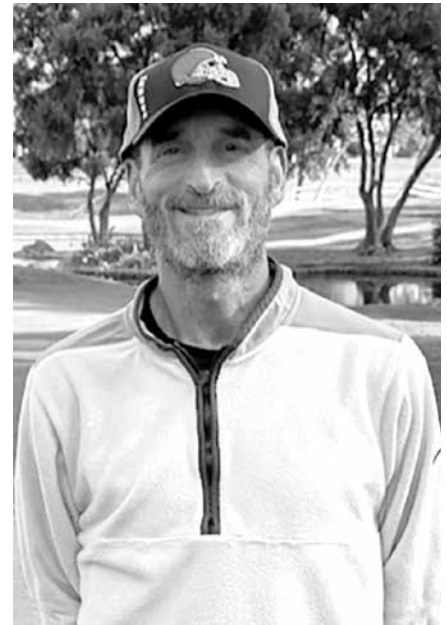


Golf Club: Men's Executive Nine

The Rio Vista Men's Executive Nine golf club is comprised of members who enjoy playing nine holes of golf and then socializing after the game. We welcome new members

of all ability levels. We play on **Tuesdays** utilizing a shotgun start beginning at **9:30 a.m.** The format varies each week, usually with individual non-tournament golf two Tuesdays of the month and individual and team tournament events on the alternate Tuesdays.

Tournament Results: July 28 and August 4 Club Championship Results: Low Gross Champion - Bob Katzman; Low Net Champion - Michael Charles. Flight Winners: A Flight - Ron Kott, B Flight - Rick Rudolph, C Flight - Michael Charles and D



Low Gross Champion - Bob Katzman

Flight - Tim Taylor. Winning team members for the September 1 "Texas Scramble" were 1st Place with a low score of NET 25 Team 6 \$15 each Magnum, Duke, Quinday, Renko. 2nd place with a NET 26 Team 2B \$13 each Sayre, Sakul, Ondersma, Vogel. 3rd place with a NET 28 winning in a card off Team 8B \$12 each, Santry, Hendricks, LaCourse, Neil.

Congratulations, men!

Upcoming Scheduled Tournaments: **October 13** Super Senior Tees and **October 20** Tee It Up Scramble.

The Men's Executive Nine currently has 129 members. We invite you to come out and join us for a good time with a great group of guys. Applications for membership are available at The Golf Club at Rio Vista's pro shop. Contact **Roger Hartman, learhart15@yahoo.com.**

Golf Club: Senior Men's



Greetings from RVSMGC! We are a dedicated group of Trilogy golfers who enjoy the camaraderie and challenge of playing our home course and occasionally other area courses.

On September 15, the Bay Area Seniors Association (BASA) held its annual



meeting and golf tournament at Rio Vista. Representatives from BASA member clubs attended. We were excited to showcase the course improvements made since TRVMA purchased the golf course in 2019.

August RVSMGC Tournament Results:

August 12, 6-6 Two-Man: Combo Tees – Ron Chalmers and Shawn Blazius; Green Tees – Gene Richards and Larry Ross.

August 15, Two-Day Club Championship: Overall gross-score champion – Bob Katzman; Flight 1, White Tees – Mike Sadler; Flight 2, Green Tees – Rayno Niemi; Flight 3, Green Tees – Hans Puppington; Flight 4, Green Tees – Angelo Frudakis.

August 26, ABCD Vegas Scramble, Green Tees – Shawn Blazius, Jim Rostock, Larry Ross and Chris Bolding.

The winners of the Beat the Pro tournament were Kathy Cole and Jackie Cummings.

We are always looking to welcome new members to our club. The opportunity to play private courses that might otherwise be inaccessible is one of the many reasons to join RVSMGC. Contact **Dave D'Arche**, dd@eaglepoint2.com.

Golf Club: Women's 9-Holers



We are a fun group of ladies who get together every **Tuesday at 9 a.m.** at **The Golf Club at Rio Vista**.

August 4, Goose Caused a Scene: 1st Place: Angie Jones, Sue Clark, Jill Smith and Alma Renko, score 207. 2nd Place: Bird Mercer, Jeanie Renner

and Jan Benner, score 226. 3rd Place: Mitch Ybarra, Kathy Moore and Debi Pettirutti, score 248.

August 11, Senior Tees: Lots of pars. There were six golfers who broke 50. Well done: Bird Mercer, Angie Jones, Cindy Brown, Sandy Smith, Janie Meacham and Barb Bellamy.

August 18, Straight Golf: Pars were Jill Smith, hole 13 and Tammy Lewis with 2 pars, holes 14 and 16!

August 25, Low Putts and August Net Niner: Flight 1: 1st Place: Janie Meacham, 14 putts, 2nd Place: Cindy Brown, 15 putts, 3rd Place: Cathy Warr, 14 putts. Flight 2: 1st Place: Julie Goodin, 12 putts, 2nd Place: Trina Reilley, 16 putts, 3rd Place: Kathy Moore, 17 putts. Flight 3: 1st Place: Jackie Cummings, 17 putts, 2nd Place: Eileen Foster, 17 putts, 3rd Place: Jennifer Tucker, 19 putts.

Congratulations to our August Net Niner, Janie Meacham!

October 6 is our invitational, Rhinestone Cowgirl on the Green. Contact **Sheila Wood**, wood.sheila@sbcglobal.net.

Applications to join the 9 Hole Women GC are in **The Golf Club at Rio Vista's pro shop**.

If interested in joining or would like to play as a guest, contact **Cathy Warr**, 253-312-2565, catherinewarr59@gmail.com.

Good Samaritans

The summer months of July and August were a blessing and a new adventure for the Good Samaritans Bible Study. We believe in unity and were able to extend a new vision and offer our assistance to other Bible Study groups while they were off for the summer. This gave their leaders a chance to have time off for prayer and expand their vision toward their ministry. During this time, we also appreciated their assistance toward this year's Back-to-School event.

We are studying from the book of Acts and that also is a blessing because it seems to fit the times now of the establishment of the churches and the hardships they encountered. Acts also gave us encouragement on how to handle situations in our life today. It's a blessing to see the growth and unity in all the Bible Study groups.

The month of October is our planning month for outreach ministry for Thanksgiving and Christmas. We believe in not just studying the Word of God but also being a doer of the Word.

The Good Samaritans continue to provide encouragement by: 1) Teaching from the Holy Bible. 2) Living by the Word of God and being a doer of the Word. 3) Uplifting one another through good times and hard times. 4) Praying for one another. 5) Conducting outreach ministry. 6) Being an inspiration to others. 7) Assisting other Bible Study groups in a time of need. 8) Keeping unity in our community.

We pray all people have a blessed Indigenous Peoples' Day on October 12. Bible Study every **Thursday at 1:30 p.m.** in the **Marina Room, Delta Club**. Contact **Rose**, 9fellowship@gmail.com Scripture: Psalm 133:1.





Guitar Club

The next This n That Coffee House of the year is on **Thursday, November 5** in the **Diablo Ballroom, Vista Club**. If you don't want to miss it, consider joining our email list. We'll send you a reminder a week before the next one and the lineup for the show. Contact guitarclubtrv@gmail.com.

Guitar Club meets on the first and third Mondays of the month from **1:30 to 3 p.m.** in the **Multipurpose Room, Vista Club**. Anyone is welcome to stop by, especially if you used to play.

The Beginners Workshop meets on the second and fourth Mondays of the month from **1:30 to 3 p.m.** in the **Multipurpose Room, Vista Club**. It's for anyone interested in learning to play guitar.

Contact **Roger Kohn, 707-374-2737, Guitarclubtrv@gmail.com**. You can also contact **Bill Morales, top4orty@gmail.com**.

Havurah Club

Are you interested in Jewish culture — its deep traditions and vibrant life today? We invite you to attend our Havurah social group. We meet on the **second Wednesday at 7 p.m.** in the **Monterey Room, Vista Club**.

Our **October 14** meeting will feature a live presentation by Havurah member Sean Raman. His topic will be My Journey from Hinduism to Judaism.

Whether you are new to the community or a longtime participant, you are welcome. If you are interested in helping shape future gatherings, we would be pleased to have your ideas and involvement. Contact **Pam Hayes, 408-205-0168**. Shalom, your Havurah Friends

Hiking Club

We are a diverse group who share a love of nature and the outdoors. We enjoy the unique hiking locations



Waiting to catch the ferry to Angel Island

available in our area that often combine wildlife viewing and great photo opportunities with fresh air, exercise and socializing. Unless otherwise announced, our hikes are on **Saturdays** year-round. May through October, we meet in the Vista Club parking lot near the waterfalls at **8:15 a.m.** to carpool or follow someone to the trailhead. We leave at **8:30 a.m.** sharp. November through April we meet inside the Vista Club.



Our very own photographer Doris Noriega



Hiking the trails on Angel Island

A monthly member email and our website describe each event in detail. You are invited to view our website at trilogyhikingclub.weebly.com. Select a hike that matches your fitness and ability level and join us for a great outdoor experience. We welcome all new members and look forward to meeting you. Contact **Carole Howe, carolehowe@gmail.com** to get on the email list. Hike leaders are welcome. If you are interested in leading your favorite hike, contact **Ron Steiner, ronjsteiner@gmail.com**.

Our upcoming hikes are **October 7** at **Glen Cove, Vallejo**, **October 10** for the Walktober walk with the group and **October 24** at **Mt Wanda, Martinez**.



International Folk Dance

Happy Columbus Day and Happy Halloween to all! The month of August was spent learning new dances and reviewing Hawaiian dances in anticipation of upcoming performance opportunities. For Hawaiian Dance, we reviewed five dances that will be performed in September and worked on perfecting our new dance, He Lei No Manoalani.

For Hawaiian Dance, our club instructor, Carmen Wong, along with our former line dance instructors Larry Louie and Pauline Young, attended a line dance convention in Reno, Nevada. The five-day event, called BLISS – Biggest



Line Dancers: Pam, Carmen, Zeny, Cora, Joyce, Lupe, Deidre, Liz, Susan, Vhie, Mary Jane, James and Carmen W.

Little Iconic Summer Stomp, had instructors from all over the USA teaching five levels of line dances at the Silver Legacy Hotel and Casino. We learned new dances from Absolute Beginner, Beginner to Improver dances.



Hula Dancers: James, Vhie, Mary Jane, Deidre, Pauline, Cora, Zeny and Carmen.

These will be added to our selection of dances to be learned by the group. We also attended several dance parties, some of which celebrated our August birthday celebrant, Vhie Ibay. Several of us attended the August

9 Dance Club Disney-themed dance party; the August 16 Vallejo Filipino Community Center; the August 22



Filipino Community Center Birthday Celebration: Carmen, Zeny and other dancers.

Rio Vista's Hog August Bites; the August 29 Marquis Monthly Birthday Celebrations and the Viaggio Winery dances with the Blue Mechanics Band and the Wise Guys Bands. At all these events, we danced some of our favorite line dances along with other partygoers.

Everyone is welcome to attend our weekly meetings each **Friday from 2 to 5 p.m.** in the **Multipurpose Room, Vista Club**, with line dancing starting at **3:30 p.m.** Contact **Carmen Wong, 650-438-0540** or **Pauline Rockett, 914-447-0938.**

Jazz Band

Songwriter Henry Nemo wrote what would become a popular jazz standard back in 1941 called "Tis Autumn." It's a delightful tune that speaks of love and this time of year when leaves fall to the ground, flaunting a dazzling array of colors for us to enjoy.

This month Trilogy will display its own dazzling array of musical colors at the annual Popfest show taking place on **October 29 from 4 p.m. to 6:30 p.m.** in the **Diablo Ballroom, Vista Club**. There you will enjoy a variety of music performed by members of our very own Trilogy community. Of course, the Big Band will be there to provide great selections from its repertoire, too. Mark your calendars now for this sure-fire audience pleaser. The doors will open at **3:30 p.m.** and admission is free. This event is theater style seating with no reserved seats.

The Big Band is continuing its search for trumpet and trombone players who read music and can attend rehearsals on **Wednesdays at 2:30 p.m.** in the **Diablo Ballroom, Vista Club**. Bandleader Elaine Schaefer will be happy to answer any questions or concerns you may have about joining this group of committed, supportive volunteer musicians. Contact **Elaine Schaefer, 707-507-9233.**



Just Dance

Join our club every **Monday** from **12 to 1 p.m.** in the **Rio Vista Room, Delta Club**. There are no steps to learn; you can dance alone or with a partner. Everyone has a great time, and you burn off some unwanted calories! Did we mention that we collect zero dues or fees? Join us! Contact **Judy Stinson, 707-374-3973, stinson_lucky2@yahoo.com.**

Just Write!



Optional Topic: I'll Cross That Bridge When I Get To It. In Rio Vista and the surrounding area, we often wonder if we'll ever get across the Helen Madere Memorial Bridge. We have doctor

appointments, family get-togethers, shopping trips and restaurant reservations on the other side. But we also have other times when we put off what needs to be done until it is more convenient or when we have more information to complete the task. Whether you're facing a physical bridge or another obstacle preventing you from moving forward, tell us about it in a song, poem or short story. You can choose to write in a humorous or somber style. It can be fictional or factual. Perhaps you're working on a chapter of your memoir, an article for publication or an assignment in a writing class. Just write!

We'll meet on **Friday, October 16 at 2 p.m.** in the **Monterey Room, Vista Club**. Bring an unusual or underused word to share. It might be just what someone needs to complete their composition. If you'd like to have us critique your work, please provide six to eight copies, which will be returned at the end of the meeting. Whether you're published or not, all Trilogy residents are welcome to attend. Contact **Judy Stinson, 707-374-3973** or **Suzi Cassone, 925-231-5213**.

Kindness Is Contagious

Rio Vista Food Pantry Board President Lisa Hechtman was our featured speaker for the August Kindness Is Contagious Fourth Friday Speaker Series.

Lisa shared valuable information about the Rio Vista Food Pantry and the work this all-volunteer organization does to serve individuals and families in our community. We are grateful to Lisa for taking the time to share the Food Pantry's mission, services and the many ways our community can lend a helping hand.

Interested in helping? Please contact the Rio Vista Food Pantry at 707-374-5706 to learn more about volunteer opportunities and other ways you can support this community outreach.

A heartfelt thank you to Lisa and all of the dedicated Rio Vista Food Pantry volunteers for everything you do for our community!

We would like to give you a gift: an invitation to our special Kindness is Contagious Grief Workshop on **October 24 at 3 p.m.** in the **Monterey Room, Vista Club**.

The holidays can bring much recent or past grief due to the loss of a loved one as well as the loss of dreams that did not happen.

Please join us as our two hospice-experienced grief counselors, Carol Johnson and Patty Harrison, share ways to maneuver through and find meaning during the holidays ahead. You are not alone.

KIC meetings are held the **second Friday** in the **Monterey Room, Vista Club** from **3 to 4:30 p.m.** Our next regular meeting is **Friday, October 9**. Contact **Kelly Bye, 925-250-3076** or **Claudia Serviss, 310-528-4688**.

Labyrinth Walkers



Journey Home, the monthly silent meditation walk, will be held **October 10 at 9 a.m., Labyrinth Park**.

Summer days are full and busy: community events, classes, clubs, travel, health challenges and

visits. Now we return to quieter ways. Come join the Trilogy Labyrinth Walkers as we take a deep breath, step onto the winding labyrinth path and start our meditative Journey Home; the season of becoming a bit quieter, of creating time to come to our own cherished center. May this walk help you "Journey Home" to your center, the true place of peace.

T'ai Chi Chih is offered by Trilogy Labyrinth Walkers in the **Multipurpose Room, Vista Club**. Please note, due to scheduling, the time for the **first Thursday** practice in **October, November and December** has been changed to **11 a.m.** All other Thursdays in each month will be at the regularly scheduled time of **9 a.m.** The facilitator is Leila Phillips. T'ai Chi Chih is "slow focused movements practiced with softness and continuity." The session is about an hour and beginners are welcome.



clubs + groups

The Labyrinth is available daily for solo meditative walking. The 2026 group walk schedule can be found at mytrv.org/labyrinth-walkers. Walking together since 2006, come join us. Contact **Elaine Wysz, 707-374-4310** or **Leila Phillips, 906-367-3882**.

Mah-Jongg: Joy Luck

We play the Chinese version of the game every **Friday** from **6 to 9 p.m.** in the **Sonoma Room, Vista Club**. We are a friendly group who will teach you. It's like Rummy: three of a kind or a three-tile run. If you play the matching game on your computer or phone, you're halfway there, except we play with beautiful Chinese tiles! Please join us! Contact **Sukay Ho, 707-416-1999**.

Men's Fellowship



Men's Fellowship provides participants with an opportunity to get better acquainted with the Bible and to study selected books of the Bible in depth. Men's Fellowship has grown over the last decade

from just a few men to a current roster of over 100. It is amazing how much we have grown and how enjoyable our studies have been. We would love to have any man interested in studying the Bible attend our meetings.

Men's Fellowship has expanded to include two opportunities for Bible study. In addition to meeting on **Wednesdays from 9 a.m. to 10:30 a.m.** in the **Rio Vista Room, Delta Club**, there is also an opportunity to attend another study on **Saturday from 9 a.m. to 10 a.m.** in the **Multipurpose Room, Vista Club**. You are welcome to attend either study or both!

The Wednesday group is currently studying 1 Timothy. The Saturday group is studying Genesis. We also continue to livestream the Wednesday meeting to accommodate those who cannot attend or wish to attend remotely. The Wednesday meeting is also recorded so those who cannot attend are able to view the meeting later via an email link.

Contact **Bill Whitford, 925-768-8006, billmj@astound.net** or **Mike Warr, 253-312-8371, mwarr48@gmail.com**.

We invite you to come and join us for an uplifting time with a great group of guys!

Be on your guard; stand firm in the faith;
be men of courage; be strong. Do everything in love.
1 Corinthians 16:13-1

Model Club

The Model Club would like to invite you to enjoy our Garden Railroad on **Saturdays from about 9 a.m. to 12 p.m.**

The Garden Railroad, just outside the **Vista Club**, was built by our members about 20 years ago. It continues to delight Trilogy residents and especially their grandchildren.

Bring your guests and grandchildren to the Garden Railroad and we will teach them how to run the trains. Okay, you can run the trains, too! Contact **Ted Tome, tedtome@hotmail.com**.

Motorcycle Club

For Trilogy's Motorcycle Club, the Windy Riders, it's all about the ride: wind in our face, twisty roads and discovering a small town with good food. It's also about camaraderie and sharing a good lunch together. Our members ride various two- and three-wheel motorcycles. Feel free to join us; there are no dues and no meetings. We ride every Wednesday, weather permitting and sometimes on Saturday.





In September we rode to Mare Island, had lunch at the Brewing Company, rode to Galt and the Creamery for their famous shakes, floats and banana splits, rode across three passes, Ebbetts, Monitor and Carson passes, had lunch at Cutthroat Tavern in Markleeville, spent nine hours and rode 300 miles, rode to Murphys, a Windy Riders favorite and rode to Jackson for lunch.

On **Saturday, October 17**, we are planning a barbecue for members and their guests.

Don't let that motorcycle sit in your garage gathering dust and spiders. Don't have a motorcycle? Go buy one. Then get on the members text list to get notified of scheduled upcoming rides. Contact **Greg Cruz, 916-398-0374** or **Craig Holt, 650-619-4012**.

Movers and Shakers

This is a support group for those with Parkinson's, Essential Tremor, Dystonia or any other movement disorder.

We discuss topics such as medications, nutrition, exercise and the latest information a member has learned and can share. Spouses and caregivers are welcome. At the end of each meeting, we have refreshments and social time. We'd love to have you join us. We meet on the **third Wednesday at 6 p.m.** in the **Monterey Room, Vista Club**. Contact **Darlene Rowe, 408-421-9879**.

Nature and Birding Club



Northern Mockingbird.

The Northern Mockingbird is one of our resident birds. It is conspicuous, gray to brown with a slender body and long tail. White outer tail feathers and white wing patches flash in flight. Its song is a mixture of original and imitative phrases of other

birds, artificial and electronic noises, each repeated several times. It often sings at night.

Two October field trips are scheduled. The first one is in Trilogy on **Tuesday, October 20 at 9 a.m.** Meet in the **Vista Club parking lot near the waterfall**. We will begin with a stroll around Vista Club and HWC, then

drive within Trilogy to another area or two. Bring water, snacks and binoculars if you have them. (90 minutes)

The second trip will be on **Thursday, October 22 at 9 a.m.** to Lodi Lake Park, a riparian area in Lodi alongside the Mokelumne River. It is an easy to moderate loop of 1.5 to 2 miles round trip on level ground; some benches are along the trail. Meet in the **Vista Club parking lot near the waterfall**. Bring water, snacks and lunch if desired. Parking is \$6 per vehicle for seniors, cash only. Bathrooms are in the parking area. (Ends at 12 p.m.)

November field trips include Trilogy on **Tuesday, November 10** and Cosumnes River Preserve, Galt, on **Tuesday, November 17**. In December, the field trip will be **Thursday, December 3**, around the Vista Club, followed by our annual holiday lunch and meeting, **Monterey Room, Vista Club**.

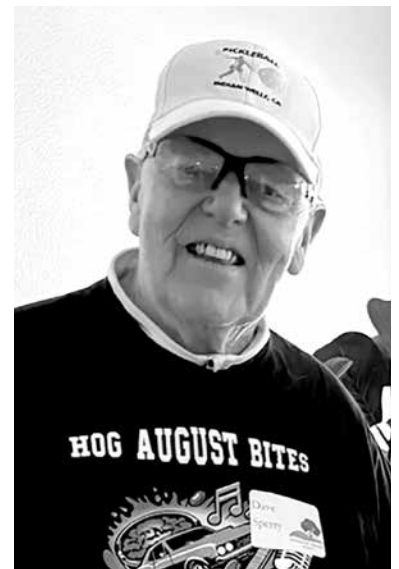
Contact for field trips **Mona Lange, 925-753-5029, mmly@sbcglobal.net**. General contact is **Viola Saima-Barklow, 707-374-5047, rvnatureclub23@outlook.com**.

Pickleball Club

Ahh, the cooler temperatures of fall are a welcome relief to many pickleball players. The summer months, though hot, still saw a record number of players every day. Many days we have had over 24 players. One day we even had a record high of 38 players! This means, of course, while 16 players are playing, up to 21 or more are waiting in the hot sun! Now that's some dedicated pickleballers!

October brings the third Annual Rossmoor Invitational event. This year 24 players from Trilogy will travel to Rossmoor to play on their brand new (covered!) courts.

On September 12 we held the annual Lynn Leary Memorial Round Robin social mixer with an incredible turnout! A potluck lunch after the mixer was enjoyed by all players and their guests. Once again, our thanks to the Montezuma Fire Department for their support! The second annual Lynn Leary Spirit Award recipient was Dave Sperry, and very aptly so. Dave is a long-time member of the



*Dave Sperry
2026 Lynn Leary Spirit Award*



clubs + groups

club who has served on the board, donated his time to coaching/teaching and served on various committees. Congratulations, Dave!

So, are you ready to learn a fun new sport and meet some great people? Beginning Pickleball Lessons are open to all Trilogy residents. The club offers three complimentary lessons. If you wish to continue to learn and play, we will ask that you join our club. In fact, as it is the end of the year, the club membership fee has been reduced to \$12.50! Contact **Debbie Johnson**, deb.johnson0316@gmail.com.

Pinochle



The Pinochle Club meets every **Thursday** from **5 to 8 p.m.** in the **Sonoma Room, Vista Club**. We play double-deck pinochle, and there are no dues. Enjoy playing Pinochle? Come join us, even if you have not played for years. You do not have to bring a partner.

If you would like to learn to play pinochle, call **Shirley Grijalva**, **707-374-6752**, grammygrijalva@gmail.com.

Poker

The Poker Club meets every **Monday** night from **6 to 10 p.m.** in the **Marina Room, Delta Club**. We play games like Seven-Card Stud, Omaha and others. We let the cards declare the winner.

There is a \$6 buy-in, allowing only nickel-and-dime bets. Dealers rotate and call the game. New players are taught each game. Everyone is welcome! Contact **Gary Soals**, **408-930-0550**.



Poker Tournament

Join us for exciting tournament poker events featuring either Texas Hold'em or Omaha Hi/Lo every **Saturday at 6 p.m.** in the **Marina Room, Delta Club**. Players are requested to arrive by **5:45 p.m.** for table seating. We have three brand new tables thanks to TRVMA, and we are looking to add new players. Our event is open to everyone who knows how to play or is eager to learn. Instructions and rules will be available whether you are experienced or new to the games. There is a \$10 buy-in to participate along with a voluntary one-time \$5 or \$10 add-on or rebuy available. First-time

resident players will receive a free buy-in. We are a friendly crowd and we have a casual atmosphere for a nice evening playing poker. Contact **Chris Oliver**, **925-699-0836**, chrisoliver61@gmail.com.

Pottery Club



By Harvey Steinhaus

We meet **Wednesdays from 9 a.m. to 1 p.m.** in the **Marina Room, Delta Club** to get our hands dirty and play in the mud together. We welcome visitors to come see us working with our clay and tools. We schedule weekly kiln firings of our greenware and glazed pieces, coordinating our kiln usage with the Ceramics Club. Our size is limited due to room and kiln space, but we have a waiting list for those who want to join us as space opens up. Dues are \$25 per year, with a one-time \$25 for supplies. Contact **JoEllen Conway**, **510-685-5064**, conwayjoellen@gmail.com.

Radio Club

QST.... QST...QST.... That's "radio speak" for Attention! Trilogy Radio Club participates in all Federal Communications Commission (FCC)-licensed radio operations along with General Mobile Radio Service (GMRS), Family Radio Service (FRS) and Multi-Use Radio Service (MURS). We welcome anyone interested in becoming a radio operator and those just interested in radio. Using transceivers, we can talk with family, friends, the International Space Station and others around the world using voice, Morse code or a variety of digital formats.



Some just listen using shortwave receivers or Software Defined Radio (SDR) on their home computers or laptops. Anyone can listen, but you do need an FCC license to transmit. We can assist in helping you acquire your license.



We support the Solano County Sheriff's Office of Emergency Service (OES) through the Auxiliary Communication Service (ACS) as well as the US AIR Force MARS Unit at Travis AFB. You may want to listen in or participate in our weekly meetings or Net on **Monday at 7 p.m.** on frequency **441.150**.

We meet in person every **third Tuesday at 9 a.m.** in the **Monterey Room, Vista Club**. Occasionally, we meet for breakfast at a local restaurant instead.

Members of the Trilogy Radio Club stand ready to assist anyone in securing their FCC license. When the power is out and phones/internet are down radio communication can make the difference! Contact **Frank Boots, 610-442-7877** or **Russ Haig, 510-455-1059**.

Religions of the World



The next meeting of the Religions of the World (ROW) Club will be **October 6 at 6:30 p.m.** in the **River Room, Delta Club**.

The program will be

to watch and discuss afterward a video showing the entire 3000-year history of this country condensed into a 35-minute video, showing how they have maintained their cultural identity through it all.

The history of Iran is a 3,000-year story of survival. When invading armies marched into the Persian Empire, from the Greeks to

Arab and Mongol forces, the local population didn't collapse.

Instead, they slowly assimilated their conquerors.

This history documentary

tracks that exact process. We start by looking at the region when people first settled the Iranian plateau. The narrative goes all the way through the fallout of the 1979 Islamic Revolution.



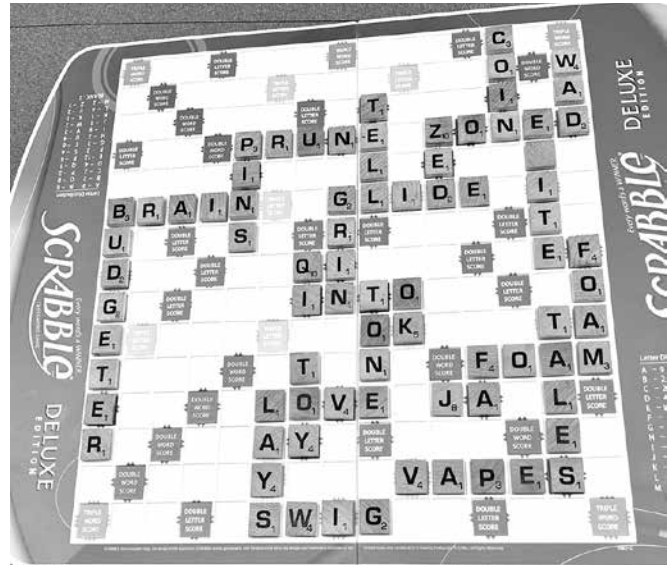
As usual, we will send a pre-meeting update to our email list. If you are not receiving these monthly updates and would like to be added, please contact Mark Roseman at the email address below.

Contact **Dave Bellamy, 303-229-6942**, **flyinggrayeagle@gmail.com** or **Mark Roseman, markroseman@gmail.com**.

Rip, Stitch and Bitch

If you enjoy knitting, crocheting, needlepointing and similar activities, you should check out our group. We work on our individual projects, produce crafts and laugh a lot. If you are interested in joining, stop by on **Monday from 12 to 3 p.m.** in the **Monterey Room, Vista Club**. We would love to meet you! Contact **Donna Chambers, 707-374-4319**.

Scrabble Club



Is Zed a real word?

Join our community of fellow word enthusiasts for an evening full of fun, laughter and friendly competition. Whether you are a seasoned pro or novice, everyone is welcome. Scrabble is an excellent way to keep your mind young, sharp and active as it engages multiple areas of the brain at once. Word games push you to think strategically. It exercises the short-term and long-term memory.

Come play, connect with friends and neighbors and have fun; one word at a time. We meet every **Monday at 4 p.m.** in the **River Room, Delta Club**. Contact **Jackie Richardson, 510-435-9939** or **Yolanda Manion, 510-415-8283**.

Sew Saturdays

Sew Saturdays is a club for people who like to sew. Projects can be quilts, garments or other textile creations. Bring your project and sewing machine if needed. We have workspace and tables set up for your projects. We meet every **Saturday from 11 a.m. to 4 p.m.** in the **Marina Room, Delta Club**. Contact **Diane Andrade, 510-517-2217, dandrade3@frontiernet.net**.



Soul Line Dance

Well, we did it again. "Hot August Girl's Nite Out" was a great success for Trilogy's Soul Line Dancers. Lots of laughs and excitement at La Cabana Restaurant. Another evening of excellent service was extended to us with special greetings.



Happy October, Trilogy. The final three months of 2026 are currently upon us. What happened to the year? October is unique because of its colorful fall foliage, which includes red, orange and yellow leaves; Halloween; harvest season; health and wellness awareness; seasonal cuisine flavors for hearty meals; and cozy indoor soul line dancing. The popularity of line dancing is currently on the rise. Line dancing events have grown by more than 165%, while attendance has surged by more than 250%, according to Eventbrite data.

Speaking of line dancing, we are learning new step patterns in our class that include twists, twirls and swirls that are fun. Please join us on **Monday at 6 p.m.** and **Wednesday at 5 p.m.** in the **Multipurpose Room, Vista Club.** Contact **Pat Jackson, 707-398-6052.**

Square Dance

Learning to square dance is fun and rewarding. It has its own vocabulary and, for many people, the biggest challenge is making that new vocabulary automatic so that it translates smoothly from the call to the required movement. Like many things, repetition is key to learning square dance.



Gene sets up a walkthrough

The Grand Squares dance once a week to a caller and many also gather on Monday afternoons to practice. Gene Mothershead uses recorded music and lots of walkthroughs to help dancers improve their skills. His patience is legendary! He and his wife,



Again, but from different positions

Beth MacIsaac, started these free practice sessions in 2017 that have helped dozens of dancers become more confident. Gene says, "Our Monday gatherings are intended to be a fun way to review and practice the paths dancers walk to complete a given call."

Sound good? Join us in January for the next new dancers class. Classes are offered only once a year, so mark your calendar now!



Gene helps sort a missed pattern

If you are a square dancer, join us! If you would like to be a square dancer, call us or stop by and check us out.

We meet every **Wednesday from 6:30 to 9 p.m.** in the **Rio Vista Room, Delta Club**, to dance to our caller's instructions. The first three meetings are free; after that, we donate \$5 to \$7 per session. This money goes directly to our caller for his time and expertise.

Contact **Randy Riley, 925-787-0610, rsriley1972@gmail.com**, **Sharon Riley, 925-787-0610, rsriley1972@gmail.com** or **Gene Mothershead, 707-378-3639, gmothers@juno.com**.

Table Tennis Club



The primary goal of our club is to facilitate the pursuit of good health and happiness. Most residents moved into Trilogy to pursue this goal, so we welcome them all. We practice every

Tuesday, Wednesday and Thursday afternoon and Saturday starting at **9 a.m.** in the **Delta Club**. Check the current published schedule, as exact times vary.

The game of Ping-Pong is easy to learn and love as an activity for exercise, socializing and fun. However, the sport of table tennis is challenging to master to the level required for advanced competition. The joy and benefits derived from playing at advanced levels justify the commitment of time and effort needed to acquire the necessary skills.

Our club has players of all levels, beginner to advanced. Some members are content simply learning the fundamentals of the game and enjoying play for recreation and fun. Others aspire to the next level of skills that enables them to participate in prolonged rallies and to play at a faster, more invigorating pace. Still others are so enamored of the sport that they

have the mindset to develop their skills and improve their performance in competitive play. Regardless of your skill level, you are sure to find good company at our club and the opportunity to advance to whatever level brings you fulfillment and happiness.

Community Ping-Pong is open to all residents and their guests. It is free, and no club membership is needed (please wear non-slip shoes — all other needed equipment is provided). It happens every **Friday from 1 to 4 p.m.** except the **fourth Friday** when it's **1 to 3 p.m.** To learn more about the club, please visit **trvtt.wordpress.com** or contact **Keith Flashberger, 925-813-0292, Kevin Chan, 925-989-1032** or **Barry Tagawa, 415-516-1844**.

Tennis Club

What's the best use of an old tennis ball? Share it with a K-9 in training. Recently, the Trilogy Tennis Club has been collaborating with the Rio Vista Police Department to provide old tennis balls for the dogs.



The Trilogy Tennis Club serves local K-9s.

According to Officer Bennett, the dogs love playing with balls. A win-win for all!

Social tennis is scheduled for every **Thursday at 8:30 a.m.** Show up if you are interested in informal drop-in play. It's a great way to improve your skills without worrying about the score so much. Social tennis also gives players who are new to the community a chance to meet other tennis players to set up doubles matches for other days of the week. Contact **Sandy Price, sandyprice03@gmail.com**.

Theater Group



The Trilogy Theater Group's (TTG) fall show, *The Cemetery Club* by Ivan Menchell, begins its run this month. Set in New York, it focuses on the close friendship between three "late middle-aged"

women who have all lost their husbands within the last four years. Friends as couples before the deaths of their spouses, the women meet monthly to visit their husbands' graves, as well as socially for tea and canasta nights. They are each other's mainstay and support.



With widely differing personalities, each has processed grief in her own way. They are figuring out their next chapter. The possibility of a new relationship for one generates conflict, a reckoning and transitions for all three.

A blend of humor, humanity and poignancy, the play has memorable characters and a light touch. Along with some familiar faces and an innovative set, it features inaugural performances by two actors new to TTG, Patty Kohn and Sheila Utz. Veteran actor/director Kevin Kennedy, who has brought you some of our best, is directing. Carol Bower Foote serves as producer.

The show runs **Wednesday through Friday, October 21 to 23 at 6 p.m.** Matinees are **Saturday, October 24 and Sunday, October 25, at 2 p.m.** All showings are in the **Diablo Ballroom, Vista Club.**

For tickets, fill out a form with a check for \$15 per ticket. Deposit it in the box marked TTG in the mailboxes along the **Delta Club main hallway.** Reservation forms are available in this issue and on TTG's Vista lobby poster, which also features a QR code for direct credit card purchases via **TicketTailor.com.**

TTG meets the **fourth Tuesday at 7 p.m.** in the **Marina Room, Delta Club.** Contact **Melanie Ulricksen, melanieu@icloud.com.**

TOPS

Join us every **Wednesday at 9 a.m.** in the **River Room, Delta Club** for our Take Off Pounds Sensibly (TOPS) meeting. We weigh in from **7:30 to 8:45 a.m.** We have a warm, fun-loving community of people who will champion your desire to lose weight. Twelve people in our group have met their goal weight assigned by their health professional. Relax, we do not expect anyone to look like Barbie or Ken. The achievements of these people inspire everyone else to keep losing and become healthier. Every week we have a 15-minute program given by one of our members. They promote healthy living in all aspects of our lives. TOPS is an organization dedicated to losing weight and healthy living. Contact **Cathy Lee, 925-443-9798, calee123@aol.com.**

Travelers' Roundtable

Recently, Travelers Roundtable members voted on the destinations and topics they'd most like to explore through the end of the year.

In October, we'll begin with East Asia, including China, Japan, Korea, Mongolia and Taiwan. We'll look at guided tours versus independent travel, discussing convenience, flexibility, cost, cultural insight and the confidence that may come from traveling with an experienced guide.



In November and December, we'll stay a little closer to home with day trips and overnight getaways near Rio Vista, then venture farther north with adventures in Greenland, Iceland and the Faroe Islands.

Together, we'll talk about how to choose a destination and how to get started with research and planning. We'll also explore "slow travel" — staying longer in one place rather than rushing from stop to stop.

As always, we'll wrap up each meeting with Hot Topics, a time to ask travel questions, share helpful tips or tell the group about a recent trip.

We hope you'll join the conversation. Everyone is welcome at Travelers Roundtable — seasoned travelers, occasional travelers and anyone who simply enjoys learning about new places. There is no membership fee.

We meet on the **second Tuesday from 2:30 to 4 p.m.** in the **Multipurpose Room, Vista Club.** "A change of latitude may help your attitude," — Anon. Contact **Suzanne Perry-Paige, Deb Puppig or Mary Kay Rosteck, trvroundtable@gmail.com.**

Ukulele Club



Ukulele playing is getting bigger and bigger, but you have to see it to believe it. It's in a world of its own. Check YouTube, search ukulele and see what pops up. You can find lessons to learn ukulele, find evaluations or comparisons of different brands of ukes if you're



considering purchasing a uke, learn songs, strums and techniques. You can even learn about different strings for your instrument or how to install them on your uke; it goes on and on. For those of us in Trilogy, we can satisfy your urge to learn in a group setting with familiar songs. It's not all Hawaiian music as you'll find out; there are songs from John Denver, Izzy, songs from the '40s, '50s, '60s, holiday songs, etc. Get on board here on **Wednesdays at 10:50 a.m.** for beginners, **11 a.m.** for intermediate players, in the **Diablo Ballroom, Vista Club**. Drop by to check it out. Contact **Claire McKean**, **1chanteuse@frontier.com** or **Bill Bailey**, **925-550-5710**.

Visually Impaired People Support Group



Visually Impaired People (VIP) is a support group for those in Trilogy who are visually impaired, worried about becoming visually impaired or spouses, partners and caregivers of the visually impaired.

The focus of the group is to share experiences, resources and information.

A 15-page list of resources has been compiled and is available to anyone. Send a request to Christine Ondersma at **christine3075@gmail.com**. There are two main support organizations recommended for the visually impaired:

The first is the Society for the Blind in Sacramento that offers support groups, a low vision clinic, home evaluation, a retail store, senior impact programs and more. Visit **societyfortheblind.org** for more information.

The second is Hadley, which offers a wealth of information and resources for those with low vision. Visit **hadley.edu** or call **800-323-4238**.

Meetings are held quarterly on the **fourth Thursday at 2 p.m.** in the **Monterey Room, Vista Club**. Check the HOA calendar for any changes. Our last meeting this year is **October 22**. Contact **Pearlena Erata**, **510-552-9085**, **christine3075@gmail.com**.

Walk and Talk

We walk, we talk, but what else do we do? One could argue that listening may be the crucial element that makes it work. We listen to people's stories. We think of things to say that fit the conversation we're hearing.

Walk and Talk is an activity where people listen to what others say as they decide what they want to say. Whether relating ups and downs, sharing something funny or sad or delivering crucial news or mundane

trivia, we actively respond to our mates' comments, stories and opinions. The easiest part of the experience is walking; it seems like just five or ten minutes!

Walk and Talk meets every **Monday, Wednesday and Friday at 9 a.m.** in the **Grand Living Room, Vista Club**. Our walkers enjoy a variety of walking times and durations. Some look for speed; others walk at a leisurely pace. Some stay inside and use the walkway above the pool; others go outside. Some enjoy extended conversations at Café Vista following the meeting. All are welcome, and there are no fees. Contact **Doug Matacio**, **707-507-9065**, **dmatacio@burmanu.ca**.

We Care 4 You

We are a club for caregivers and the ones they care for.

Are you caring for a spouse, parent or friend — or navigating life with health or mobility challenges yourself? You're not alone.

We Care for You is a welcoming, inclusive club where caregivers and care recipients come together for connection, conversation, shared activities and encouragement. This is not a therapy group — it's a community of neighbors who understand the realities of caregiving and believe life is meant to be lived together.

We meet on the **first Friday from 1 to 3 p.m.** in the **Monterey Room, Vista Club**.

Contact **Sean and Kimberly Fields**, **fieldssk5new@gmail.com**.

Wine Lovers Club

Greetings from the Grape! You are so "bottleful" to me!!

The Wine Lovers Club promotes the appreciation of all things wine. Our club's benefits include meeting local area winemakers and winery owners, tasting their creations, enjoying light bites and engaging in camaraderie with fellow wine enthusiasts. The club has many more events planned through the end of the year. On September 19 we hosted Joseph Smith, owner of JSL Wines and winemaker for Klinker Brick. We enjoyed his own labeled JSL Wines. On **October 28** we will meet at the **Monarch Grill** for a private wine tasting, and Chef John will create a gourmet menu to pair with the wines.

November 15 we will host McKenzie Winery from Lodi. We will finish the year on **December 6** with our annual holiday party, featuring Peirano Estates. A chance to stock up for the holidays.

If you are not already a member, join soon to enjoy all we have to offer. Contact **Jory Hite**, **trvwc@yahoo.com**.



clubs + groups

Wine tidbits! The next era of California chilled wine has arrived, and it is not so red, it is blouge — a portmanteau of the French words for white (blanc) and red (rouge), created in Bordeaux to market the emerging trend toward white-red hybrids meant to be sipped cold.

That's all for now, wine folk.

Women's Fellowship



We welcome you, whether you are new to the Bible or a Bible scholar. Come as you are and join a warm and welcoming group of women as we grow together through study, friendship, encouragement and fellowship.

Harvest Your Mind. Open Your Heart. Harvest Truth. Grow in Life.

Join us as we open our minds and hearts to timeless wisdom that inspires reflection and helps us grow — mind, body and spirit.

We meet **Thursdays, 9:30 to 11:30 a.m.** in the **Sonoma Room, Vista Club**. Bring your personal Bible and a notebook for notes and reflections. After Bible Study, many of us continue our fellowship over coffee or lunch at the Monarch Grill, and you are warmly invited to join us!

With Gratitude for September: A heartfelt thank you to our sisters who delivered powerful and inspiring lessons throughout September. Your wisdom, reflections and encouragement gave us meaningful messages to carry forward as we continue to learn and grow together.

Coming in October, we are excited to begin with The Power of Prayer. Together, we will explore prayer as a source of strength, comfort, hope, gratitude, reflection and inner peace.

Monthly Revival Praise and Worship: Join us **Sunday, October 25 at 3:30 p.m.** in the **Rio Vista Room, Delta Club** for an uplifting afternoon of music, reflection, encouragement and fellowship. Everyone is welcome! Contact **Patty Bromell, 925-212-0478** or **Dee Thompson, 925-303-7356**. We'd love to see you!

Woodcarving Club



It's encouraging to see people walking the hallway of the Delta Club and popping in out of curiosity to see what is going on in the Woodcarving Club. We meet on **Mondays from 8:30 to 11 a.m.** in the **Marina Room, Delta Club**. As the club goes, we have varied interests in what is being carved. A project can be carved to completion and then the carver goes in a different direction with their new project. New projects can be designed and carved from different woods such as basswood, redwood and pine. So, you may come in the door and find chip carving or relief carving or "In the Round" carving. Some of us are practicing or doing carving exercises while others of us

are well into our projects. It's a patience game where you get out what you put into it. Come see what's happening. Contact **Bill Bailey, 925-550-5710** or **Steve Scudder, derscudder@gmail.com**.

YOYO Aqua

You're On Your Own (YOYO) — but never alone! The club meets at **Vista Pool** every **Friday, Saturday and Sunday at 10 a.m.** Bring pool noodles and water dumbbells, both optional. Join us for fun in the water with music, movement and laughter! Go at your own pace and find what works best for you. Exercise, socialize and groove with a warm and welcoming group. Contact **Cathy Takaki, 916-505-5153**.



OCTOBER Learning Center CLASSES

Must sign up at the Vista Club desk. Pay by check or credit card. Sorry, no refunds.
Maximum class size is 10. A minimum of two students is required by **5 p.m. the Monday prior**.
All classes are \$15 or free as noted and are on **Wednesday**.

2026

Date/Time	Class and Description	Instructors
OCTOBER 7 10 to 11:30 a.m. FREE	 HELP DESK: FREE CLINIC and TUNE UP for your Smartphone and Laptop – Device sluggish or not behaving? Trouble with wi-fi or email? SIGN UP REQUIRED . Bring your own device.	LC TEAM
OCTOBER 7 12:30 to 2 p.m.	INTRODUCTION TO TODAY'S PERSONAL COMPUTERS: "Thriving in the Digital Age" A friendly, practical refresher on navigating current operating systems for PCs (with limited touchpoints for Apple iOS). Focuses on mastering updated interfaces, system navigation, file management, staying safe online, and customizing settings to fit accessibility and viewing preferences.	Michael Bouyer
OCTOBER 14 10 to 11:30 a.m. POPULAR	Computer/Internet SECURITY and PASSWORDS - Learn the best practices to stay safe on line, protect your privacy, two step authentication, password managers, phishing, malware, Wi-Fi security, best anti-virus software. Help if you have been hacked!	Michael Bouyer
OCTOBER 14 12:30 to 2 p.m. NEW FREE	Trilogy's Digital Ecosystem: a hands-on presentation and workshop that turns "which site do I need?" into an easy question. Learn how DwellingLive handles guest registration, FRONTSTEPS Community covers HOA documents, the directory and work orders, Portal.HOA-Accounting.com/Public takes your assessment payments, and MyTRV.org is home to clubs, the calendar, events and videos — so every login finally has an easy answer.	Colin Hannigan
OCTOBER 21 10 to 11:30 a.m.	Android Smartphone – BASICS: What are all these buttons? Make receive phone calls, add friends and family to Contacts. Use text messages. Use voice commands or type.	Jim Taylor
OCTOBER 21 12:30 to 2 p.m.	Android Smartphone – EXTRA: Learn next level uses, tips and fun with your Smartphone. Dive into Settings, GPS, Calendar, Email, Internet, The Cloud, Security Review.	Jim Taylor
OCTOBER 28 10 to 11:30 a.m. POPULAR	CUT The CORD: Are you paying too much for cable or satellite TV? There are ways to trim these costs. You will learn about hardware, settings and the options you want without paying for things you don't.	Michael Bouyer
OCTOBER 28 12:30 to 2 p.m.	USING AI to SIMPLIFY YOUR LIFE: Demystifies "AI" by reframing it as <i>Accessible Information</i> — a practical, everyday tool built to work for you. Learn how to use plain-language commands to research topics, draft documents, organize schedules, solve everyday problems, and thrive in a digital world without fear.	Michael Bouyer

Interested in teaching or helping others in class? Have new class ideas or comments on a class attended?
Contact **Jim Taylor, Team Lead**, indianajames42@gmail.com.



Trilogy at Rio Vista HOME-BASED BUSINESS DIRECTORY

Trilogy home-based businesses are required to have a City of Rio Vista Business License.

ANP Business Consulting

ANP Business Consulting. 50 years' tax preparation experience.
Can E-File your taxes. IRS approved & recognized in multiple states.
Call Tony 925-451-5825

Best 4 U Travel LLC

Discover the World by Land & Sea with BEST 4 U TRAVEL! Love river or ocean cruising?
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Let experienced travel advisor Jan Day craft your perfect getaway!
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Michael Hodell Taxes. Tax preparation by a
Registered Tax Preparer with over 30 years' experience.
Call Michael at 951-326-0487

Golden Star Home

Home Health Care. We offer caregiving services in our facility,
Golden Star Home or on a one to one basis.
Call us for free assessment. Naomi 707-374-4087 or 707-631-0010

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Rides to Bart, Sacramento
Airport, Medical Appointment's
and other destinations call Nita
207-315-6670 day or night.

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Interior and Exterior by Ron
Phillips Painting. California
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and Insured. Call Ron for free
estimates 707-374-5954

Mailboxes

Mailboxes Painted, Repaired &
Replaced. Call Trilogy Resident
Scott Rice 707-507-9391

SERVICES

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Pressure washing driveways,
patios, patio covers, walkways,
whole house. Will also
clean rain gutters. Call Scott
Rice at 707-507-9391

Tax Preparation

With over 50 years' experience,
can E-File your taxes; Individual,
Trust, LLC, C Corporation, S Corp-
oration, Non-Profit/IRS approved
& recognized in multiple states.
Call Tony 925-451-5825

Golf Carts Wanted

Running or not. Cash paid,
some limited service. Also,
I will answer any questions.
Call Dennis @ 707-378-3423

SERVICES

Love Crusing? Crave Adventure?

Best 4U Travel nails epic river &
ocean cruises PLUS escorted tours
worldwide! Your next adventure
is just one call away. 1-925-518-
5558 jan@best4utrade.com Don't
wait. Book your escape NOW!

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Plumbing, Sewer & Drain
Cleaning, Hot Water Heaters.
Toilets, garbage disposals, faucets,
water leaks, drains unclogged. 46
years' experience, local resident,
licensed, insured, call Michael
Charles, Rio Vista Plumbing &
Drain: 707-375-5424 24/7



SERVICES

iPhone Help

Ready to feel confident with your iPhone? Let's make your phone work for you, not against you. Troubleshooting for common and uncommon iPhone issues or dealing with 3rd party services. Call Dory 707-326-6628

Mobile Notary

Need a notary? I am available for all your notarial needs! Insured, efficient, timely & professional. Responds within 1 hour. Discounts available. Call Venia 510-913-0183

Hairdresser

Hairdresser with over 25 years' experience will cut, perm and color your hair. Call Kathy @ 925-708-6121

Tax Preparation

Need to file your taxes? I'll prepare and E-File your individual taxes for you. With over 30 years' experience, they will be done correctly. Itemizations, Interest stocks and bonds, self-employment and rentals to name a few. Contact Michael at 951-326-0487

Freddy the Handyman

Drains cleared, faucets replaced, light fixture switches replaced. Replace cabinet doors and drawers. Hinges repaired. Attic ventilation. Call Freddy @ 707-374-0100 or 805-748-9463. Lives in Trilogy.

SERVICES

House Cleaning

Taking new customers weekly biweekly or monthly over 15 year's experience punctual reliable and quality oriented. For a free estimate call or text 707-398-8345

Bicycle Repair

Garys Bicycle Repair in Trilogy (tire changes, wheel changes, flat fixed). Assembles, adjustment tune-ups. Appointments only. Call Gary 510-912-1640

Car Wash

Hand car wash and Detailing car washing. Waxing, buffing vacuuming, shampooing, pressure washing. Appointment only call Terry @ 510-367-8849 Quality service Affordable rates.

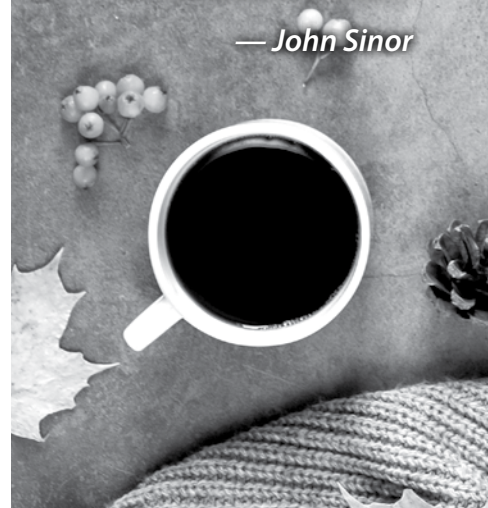
Ricks Property Maintenance

Faucets, disposals, replacement toilet, repair doors, lock replacement, smoke detector service, cabinet door repairs, light fixtures fan switches and wall plug. Fast affordable. Rick - (Resident) 707-330-8742



"OCTOBER IS
CRISP DAYS AND
COOL NIGHTS,
A TIME
TO CURL UP
AROUND THE
DANCING FLAMES
AND SINK INTO
A GOOD BOOK."

— John Sinor



Want to Run a Classified Ad?

Forms are due on the fifth of the month prior to publication. Cost is \$10 for 25 words.

Additional words are \$0.25 per word. Checks only.

To place a Trilogy-Based Business Ad, the cost is \$15 per ad.

All advertisers must be current Trilogy Residents or current Trilogy homeowners.

Forms are available in the new resident portal at mytrv.frontsteps.com.

PDFs of the forms are also available in the portal at Documents > Forms.

Email PDF submissions or questions to Jennifer.Rachael@mytrv.org.



(continued from p. 22)

Course Maintenance

Course Superintendent Nick Lopez continues to drive meaningful improvements throughout the golf course, with particular emphasis on course presentation, conditioning standards and detailed enhancement work across multiple areas of the property. These ongoing efforts have already become noticeable to regular players and guests, contributing positively to the overall playing experience. With several additional improvement initiatives planned in the months ahead, the golf course is well positioned to continue elevating overall conditions and presentation standards.

The golf course is in great shape. Nick and his crew are doing a great job. We have postponed the pond work on the 11th and 12th holes until we get more favorable weather. We plan to have this project completed by the end of October. Nick and the crew have been top dressing and irrigating the sod placed last month. We have our fall aeration scheduled for **October 8 and 9**. This process will help our greens stay consistent throughout the winter months. The greens usually take 21 to 28 days to heal completely.

The team remains committed to sustaining these standards through proactive agronomic practices, disciplined course

conditioning programs and continued attention to detail in all aspects of maintenance operations. Current course conditions position the facility exceptionally well as we move into the peak golf season.

We have installed stairs leading up to the forward tee box on the 17th hole. This should help players approach the tee box more safely. Handrails are coming soon. We have also started to identify additional areas for improvement. Nick Lopez has purchased chemicals to help reduce algae levels in the pond. We have placed decoys in certain ponds to deter the geese, and they are working well.

Member & Community Events

Our Presidents Cup Tournament began September 24 and concludes **September 25**. Trivia Night was held on August 25, followed by Bounty Night on August 27. The Monarch Grill also catered the Dance Clubs' event on September 20. This event was a good revenue builder for the Monarch Grill. We will also provide a barbecue for the TRV Garage Sale on **October 3**.

Events are promoted via social media and flyers distributed throughout the Monarch Grill and The Golf Club at Rio Vista's pro shop.

ADVERTISING INFORMATION

DEADLINE: All Contracts, final ads and checks are due by the first day of the month prior to the month of publication. For example: November 2026 contracts, ads and checks are due by October 1, 2026. All late submissions will run in the December 2026 issue of *Trilogy Living*.

BUSINESS LICENSE: All businesses that operate within the City of Rio Vista are required to obtain a business license. The classification of businesses and a schedule of business license fees are available at the link below. If you have questions about business licenses, please contact Rio Vista City Hall at: (707) 374-6447. <https://www.riovistacity.com/new-business-information/>

BLACK AND WHITE AD SIZES AND RATES:

• 1/8 page ad	3 1/2" wide X 2" tall	\$110/month
<i>Scan your horizontal business card at 300 dpi, and email it as a pdf, jpg or tiff file to Tania Fardella at tania@indigodesignstudio.net.</i>		
• 1/4 page ad	3.6" wide X 4.5" tall (300 dpi)	\$170/month
• 1/2 page ad	7.5" wide X 4.5" tall (300 dpi)	\$265/month
• Full page ad	7.5" wide X 9.25" tall (300 dpi)	\$415/month

PREMIUM SIZES AND RATES (COLOR ONLY): Placement is on a first-received basis.

• Inside Front Cover	7.5" wide X 10" tall (300 dpi)	\$525/month
• 1/2 Page Middle	7.5" wide X 4.5" tall (300 dpi)	\$375/month
• Full Page Middle	7.5" wide X 10" tall (300 dpi)	\$575/month
• 1/2 Page Inside Back Cover	7.5" wide X 4.5" tall (300 dpi)	\$340/month
• Inside Back Cover	7.5" wide X 10" tall (300 dpi)	\$525/month
• Outside Back Cover	7.5" wide X 10" tall (300 dpi)	\$600/month

DISCOUNTS: Available for multiple ad placements, please contact us for the current discounts offered.

To place an ad, contact Jennifer Rachael: 707-374-4207, advertising@mytrv.org. If you need ad design, contact Tania Fardella at tania@indigodesignstudio.net or 925-324-9988. Additional fees will apply for design, scanning, and edits.

(Trilogy Living advertising rules and terms revised February 2020)



**As a Trilogy resident, store
your RV or boat with us and
get your first month free.**



**Rio Vista Executive
RV & Boat Storage
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RIO VISTA



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KELLI PEARSON

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